





Week 1	30	1	2	3	4
Breakfast	Breakfast Burritos, Fresh Fruit	Hashbrowns, Eggs w/ Fresh Fruit	French Toast w/ Blueberries	Toasted Breakfast English Muffin /Egg and Cheese	
Snack AM	Wow Butter & Jelly	Muffins	Vanilla Yogurt	Goldfish	
Lunch	Crunchy Beef Tacos w/ Beans, Fresh Fruit	Bean & Cheese Burrito Green beans, Mixed Berries	Cheese Pizza, Corn Garden Salad	Cheeseburger, Tater Tots Watermelon	CLOSED *****
Vegetarian	Bean Taco	Bean & Cheese Burrito	Cheese Pizza	Veggie Burger	
Snack PM	Tortilla Chips w/ Guacamole	Pretzels & Cheese Cubes	Nurtrigrain Bars	Muffins	
Week 2	7	8	9	10	11
Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
	Turkey Roll Ups	Sausage & Biscuit & Jelly	Pancakes, Eggs, Fruit	Toasted Bagel w/ Cream cheese	Quiche & Fruit
Snack AM Lunch	Macaroni & Cheese Seasoned Carrots Fresh Fruit	Baked Cheese Ravioli w/ Marinara & Mozzerla, Ceasar Salad, Fresh Fruit	Chicken Enchilada Casserole Spanish Rice & Refried Beans Fresh Fruit	Beef stew W/ Carrots & Potatoes Sliced Watermelon	BBQ Sandwich Garden Salad & Scalloped Potatoes Fruit
Vegetarian	Mac & Cheese	Cheese Ravioli	Cheese Enchiladas	Veggie Stew	Veggie Burger
Snack PM	Pita Chips w/ Spinach Dip	Cucumber Slices w/ Ranch	Goldfish	Garlic Bread w/ Marinara	Chef Choice
Week 3	14	15	16	17	18
Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
Snack AM	Turkey Sausage Gravy w/ Biscuit & Fruit	Cinnamon Roll & Turkey Sausage	Breakfast Turkey Sausage Omelet	Breakfast Sandwich Watermelon	Breakfast Burritos, Fresh Fruit
Lunch	Chicken Nuggets, Mashed Potatoes, Green beans, Roll	Hamburger Vegetable Soup, Cornbread, Fresh Berries	Veggie Lasagna Fresh Fruit, Salad	Beef Stroganoff w/ Egg noodles Broccoli, Sliced Oranges	Chicken & Long Grain Rice Casserole, Steamed Carrots, Rolls
Vegetarian	Veggie Nuggets	Veggie Soup	Veggie Lasagna	Cream of Mushroom w/ Egg Noodles	Veggie Long grain Rice
Snack PM	Carrot Sticks w/ Ranch	WG Sun Chips	Veggie Straws	Tortilla Chips w/ Guacamole	Chef Choice
Week 4	21	22	23	24	25
Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
Snack AM	Pancakes, Potatoes, Eggs, Fruit	Bacon and Eggs w/ Fruit	Breakfast Burritos, Fresh Fruit	Hashbrowns, Eggs w/ Fresh Fruit	Sunbutter & Ritz Crackers
Lunch	Charo Beans w/ Franks Tropical Salad, Cornbread	Parmesan Chicken Sandwich Salad, Sliced Bananas	Chicken Pot Pie Tropical Salad, Hawaiian Roll	Spaghetti and Meatballs Garlic Bread, Cucumber & Tomato Salad	Chicken Noodle Soup Whole Grain Rolls
Vegetarian	Charo Bean Soup	Plant based Parmesan Sandwich	Veggie Pie	Spaghetti w/ Marinara	Vegetable Soup
Snack PM	Pretzels & Cheese Cubes	Veggie Straws	Goldfish	Pita Chips w/ Spinach Dip	Chef Choice
Week 5	28	29	30	31	1
Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
Snack AM	Breakfast Turkey Sausage Omelet	Waffles & Fresh Fruit	Bagel & Cream cheese w/ fruit	Cinnamon Toast	Quiche & Fruit
Lunch	Chicken Quesadilla Black Beans	Chicken Taquitos and Queso for dipping	Pepper Steak w/ Veggie Fried Rice	Frito Pie	Butternut Squash Pasta Green beans & Salad
Vegetarian	Cheese Quesadilla	Cheese Taquitos	Veggie Fried Rice	Vegetarian Chilli Pie	Butternut Squash Pasta
Snack PM	Nurtrigrain Bars	Cucumber Slices w/ Ranch Dressing	Pretzels & Cheese Cubes	Goldfish	Chef Choice