

INFANT

Week

31

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Noisy Kitchen

Materials: containers from the kitchen

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "These are containers from the kitchen."
2. Encourage your baby to explore and make noise using the containers.
3. Repeat as your baby explores new objects.
4. Praise all efforts.



Lunch

Materials: internet access, website:

<https://youtu.be/YY6YGQy9fEE>

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud story, *Shapes for Lunch* by Deborah Schecter, with your child.
2. Name the food in the story to promote language development.



Container Art

Materials: kitchen containers, paint, paper

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "We are going to do an art project with containers."
2. Assist your baby with dipping the container in paint and making an imprint on the paper.
3. Encourage and praise all efforts.



Sign Language "Eat"

Instructions:

1. Place the flattened "O" hand toward the mouth once for the word "eat."
2. Some regions use the sign for "eat" and "food" interchangeable, while other regions sign "eat" twice for the word "food."
3. While shrugging shoulders, sign "more" or "finished" to ask your child if he/she is finished eating.



Stir It Up

Materials: bowl, spoon

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "When you stir food, you may hear a sound hitting the bowl."
2. Assist your baby with stirring and listen for the sound.
3. Encourage and praise responses to the sound
4. Repeat as your baby acts on an object to make a sound.



Bake a Cake

Materials: internet access, website:

<https://youtu.be/v7011w6vQiY>

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud story, *Spot Bake a Cake* by Eric Hill, with your child.
2. Point out details as your baby enjoys the story.



Underneath

Materials: toy bowls, favorite toy

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "I'm going to hide your toy under the bowl."
2. Encourage your baby to select which bowl the toy is under.
3. Repeat as your baby sustains attention to the activity.



Sign Language "Eat"

Instructions:

1. Place the flattened "O" hand toward the mouth once for the word "eat."
2. Some regions use the sign for "eat" and "food" interchangeable, while other regions sign "eat" twice for the word "food."
3. While shrugging shoulders, sign "more" or "finished" to ask your child if he/she is finished eating.



Time is Up

Materials: timer

Instructions:

1. Hold your baby and say, "A timer is used to tell when something is finished cooking."
2. Set the timer and observe your baby's responses as it alarms.
3. Repeat as your baby responds to what he/she hears.



Cooking in the Kitchen

Materials: internet access, website:

https://youtu.be/qpYD_nCo-AU

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about cooking.
2. Dance and sing with your baby.
3. Encourage and praise all efforts and your baby responds to music.



Timer Pick Up

Materials: favorite toys

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "Let's pick up the toys and use the timer."
2. Set the timer and assist your baby with picking up toys. Stop when the timer goes off.
3. Repeat as your baby responds to what he/she hears.



Sign Language "Eat"

Instructions:

1. Place the flattened "O" hand toward the mouth once for the word "eat."
2. Some regions use the sign for "eat" and "food" interchangeable, while other regions sign "eat" twice for the word "food."
3. While shrugging shoulders, sign "more" or "finished" to ask your child if he/she is finished eating.



Bang Up

Materials: pots, spoons

Instructions:

1. Hold your baby and say, "These are pots and spoons."
2. Assist your baby in making a tune by hitting the pots with the spoons.
3. Repeat as your baby uses the spoon to make sound.



Pots and Pans

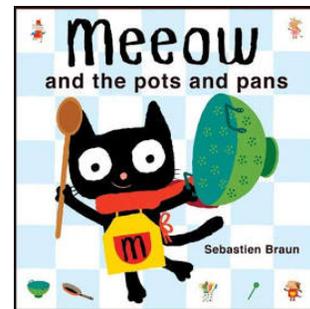
Materials: internet access, website:

<https://youtu.be/83ZUFzU5n5o>

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud story, *Meeow and the Pots & Pans* by Sebastien Braun, with your child.
2. Point out details as your baby enjoys the story.



Playdough in the Pan

Materials: playdough, pan

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "We are going to play with the playdough in the pan."
2. Assist your baby with exploring the playdough.
3. Encourage and praise all efforts as your baby plays.



Sign Language "Eat"

Instructions:

1. Place the flattened "O" hand toward the mouth once for the word "eat."
2. Some regions use the sign for "eat" and "food" interchangeable, while other regions sign "eat" twice for the word "food."
3. While shrugging shoulders, sign "more" or "finished" to ask your child if he/she is finished eating.



What's that Sound?

Materials: pitcher or tea kettle

Instructions:

1. Hold your baby and say, "This is a tea kettle. When the water heats up, there is a whistling sound that comes from."
2. Make the whistling sound.
3. Observe as your baby attempts to imitate your actions.
4. Encourage and praise all efforts.



Teapot

Materials: internet access, website:

<https://youtu.be/hTdJw4l2aUc>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about having tea with your baby.
2. Mimic the actions of having tea.
3. Encourage and praise all efforts.



A Little Teapot

Instructions:

1. Hold your baby and say, "We are going to sing a rhyme call 'I'm a Little Teapot.'"
2. Sing with your baby.

I'm a Little Teapot

I'm a little teapot

Short and stout

Here is my handle here is my spout

When I get all steamed up here me shout

Just tip me over and pour me out.

3. Encourage and praise all efforts as your baby responds to the rhyme.

Sign Language "Eat"

Instructions:

1. Place the flattened "O" hand toward the mouth once for the word "eat."
2. Some regions use the sign for "eat" and "food" interchangeable, while other regions sign "eat" twice for the word "food."
3. While shrugging shoulders, sign "more" or "finished" to ask your child if he/she is finished eating.

