

# INFANT

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Week

22

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Smart Activities

## My Friends

**Materials:** picture of your family

**Instructions:**

1. Hold your baby and say, "This is your family, and we are your first friends."
2. Name everyone in the picture.
3. Repeat as you promote language development.



## Family

**Materials:** internet access, website:

[https://youtu.be/oEWXE\\_V4Mqw](https://youtu.be/oEWXE_V4Mqw)

**Preparation:** Preview video.

**Instructions:**

Enjoy this family song with your baby.



## Play Friends

**Materials:** stuffed or toy animals

**Instructions:**

1. Hold your baby and say, "Here are your stuffed animals."
2. Name each animal as you encourage your baby to engage in play.
3. Observe as your baby becomes aware of his/her own preferences.



## Sign Language "Dad"

**Instructions:**

1. Touch the thumb of your dominant hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



## Family Walk

### Instructions:

1. Hold your baby and say, "We are going on a family walk."
2. Name things you see as you walk with your family.
3. Encourage your baby to touch age-appropriate items you see as you promote language development.



## I Love You

**Materials:** internet access, website:

<https://youtu.be/ix9wpslKwBE>

**Preparation:** Preview video.

### Instructions:

1. Enjoy this familiar sing along with your baby.
2. Encourage your baby's actions as they respond to the singing.



## Family Music

**Materials:** container

**Preparation:** Gather material.

### Instructions:

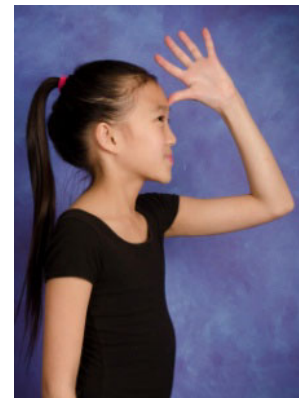
1. Hold your baby and say, "We are going to pat this container to make music."
2. Sing your favorite song as you encourage your baby to pat the container.
3. Observe your baby as he/she repeats an action to make something happen.
4. Assist and modify as needed.



## Sign Language "Dad"

### Instructions:

1. Touch the thumb of your dominant hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



## Dancing Friends

**Materials:** favorite music

**Instructions:**

1. Hold your baby and say, "Let's dance."
2. Turn on music and begin dancing.
3. Encourage and praise movement as your baby responds to music.



## Happy

**Materials:** internet access, website:

<https://youtu.be/5015skRvqs8>

**Preparation:** Preview video.

**Instructions:**

1. Enjoy this sing along with your baby.
2. Encourage and praise efforts as your baby responds to music.



## Family Prints

**Materials:** crayons, paper, paint

**Preparation:** Draw a tree on the paper using the crayons.

**Instructions:**

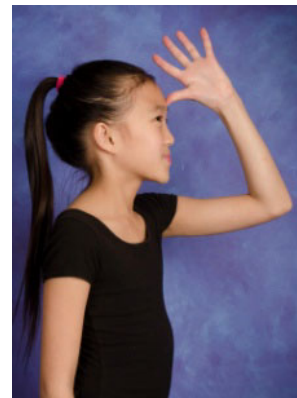
1. Hold your baby and say, "We are going to make a family tree using handprints."
2. Paint your baby's hand. Gently press prints on the paper.
3. Repeat as you name family members.
4. Encourage and praise as you promote language development.



## Sign Language "Dad"

**Instructions:**

1. Touch the thumb of your dominate hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



## Splash Fun

**Materials:** container, water

**Instructions:**

1. Hold your baby and say, "We are going to pat the water."
2. Position yourself with your baby so he/she can use his/her hands to splash the water.
3. Continue as your baby repeats his/her actions to make something happen again.



## Leo Can Swim

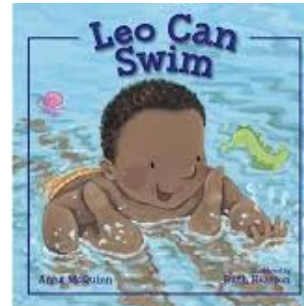
**Materials:** internet access, website:

[https://youtu.be/FRvMtUhEh\\_E](https://youtu.be/FRvMtUhEh_E)

**Preparation:** Preview video.

**Instructions:**

1. Enjoy the read aloud book *Leo Can Swim* by Anna McQuinn with your child.
2. Name pictures in the story to promote language development.



## Family Shake

**Materials:** small container with a lid, family photo

**Preparation:** Gather materials.

**Instructions:**

1. Hold your baby and say, "This is our family and name everyone in the photo."
2. Place the photo in the container.
3. Encourage your baby to shake the container.
4. Observe as he/she imitates your actions.
5. Assist and modify as needed.



## Sign Language "Dad"

**Instructions:**

1. Touch the thumb of your dominate hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



## Ball Fun

**Materials:** several balls

**Instructions:**

1. Hold your baby and say, "We are going to play with balls."
2. Put the balls on the floor and encourage your baby to grab them.
3. Repeat as your baby develops his/her grasp reflexes.
4. Assist and modify as needed.



## Ten Tiny Babies

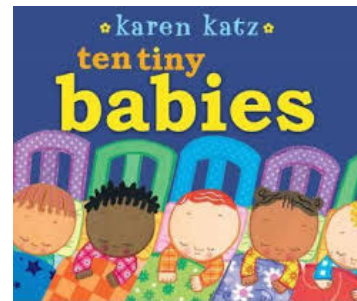
**Materials:** internet access, website:

<https://youtu.be/446R3E-iGio>

**Preparation:** Preview video.

**Instructions:**

1. Enjoy the read aloud book, *Ten Tiny Babies* by Karen Katz.
2. Observe as your baby shows interest in reading experiences.



## I Hear You

**Instructions:**

1. Hold your baby and say his/her name.
2. Encourage a response.
3. Observe nonverbal expression and gestures.
4. Assist and modify as needed.



## Sign Language "Dad"

**Instructions:**

1. Touch the thumb of your dominate hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.

