



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**5**  
Breakfast  
Cheerios, and Bananas  
Lunch  
Chicken Sliders,  
Applesauce, and Honey  
Carrots  
Snack  
Pirate's Booty and apples

**6**  
Breakfast  
Breakfast Bars, Fresh Fruit,  
and Yogurt  
Lunch  
Bean and Cheese Tacos,  
Mexican Corn, and Mandarin  
Oranges  
Snack  
Cookie Butter, and Graham  
Crackers

**7**  
Breakfast  
Waffles with Whipped  
Cream, Turkey Bacon, and  
Fresh Fruit  
Lunch  
Cowboy Chili, Corn  
Crackers, and applesauce  
Snack  
Goldfish, and apples

**1**  
Breakfast  
Cinnamon Toast, and Turkey  
Ham  
Lunch  
Steak Fingers, Mashed  
Potatoes, Country Gravy,  
Rolls, and applesauce  
Snack  
Pretzels, and apples

**2**  
Breakfast  
French Toast Sticks  
Lunch  
Pizza, Carrots & Broccoli  
with ranch, and peaches  
Snack  
Cheese Sticks, and wheat  
thins

**12**  
Breakfast  
Cheerios, and Bananas  
Lunch  
Chicken Alfredo Pasta,  
Broccoli, and applesauce  
Snack  
Chips and Salsa

**13**  
Breakfast  
Breakfast Bars, Yogurt, and  
Fresh Fruit  
Lunch  
Mexican Rice and Beef,  
Mexican Corn Mix, and  
Mandarin Oranges  
Snack  
Turkey Pepperoni and Ritz  
Crackers

**14**  
Breakfast  
Pancakes, Turkey Bacon,  
and Fresh Fruit  
Lunch  
Cheese Tortellini with  
Creamy red sauce, Broccoli,  
and applesauce  
Snack  
Cheese-it Puffs, and apples

**15**  
Breakfast  
Egg and cheese tacos  
Lunch  
Meatballs in Marinara  
sauce, Green Beans,  
Orange slices, and bread  
Snack  
Chex Mix and apples

**16**  
Breakfast  
French Toast Sticks  
Lunch  
Pizza, Carrots & Broccoli with  
ranch, and peaches  
Snack  
Cheese Sticks, and wheat  
thins

**19**  
Breakfast  
Cheerios and Bananas  
Lunch  
Cheesy Chicken and Rice  
with Broccoli and  
applesauce  
Snack  
Animal Crackers and Apples

**20**  
Breakfast  
Breakfast Bars, Yogurt, and  
Fresh Fruit  
Lunch  
Cheese Quesadillas, Ranchero  
Beans, Mexican Corn and  
mandarin oranges  
Snack  
Wheat and grain pita chips  
and hummus

**21**  
Breakfast  
Waffles with Whipped cream,  
Turkey Bacon, and fresh fruit  
Lunch  
Spaghetti with meat sauce,  
Green Beans, and Applesauce  
Snack  
KRK Trail Mix

**22**  
Breakfast  
Mini Bagels with Cream  
cheese, and Turkey Ham  
Lunch  
Turkey Cheese wraps, baby  
carrots, fresh oranges, and  
chips  
Snack  
Rice cakes and Apples

**23**  
Breakfast  
Muffins, and Turkey Sausage  
Lunch  
Cheeseburgers, Tator Tots,  
Burger fixings, and orange  
slices  
Snack  
Sliced cheese and club crackers

**26**  
Breakfast  
Cheerios and Bananas  
Lunch  
Chicken nuggets, Mac N'  
Cheese, Green Beans, and  
Applesauce  
Snack  
S'more Mix

**27**  
Breakfast  
Breakfast Bars, Yogurt, and  
Fresh fruit  
Lunch  
Cheesy Taco Pasta, Mexican  
Corn, Mandarin oranges  
Snack  
Oatmeal Cookies, and apples

**28**  
Breakfast  
Pancakes, Turkey Bacon, and  
fresh fruit  
Lunch  
Lasagna, Salad, Broccoli and  
ranch, and pineapples  
Snack  
Cheese-it Crackers, and apple

**29**  
Breakfast  
Cinnamon Toast, and Turkey  
Ham  
Lunch  
Steak Fingers, Mashed Potatoes,  
Country Gravy, Rolls, and  
applesauce  
Snack  
Pretzels, and apples

**30**  
Breakfast  
French Toast Sticks  
Lunch  
Pizza, Carrots & Broccoli with  
ranch, and peaches  
Snack  
Cheese Sticks, and wheat  
thins