

INFANT

Week

6

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Beautiful Birdie

Materials: black marker, pink paint, paper

Preparation: Gather materials.

Instructions:

1. Place your baby's left hand in pink paint, and gently create a handprint on the paper. The palm of your baby's hand will be the body of a flamingo, and your baby's fingers will be the feathers.
2. Dip your baby's pointer finger in pink paint, and place finger on the painted thumb, creating a curve for the flamingo's neck and head. Draw two lines for the legs, and a triangle for the beak.



Once I Saw a Little Bird

Materials: internet access, website:

<https://www.youtube.com/watch?v=obSaQxGPU7E>

Preparation: Preview video.

Instructions:

Watch the video with your baby and sing along to the nursery rhyme.



Fly Spy

Materials: none

Preparation: none

Instructions:

1. Assist and modify as needed. While holding your baby, take a walk outside or observe flying birds from the window.
2. Point to the birds in the sky or on a tree. Count the birds you can find.



Wiggly Worm

Materials: container, cooked spaghetti noodles

Preparation: Place noodles in medium container.

Instructions:

1. Assist and modify as needed.
2. Birds love catching worms. Hold your baby and play together as you explore the texture of the wiggly worms.



Owl Babies

by Martin Waddell

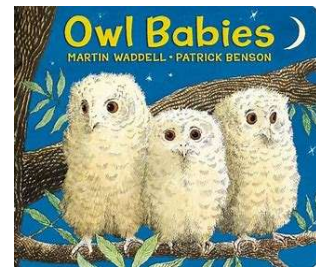
Materials: internet access, website:

<https://www.youtube.com/watch?v=SOEbU2IBnP4>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child.
2. Point and repeat names of objects to promote language development.



Build a Nest

Materials: pretzel sticks, cookie sheet, small age-appropriate toy

Preparation: Gather all materials.

Instructions:

1. Assist and modify as needed.
2. Start to build a bird's nest using the pretzel sticks. Assist and guide your baby in stacking the pretzels.
3. Place the small toy on the nest to see if the nest holds the toy securely.



Lovebirds Snack

Materials: fruits your baby enjoys, picture of a lovebird

Preparation: Gather fruits of your choice to make a healthy snack for your baby.

Instructions:

1. Assist and modify as needed.
2. Lovebirds enjoy eating bananas, strawberries, raspberries, tangerines, kiwi, and apples.
3. As your baby enjoys their snack, explain the different flavors they are eating.
4. Show your infant a picture of a lovebird and point to the different vibrant colors. Share that lovebirds enjoy eating fruit.



Mole and the Baby Bird

by Marjorie Newman

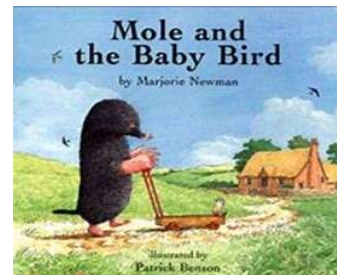
Materials: internet access, website:

<https://www.youtube.com/watch?v=0T7hFe27bgE>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your baby.
2. Repeat names of objects to promote language development.



Crawling Caterpillar

Materials: black marker, paint (3 colors), paintbrush, paper, wipes

Preparation: Gather all materials.

Instructions:

1. Assist and modify as needed. Gather your baby.
2. Paint your infant's toes different colors on one foot. Place your infant's toes on paper creating a caterpillar.
3. Have the wipes handy to clean the paint off of your baby's toes.
4. After the paint dries, use the marker to draw two tentacles and eyes. You can use both feet to make two caterpillars.



Catch the Hatch

Materials: round age-appropriate toys of varying sizes

Preparation: Gather Materials

Instructions:

1. Assist and modify as needed.
2. Gather your baby and gently place him/her on tummy.
3. Place toys near your baby, and gently roll the toys. See if your baby tries to reach for the toys.



Every Little Thing

by Cedella Marley

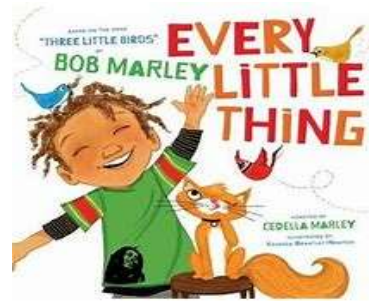
Materials: internet access, website:

<https://www.youtube.com/watch?v=syU2KR9Wp1M>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book you're your infant.
2. Repeat names of objects to promote language development.



Flight at Night

Materials: flashlight

Preparation: Gather materials.

Instructions:

1. Assist and modify as needed.
2. While holding your baby, go into a room and turn off the light. Turn on the flashlight.
3. Owls are nocturnal animals. Flash the light on the wall in different areas and calmly direct your baby as they follow the light.



Nectar Texture

Materials: paper, paper towel roll, tape

Preparation: Gather materials. Wrap tape around the paper towel roll using the opposite side of the tape, leaving the sticky part of the tape on the outside.

Instructions:

1. Assist and modify as needed.
2. Tear the paper into pieces together.
3. While holding your baby, allow him/her to explore the sticky texture of the tape like nectar.
4. Roll the taped paper towel roll over the pieces of torn paper and watch as they stick.



Are You My Mother

by P.D. Eastman

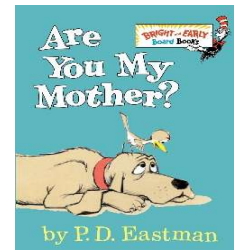
Materials: internet access, website:

https://www.youtube.com/watch?v=WH_SK0Jvq8M

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book you're your baby.
2. Repeat names of objects to promote language development.



Eggs Rest in Nest

Materials: empty tissue box, age-appropriate toys that fit inside the box

Preparation: Place toys in the box.

Instructions:

1. Assist and modify as needed.
2. While holding you baby, pick a toy together out of the box and describe the toy to your baby.
3. Watch as he/she gets excited to see what rests inside the nest.

