

# 2024 MENU

Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cream of Wheat & Fresh Blueberries with Milk	Whole Grain Chex Cereal & Fresh Strawberries with Milk	Egg and Cheese Tacos w/ Whole Grain Tortilla & Fresh Berry Mix with Milk	Toasted Whole Grain English Muffins & Apple Slices with Milk	Whole Grain French Toast Sticks & Bananas with Milk
<b>Lunch</b>	Beef Stroganoff, Mixed Veggies, & Fresh Melon with Milk  Vegetarian- Buttered Pasta	Cheese Pizza, Carrots, & Apple Slices with Milk	Chicken Sandwich w/ Cheese, Crinkle Fries, & Orange Slices with Milk  Vegetarian- Grilled Cheese Sandwich	BBQ Baked Chicken, Sliced Bread, Baked Beans, & Bananas with Milk  Vegetarian- Plant based Nuggets	Turkey and Cheese Wrap, Spinach Salad, & Fresh Melon with Milk  Vegetarian – Cheese Wrap w/ Veggies
<b>PM Snack</b>	Goldfish & Apple Slices with Water	Graham Crackers & Yogurt with Water	Crackers & Cheese with Water	Cucumber Slices & Chex- Mix with Water	Yogurt & Fresh Berry Mix with Water

2yrs and younger- Cooked Veggies and Fruit Only  
 Water and milk is served with Breakfast and Lunch.  
 1yr. old's-Whole Milk 2 yr old's and up – 1% Milk

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Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Turkey Sausage and Cheese on a Whole Grain Biscuit & Fresh Berry Mix with Milk	Cream of Wheat & Fresh Blueberries with Milk	Whole Grain Waffles & Apple Slices with Milk	Cinnamon Toast on Wheat Bread & Orange Slices with Milk	Whole Grain Chex Cereal & Bananas with Milk
<b>Lunch</b>	Chicken Noodle Soup, Garlic Toast, Carrots & Orange Slices with Milk  Vegetarian-Vegetable Soup with Noodles	Mac & Cheese Peas and Carrots & Apple Slices with Milk	Chili Beans w/ Beef Cornbread, Corn & Fresh Melon with Milk  Vegetarian-Bean Chili	Pasta with Meat Sauce, Green Beans & Fresh Berry Mix with Milk  Vegetarian-Pasta with Marinara Sauce	French Toast Sticks, Hashbrowns, Turkey Sausage Patty & Apple Slices with Milk  Vegetarian- Plant based Nuggets
<b>PM Snack</b>	Animal Crackers & Apple slices with Water	Crackers & Cheese with Water	Chex-Mix & Orange Slices with Water	Graham Crackers & Yogurt with Water	Goldfish & Bananas with Water

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Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Whole Wheat Bagel & Cream Cheese with Milk	Whole Grain Oatmeal & Strawberries with Milk	Whole Grain Pancakes & Blueberries with Milk	Cinnamon Toast on Wheat Bread & Apple Slices with Milk	Whole Grain Cheerios & Bananas with Milk
<b>Lunch</b>	Salisbury Steak with Gravy, Wheat Bread Slice, Mashed Potatoes, Corn & Apple Slices with Milk  Vegetarian-Plant based nuggets	Arroz con Pollo, Steamed Broccoli & Fresh Melon with Milk  Vegetarian- Rice and Bean Casserole	Baked Fish, Buttered Rice, Mixed Vegetables & Orange Slices with Milk  Vegetarian-Vegetable Soup	Penne Pasta in a Garlic Butter Sauce with Grilled Chicken, Spinach & Bananas with Milk  Vegetarian- Pasta in a Garlic Butter Sauce	Cheeseburger, Crinkle Cut Fries, Carrots & Fresh Melon with Milk  Vegetarian- Grilled Cheese Sandwich
<b>PM Snack</b>	Veggie chips & Banana with Water	Yogurt & Animal Crackers with Water	Chex-Mix & Apple Slices with Water	Crackers & Cheese with Water	Goldfish & Orange Slices with Water

