



## DISTANCE LEARNING

### Infant

## Week 10 SERIES 1000-1050

### LEARNING GOALS

- Responds to simple words and phrases
- Explores simple art materials
- Shows familiarity with aspects of classroom and home environment
- Listens to simple nursery rhymes, songs, and chants
- Observes and explores objects using all senses
- Develops grasp reflex
- Participates in finger play

### DAILY SCHEDULE

Morning Routine  
(Brush teeth, get dressed, breakfast)

**Curriculum Activity**

Snack

Independent Play

**Brain Waves**

Lunch

Rest/Nap

**Curriculum Activity**

Outdoor Play

Evening Routine

### MATERIALS NEEDED

- |                                  |               |
|----------------------------------|---------------|
| • container                      | • tubs        |
| • various toys                   | • water       |
| • paint (yellow, orange, or red) | • toy vehicle |
| • paper plate                    | • bubbles     |
| • balls                          | • bubble wand |

### CURRICULUM SCHEDULE

#### MONDAY

Language/Literacy: *Ball Play*

Music and Movement: *You Are My Sunshine*

Brain Waves: *Push the Vehicle*

#### TUESDAY

Cognitive Exploration: *Where does it go?*

Creative Exploration: *Sunshine Paint*

Brain Waves: *Push the Vehicle*

#### WEDNESDAY

Music and Movement: *Yellow Sun*

Cognitive Exploration (Science): *Warming It Up*

Brain Waves: *Push the Vehicle*

#### THURSDAY

Language/Literacy: *Bubble Time*

Theme Exploration: *Hello, Summer*

Brain Waves: *Push the Vehicle*

#### FRIDAY

Music and Movement: *Yellow Sun 2*

Creative Exploration: *Summertime*

Brain Waves: *Push the Vehicle*

## Language/Literacy

### Ball Play

**Learning Goal:** Responds to simple words and phrases

**Materials:** balls

**Instructions:**

1. Place several balls within reach of your baby.
2. Show him/her how to push one with your hand causing it to roll.
3. Encourage your baby to roll the balls toward you. For example, "Tonya, the red ball is near you. Can you roll it this way, please?"
4. Praise and smile at any effort.



## Music and Movement

### You Are My Sunshine

**Learning Goal:** Responds to simple words and phrases

**Instructions:**

1. Sing the flowing song:

#### You Are My Sunshine

You are my sunshine. My only sunshine.  
You make me happy when skies are gray.  
You'll never know, dear, how much I love you.  
Please don't take my sunshine away.

2. Encourage infants to babble along with you. Praise any verbal response by clapping!

*Research shows infants stare at happy faces longer;  
check to see if you and your baby agree.*



## Cognitive Exploration

### Where does it go?

**Learning Goal:** Shows familiarity with aspects of classroom and home environment

**Materials:** container, various toys

**Instructions:**

1. Provide several toys for your baby to explore. As he/she plays, talk about each toy's characteristics.
2. At the end of play time, place a bin on the floor near your infant and encourage him/her to help place the toys into the bin.
3. Cheer as your baby helps clean up toys! Cleaning up is a step of learning self-control.



## Creative Exploration

### Sunshine Paint

**Learning Goal:** Explores simple art materials

**Materials:** paint (yellow, orange or red), round paper plate

**Instructions:**

1. Put a small amount of paint on your baby's finger to paint on the sun-shaped paper plate.
2. Talk about the shape, color, and texture of his/her work. Show facial expressions.
3. Wash hands when complete. Celebrate this art project!



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## Music and Movement

### Yellow Sun

**Learning Goal:** Listens to simple nursery rhymes, songs, and chants

**Instructions:**

1. Sit with your baby and sing the following song:

#### Yellow Sun

(sung to the tune of “Row, Row, Row Your Boat”)

Big, bright, yellow sun. Summertime is here!  
Running, jumping, swimming, playing.  
It’s my favorite time of year!

2. Continue activity as long as interest remains.



## Cognitive Exploration (Science)

### Warming It Up

**Learning Goal:** Observes and explores objects using all senses.

**Materials:** tubs, water

**Preparation:** Place a small tub of water in the refrigerator or freezer to chill. Use warm tap water for another small tub. Be sure the water temperatures are not extreme.

**Instructions:**

1. Sit with your baby and place one of the tubs of water in front of him/her. Encourage him/her to touch the water. Talk about the temperature he/she is feeling.
2. After a few moments, replace the tub with the second one. Compare the temperatures. For example, “This water is warmer, just like the temperature outside.”
3. Continue activity as long as interest remains.



## Language/Literacy

### Bubble Time

**Learning Goal:** Responds to simple words and phrases

**Materials:** bubbles, bubble wand

**Instructions:**

1. Sit with your baby in an open area and blow bubbles.
2. Encourage your baby to track the bubbles and attempt to catch them. Say something like, “There goes one! It’s going up! Look over here!” Include the sign for “up.”
3. Continue activity as long as interest remains.

Sign for “Up”



## Theme Exploration

### Hello, Summer

**Learning Goal:** Develops grasp reflex

**Materials:** toys (various)

**Instructions:**

1. Hold your baby and say, “It’s getting warmer outside.”
2. Place several toys within reach and encourage your baby to reach for and grasp for toys.
3. As they play, talk about the nice, warm weather and the bright sunshine.



## Music/Movement

### Yellow Sun 2

**Learning Goal:** Listens to simple nursery rhymes, songs, and chants

**Instructions:**

1. Sit with your baby. Add a second verse to Wednesday's Music and Movement.

#### Yellow Sun

(sung to the tune of "Row, Row, Row Your Boat")

Big, bright, yellow sun. Summertime is here!  
Running, jumping, swimming, playing.  
It's my favorite time of year!  
Big, bright, yellow sun. Way up in the sky.  
Running, jumping, swimming, playing.  
As clouds go floating by.



## Creative Exploration

### Summertime

**Learning Goal:** Participates in finger play

**Instructions:**

1. Hold your baby. Make up your own motions and recite the following finger play:

#### Summertime

Summertime is such fun!

So much to do all day.

The sun is up and shining bright.

We love to run and play.

2. Help your baby make motions along with you. Include the sign for "up."
3. Praise all efforts.



## Supporting the Development of the Occipital Lobe

The occipital lobe is the part of the brain responsible for visual processing. Neurons for vision begin to form during the first few months of a child's life, so providing lots of visual stimulation during these critical periods is important. The occipital lobe identifies shapes and colors and interacts with other lobes to process visual information received.



## Visual Stimulation

### Push the Vehicle

**Materials:** toy vehicle

**Instructions:**

1. Place your baby on his/her tummy.
2. Put car directly in their line of sight. Using an upbeat tone, talk to the him/her about how a vehicle moves back and forth. Move car back and forth while making car sounds.
3. Encourage younger infants to follow the movements. Assist and encourage older infants to move car on his/her own. Tell infant how great he/she did moving the vehicle.

*This activity builds eye-muscle coordination and tracking.*

