

# PRESCHOOL

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Week

# 21

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Smart Activities



SMART CHOICE. SMARTER CHILD.®

## Building Myself

**Materials:** building blocks, picture of your child, tape, scissors

**Preparation:** Print a picture of your child. Cut and tape the picture to fit on the blocks you'll be using.

**Instructions:**

1. Give your child the blocks that have the pieces of his/her picture on them.
2. Encourage your child to stack the block pieces that shows the complete picture.
3. Feel free to complete this process with pictures of various members of the family.



## My Body Outline

**Materials:** markers, butcher paper, scissors

**Instructions:**

1. Unroll a piece of butcher paper and tape on both ends to the floor.
2. Have your child lay on the paper. Using a pencil, trace your child's body outline.
3. When you are done, show your child his/her outline.
4. Encourage your child to decorate his/her body as desired.
5. If desired, you may cut out the outline and display in a desired location.



## The Kissing Hand

by Audrey Penn

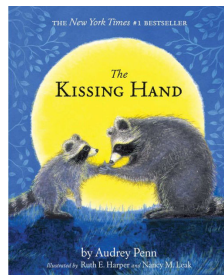
**Materials:** internet access, website:

<https://youtu.be/dPUW1t9Gu4s>

**Preparation:** Preview video.

**Instructions:**

1. Encourage your child to listen to this read aloud story with you.
2. After listening to the story, discuss with your child: why Chester loves his kissing hand, where his Momma learned about the kissing hand from, and what does Chester remember when he presses his hand to his cheek?



## Block Names

**Materials:** building blocks, floor-safe colored tape

**Preparation:** Using colored tape, spell your child's first name out on the floor.

**Instructions:**

1. Using the blocks provided, encourage your child to follow the tape and re-create their name.
2. After using the blocks, feel free to use more objects in the home to complete this activity (i.e., cotton balls, paper cutouts, etc.).



## I Am Special Mirror

**Materials:** craft sticks, aluminum foil, construction paper, glue, markers, crayons

**Instructions:**

1. Using scissors and construction paper, cut a mirror shape. Using aluminum foil, cut a smaller mirror shape that will fit inside the construction paper outline.
2. Attach the aluminum foil outline to the construction paper cutout using glue.
3. Attach the structure to a craft stick.
4. Encourage your child to decorate the mirror.
5. Use the mirror to discuss physical characteristics of themselves.



## Me and My Cat

by Satoshi Kitamura

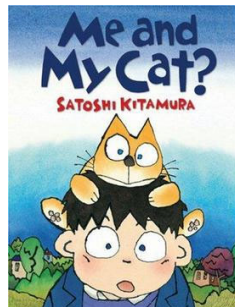
**Materials:** internet access, website:

[https://youtu.be/eDzISc6o\\_Xs](https://youtu.be/eDzISc6o_Xs)

**Preparation:** Preview video.

**Instructions:**

1. Encourage your child to listen to this story with you.
2. After listening to the story, discuss with your child: how did the change happen, what happened with Nicholas, and how he felt about the change?



## Things I Like Collage

**Materials:** newspaper, magazines, glue, scissors, paper

**Instructions:**

1. Encourage your child to complete this activity with you.
2. Using the magazines and newspapers provided, encourage your child to cut out or tear pictures of things he/she likes.
3. Using the glue, encourage your child to paste the items on the paper provided.



## Birthday Cake Candles

**Materials:** playdough, birthday candles

**Instructions:**

1. Using the playdough, have your child make small rounds that will serve as "birthday cakes."
2. After the "birthday cakes" are made, have your child place candles in each cake.
3. After placing the candles in each cake, count and discuss how many candles there are.
4. Repeat activity, counting as many times as your child desires.



## Arnie the Doughnut

by Laura Keller

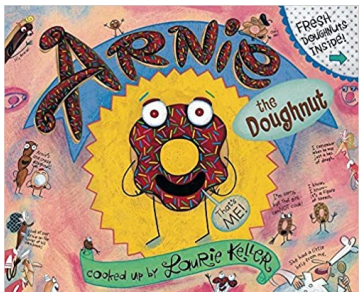
**Materials:** internet access, website:

<https://youtu.be/6E67n1vZZjQ>

**Preparation:** preview the video

**Instructions:**

1. Encourage your child to listen to this read aloud story with you.
2. After listening to the story, discuss with your child: who selected Arnie, what did he do to make sure he wasn't eaten, and how he looked as a doughnut?



## Emotion Faces

**Materials:** playdough

**Instructions:**

1. Encourage your child to complete this activity with you.
2. Ask your child to make different faces with emotion both with his/her own face and playdough.
3. Discuss with your child how he/she feels when he/she experiences each emotion.



## Me Cookies

**Materials:** cookies, icing, licorice, various candies

**Instructions:**

1. Using a cookie as a face, encourage your child to make his/her own face.
2. If there are enough materials, encourage your child to make the faces of all family members.



## No Mirrors in My Nana's House

by Ysaye M. Barnwell

**Materials:** internet access, website:

[https://youtu.be/mAG1j\\_Z850E](https://youtu.be/mAG1j_Z850E)

**Preparation:** Preview video.

**Instructions:**

1. Encourage your child to listen to this read aloud story with you.
2. After viewing the story, discuss with your child: why they think the house had no mirrors, who was welcomed to the house, and how the house looked?





## Rainbow Sorting

**Materials:** multi-colored cereal, napkins

**Instructions:**

1. Give your child a handful of the cereal.
2. Encourage your child to sort the cereal based on color.
3. After all pieces have been sorted, encourage your child to make a rainbow showing all colors.
4. Enjoy the treat!



## Paper Plate Faces

**Materials:** paper plates, glue, various art materials

**Instructions:**

1. Encourage your child to complete this activity with you.
2. Using a paper plate, encourage your child to create his/her face.



## A Tale of Two Beasts

by Fiona Robertson

**Materials:** internet access, website:

[https://youtu.be/cutROw\\_NJvE](https://youtu.be/cutROw_NJvE)

**Preparation:** Preview video.

**Instructions:**

1. Encourage your child to listen to this read aloud story with you.
2. After listening to the story, discuss with your child: who found the beast, what did he do, and how did he find his way back?

