

# School Menu – 2021

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal w/ Milk Oranges	Blueberry Muffin, Yogurt Apple Slices	Bagels w/ Cream Cheese Applesauce	Beef Kolaches/Cheese Toast Pineapple	Pancakes, Ham Bananas
<b>AM</b>	Applesauce Graham Crackers	Cereal Milk	Cut Cheese Ritz Crackers	Seasonal Fruit Vanilla Wafers	Cinnamon rolls Milk
<b>Lunch</b>	Alfredo Noodles Green Beans, Apple Slices	Fish Nuggets Rice, Peas, Seasonal Fruit	Chicken & Spanish Rice Corn, Oranges	Chicken Sandwich Tots, Carrots, Bananas	Pizza Casserole Mix Veg, Apple Slices
<i>Vegetarian</i>		<i>Vegan Nuggets</i>	<i>Mozzarella Stick</i>	<i>Grilled Cheese Sandwich</i>	<i>Noodles w/ Marinara Sauce</i>
<b>PM</b>	PopTarts Milk	Snack Mix Juice	Granola/NutriGrain Bar Yogurt	Cookies Milk	Bananas Pretzel Sticks/Goldfish
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal Bar, Yogurt Oranges	French Toast Sticks Sausage, Melon	Cheese Egg & Ham Sandwich Applesauce	Cereal w/ Milk Seasonal Fruit	Pancake Wrapped Sausage Apple Slices
<b>AM</b>	Seasonal Fruit Graham Crackers	Cut Cheese Ritz Crackers	Yogurt Cinnamon Granola	Cereal/NutriGrain Bar Milk	Chez-its Banana
<b>Lunch</b>	Grilled Cheese Sandwich Carrots, Melon	Chicken Nuggets Green Beans, Seasonal Fruit	Corn Dogs/Chicken Nuggets Corn, Apples	BBQ Beef Sandwiches Potato Chips, Peas&Carrots, Bananas	Spaghetti w/ Meat Sauce Mix Veg, Oranges
<i>Vegetarian</i>		<i>Vegan Nuggets</i>	<i>Vegan Nuggets</i>	<i>Grilled Cheese Sandwich</i>	<i>Noodles w/ Marinara Sauce</i>
<b>PM</b>	Jell-O Apple Slices	Cake Orange Slices	Cheese Filled Crackers Juice	Applesauce Animal Crackers	Mozzarella Stick Veggie Crackers
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal w/ Milk Oranges	Waffles Cheese Omelet Orange	Cheese Sausage Sandwich Melon	Bagel w/ Cinnamon Cream Cheese Melons	Cinnamon Roll Sausage
<b>AM</b>	Cereal/NutriGrain Bar Milk	Yogurt Pears	French Toast Sticks Milk	Applesauce Graham Crackers	Animal Crackers Milk
<b>Lunch</b>	Hot Dogs/Chicken Nuggets Carrots, Melon	Beef Bean Cheese Burrito Corn, Oranges	Pepperoni/Cheese Pizza Peas&Carrots, Seasonal Fruit	Cheese Burger Fries, Green Beans, Banana	Mac&Cheese Mix Veg, Apples
<i>Vegetarian</i>	<i>Vegan Nuggets</i>	<i>Quesadillas</i>		<i>Grilled Cheese Sandwich</i>	
<b>PM</b>	Tortilla Chips Cheese Dip	Pudding Vanilla Wafer	Snack Mix Carrots w/Ranch	Popcorn/Chez-its Seasonal Fruit	Cereal Milk
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Waffles, Sausage Peaches	Pancake Wrapped Sausage Melon	Sausage/Cheese Biscuit Oranges	Cinnamon Toast, Cheese Omelet, Apples	Blueberry Muffin, Yogurt Bananas
<b>AM</b>	Cereal w/ Milk	Mozzarella Sticks Melon	Cereal/NutriGrain Bar Milk	Banana Goldfish	PopTarts Milk
<b>Lunch</b>	Cheese Ravioli/Pizza Green Beans, Oranges	Turkey Nuggets Carrots, Apples	Ham/Turkey Sub Sandwich Peas&Carrots, Seasonal Fruit	Salisbury Steak Rice, Corn, Apples	Chicken Strips Mash Potatoes, Mix Veg, Banana
<i>Vegetarian</i>		<i>Vegan Nuggets</i>	<i>Grilled Cheese Sandwich</i>	<i>Mozzarella Sticks</i>	<i>Vegan Nuggets</i>
<b>PM</b>	Cheese Snack Mix Juice	Apple Crisp Graham Crackers	Cut Cheese Ritz Crackers	Yogurt Vanilla Wafers	Cookies Milk

## **School Menu – 2021**

***Milk is served with breakfast and lunch; water is also available to the children throughout the day.***

***Infants- 24 months will be served whole milk. Children 2 years and up will be served 1%***

***\*Appropriate substitutions will be made for the Toddler and Twos***

***We are a Peanut- Free environment!***

***All fresh fruits are seasonal***

***All of our Pasta, Pizza, Snack Crackers, and Bread are Whole Wheat.***