

INFANT

Week

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Smart Activities



SMART CHOICE. SMARTER CHILD.®

Presents for Me

Materials: small boxes, gift wrap

Preparation: Wrap the presents.

Instructions:

1. Hold your baby and say, "Do you see the presents?"
2. Talk about the wrapping paper, ex: the color(s), texture(s), etc.
3. Observe as your baby explores the present.
4. Praise all efforts.



Deck the Hall

Materials: internet access, website:

<https://youtu.be/9xU-1xyXqLg>

Preparation: Preview video.

Instructions:

1. Enjoy this familiar holiday song as your baby responds to music.
2. Encourage and praise all responses.



Holiday Dance

Materials: favorite holiday music

Instructions:

1. Hold your baby and say, "We are going to dance to some great holiday music."
2. Turn on the music and begin to dance.
3. Encourage and praise all responses as you both have fun dancing.



Sign Language "Happy"

Instructions:

Move both flat hands in forward circling movements with palms touching the chest alternating.



Ring the Bell

Materials: age-appropriate bell

Instructions:

1. Hold your baby and say, "This is a bell can ring. Can you help me ring it?"
2. Encourage your baby to ring the bell. Talk about the sound. Modify as needed.
3. Repeat as your baby explores the bell.



Jingle Bells

Materials: internet access, website:

<https://youtu.be/3CWJNqyub3o>

Preparation: Preview video.

Instructions:

1. Enjoy this familiar holiday song as your baby responds to music.
2. Repeat as interest remains.
3. Encourage and praise all responses.



My Bell

Materials: paper, crayons, scissors

Preparation: Cut out a bell shape.

Instructions:

1. Hold your baby and say, "We are going to color a bell."
2. Assist your baby with coloring the bell. Modify as needed.
3. Encourage and praise all response as your baby completes an art activity.



Sign Language "Happy"

Instructions:

Move both flat hands in forward circling movements with palms touching the chest alternating.



Here I am

Materials: favorite plush toy, blanket

Instructions:

1. Hold your baby and say, "We are going to sing a song."
2. Sing, "Where is (your baby's name)" to the tune of "Where is Thumpkin."
3. Repeat as your baby responds to his/her name.



Sillies Out

Materials: internet access, website:

https://youtu.be/NwT5oX_mqS0

Preparation: Preview video.

Instructions:

1. Enjoy this sing along with your baby as he/she responds to music.
2. Assist and modify as needed.
3. Encourage and praise all responses.



Paper Crush

Materials: gift wrapping paper

Preparation: Cut paper in pieces.

Instructions:

1. Hold your baby and say, "We are going to crush some paper."
2. Give your baby a piece of paper and model crushing it.
3. Observe as your baby becomes aware of his/her own abilities.
4. Encourage and praise all responses as your baby crushes the paper.



Sign Language "Happy"

Instructions:

Move both flat hands in forward circling movements with palms touching the chest alternating.



Holiday Cheer

Instructions:

1. Hold your baby and say, "We are going to walk around and look at the holiday decorations."
2. As you walk around talk about characteristics of the decorations. Modify as needed.
3. Observe as your baby explores his/her environment.



Happy Holiday

Materials: internet access, website:

<https://youtu.be/mYs5ClmpWnk>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along as your baby responds to music.
2. Encourage and praise all responses.



Holiday Art

Materials: paint, paper

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "We are going to create holiday art to hang in the house."
2. Assist your baby in painting a picture.
3. Encourage and praise all response as your baby completes an art activity.



Sign Language "Happy"

Instructions:

Move both flat hands in forward circling movements with palms touching the chest alternating.



Happy Clapping

Materials: holiday music

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "We are going to clap to the music play."
2. Encourage your baby to clap as the music plays.
3. Assist and modify as needed.
4. Praise all efforts.



Little Snowman

Materials: internet access, website:

<https://youtu.be/vrfCD9wjLUE>

Preparation: Preview video.

Instructions:

1. Enjoy this Snowman Song.
2. Count with your baby as the snowmen melt away.
3. Encourage and praise all responses.



Snowman Art

Materials: crayons, cotton balls, paper, glue

Preparation: Draw a snowman's hat on the paper.

Instructions:

1. Hold your baby and say, "We are going to create a snowman using cotton balls."
2. Assist him/her with gluing cotton balls on the paper.
3. Encourage and praise all response as your baby completes an art activity.



Sign Language "Happy"

Instructions:

Move both flat hands in forward circling movements with palms touching the chest alternating.