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Menu 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Oatmeal & Fresh Blue Berries with Milk	Whole Grain Biscuits & Bananas with Milk	Multi-Grain Cheerios & Apple Slices with Milk	Whole Grain Pancakes & Fresh Strawberries with Milk	Whole Grain Blueberry Muffins & Bananas with Milk
<b>Lunch</b>	Beef & Rice Casserole, Pinto Beans & Apple Slices with Milk  Vegetarian- Rice & Beans	Shredded BBQ Chicken Sandwich w/ Baked Beans & Orange Slices with Milk  Vegetarian- Grilled Cheese Sandwich	Cheese Quesadillas, Mixed Veggies & Fresh Melon with Milk	Spaghetti & Meatballs w/ Marinara Sauce, Lettuce Salad w/ Ranch & Bananas with Milk  Vegetarian- Spaghetti w/ Marinara Sauce	Chicken Tenders & Waffles, Carrots & Apple Slices with Milk  Vegetarian – Veggie Nuggets
<b>PM Snack</b>	Ritz Crackers & Cheese with Water	Veggie Chips and Banana with Water	Graham Crackers & Yogurt with Water	Yogurt & Apple Slices with Water	Cheez-its & Orange Slices with Water

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Menu 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Multi Grain Chex Cereal & Fresh Strawberries with Milk	Whole Grain Waffles & Orange Slices with Milk	Egg and Cheese Breakfast Taco in Whole Wheat Tortilla & Fruit Mix with Milk	Cream of Wheat & Fresh Strawberries with Milk	Toasted Whole Grain English Muffins & Bananas with Milk
<b>Lunch</b>	Meatball Sub, Lettuce Salad w/ Ranch & Apple Slices with Milk  Vegetarian- Veggie Sub Sandwich	Sweet & Sour Chicken, Garlic Soy Sauce Noodles, Peas & Carrots & Fruit Mix with Milk  Vegetarian - Garlic Soy Noodles w/ Veggies	Cheese Pizza, Carrots & Orange Slices with Milk	Chicken Nuggets, Tator tots, Corn & Bananas with Milk  Vegetarian- Veggie Nuggets	Beef & Cheese Taco w/ Shredded Lettuce, Pinto Beans, Apple Slices with Milk  Vegetarian – Cheese Tacos
<b>PM Snack</b>	Animal Crackers & Yogurt with Water	Goldfish and Banana with Water	Ritz Crackers & Cheese with Water	Graham Crackers & Yogurt with Water	Cheez-its & Orange Slices with Water

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Menu 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Oatmeal & Fresh Blueberries with Milk	Whole Grain Biscuits & Bananas with Milk	Multi-Grain Cheerios & Fresh Fruit Mix with Milk	Whole Wheat Pancakes & Fresh Melon with Milk	Whole Grain Blueberry Muffins & Bananas with Milk
<b>Lunch</b>	Bow Tie Pasta w/ Lemon Butter Sauce & Grilled Chicken, Steamed Broccoli & Apple Slices with Milk  Vegetarian- Pasta w/ Lemon Butter Sauce	Chicken Teriyaki w/ White Rice, Garlic Green Beans & Fresh Fruit Mix with Milk  Vegetarian – Rice w/ Chickpeas	Grilled Cheese Sandwich, Tomato Soup & Orange Slices with Milk	Baked Chicken w/ White Rice, Mixed Veggies & Bananas with Milk  Vegetarian- Veggie Nuggets	Turkey Sausage & Cheese on a Bun, Hashbrowns & Orange Slices with Milk  Vegetarian – Veggie Patty w/ Cheese
<b>PM Snack</b>	Ritz Crackers & Cheese with Water	Veggie Chips and Banana with Water	Graham Crackers & Yogurt with Water	Goldfish & Apple Slices with Water	Animal Crackers & Berry Mix with Water

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