

Monday	Tuesday	Wednesday	Thursday	Friday
NATIONAL WATERMELON DAY 3 Breakfast: Blueberry Muffins (WG), Sliced Apples and Milk Lunch: Chicken Teriyaki Lo Mein (WG), Vegetable Stir Fry, Watermelon and Milk Snack: Graham Crackers and 100% Apple Juice	4 Breakfast: Cheese Grits (WG), Pears and Milk Lunch: Turkey Tacos (WG), Lettuce and Tomatoes, Apricots and Milk Snack: Pretzels and Applesauce	5 Breakfast: French Toast (WG), Strawberries and Milk Lunch: Chicken Alfredo (WG), Broccoli, Mandarins and Milk Snack: Wheat Thins and 100% Grape Juice	6 Breakfast: Crisp Rice Cereal (WG), Pineapples and Milk Lunch: Turkey and Cheese Sandwiches (WG), Carrot Sticks, Pears and Milk Snack: Club Crackers and Cheese Sticks	7 Breakfast: Bagels (WG), Bananas and Milk Lunch: Chicken Nuggets, Rolls (WG), Tater Tots, Peaches and Milk Snack: Cheese It's and 100% Orange Juice
10 Breakfast: English Muffins (WG), Apricots and Milk Lunch: Chicken Sandwiches (WG), Corn, Sliced Apples and Milk Snack: Tuna and Ritz Crackers	11 Breakfast: Oatmeal (WG) Blueberries and Milk Lunch: Turkaroni Pasta (WG) Mix Vegetables, Pineapples and Milk Snack: Cheese Crackers and 100% Grape Juice	12 Breakfast: Croissants (WG), Mixed Berries and Milk Lunch: Orange Chicken, Brown Rice (WG), Green Beans, Pears and Milk Snack: Chocolate Teddy Grahams and Yogurt	13 Breakfast: Cornflakes (WG), Mix Fruit and Milk Lunch: BBQ Meatballs, Rolls (WG), Carrot Sticks, Mandarin Oranges and Milk Snack: Cheddar Chex and 100% Fruit Punch Juice	14 Breakfast: Cheese Toast (WG), Bananas and Milk Lunch: Cheese Pizza (WG), Garden Salad, Pineapples and Milk Snack: Animal Crackers and 100% Apple Juice
17 Breakfast: Pancakes (WG), Blueberries and Milk Lunch: Fish Sticks, Rolls (WG), Green Beans, Crushed Pineapples and Milk Snack: Wheat Thins and 100% Grape Juice	NATIONAL FAJITA DAY 18 Breakfast: Biscuits (WG), Strawberries and Milk Lunch: Chicken Fajitas (WG), Black Beans, Peaches and Milk Snack: Saltine Crackers and Turkey Slices	NATIONAL POTATO DAY 19 Breakfast: Cream of Wheat (WG), Mix Berries and Milk Lunch: BBQ Chicken, Rolls (WG) Mashed Potatoes, Corn, Mandarin Oranges and Milk Snack: Goldfish and 100% Orange Juice	20 Breakfast: Apple Cinnamon Cereal (WG) Pears and Milk Lunch: Turkey Tacos (WG), Lettuce and Tomatoes, Apricots and Milk Snack: Club Crackers and Cheese Sticks	21 Breakfast: Banana Muffins (WG), Bananas and Milk Lunch: Stew Chicken, Brown Rice (WG), Carrots, Sliced Apples and Milk Snack: Graham Crackers and 100% Fruit Punch Juice
NATIONAL WAFFLE DAY 24 Breakfast: Waffles (WG), Pears and Milk Lunch: Turkey Burgers (WG), Mixed Vegetables, Tropical Fruit and Milk Snack: Tortilla Chips and Salsa	25 Breakfast: Bagels (WG), Strawberries and Milk Lunch: Chicken Nuggets, Macaroni and Cheese (WG), Sweet Peas, Peaches and Milk Snack: Strawberry Chex and 100% Apple Juice	26 Breakfast: Cinnamon Oatmeal (WG), Mix Berries and Milk Lunch: Turkey Spaghetti (WG), Garden Salad, Pineapples and Milk Snack: Pita Bread and Hummus	27 Breakfast: Corn Puff Cereal (WG), Mix Fruit and Milk Lunch: Turkey and Cheese Sandwiches (WG), Spinach, Sliced Apples and Milk Snack: Cinnamon Teddy Grahams and 100% Orange Juice	28 Breakfast: French Toast (WG), Pineapples and Milk Lunch: Chicken and Cheese Quesadillas (WG), Shredded Lettuce, Oranges and Milk Snack: Ritz Crackers and 100% Grape Juice
31 Breakfast: Croissants (WG), Mixed Berries and Milk Lunch: Fajita Chicken, Yellow Rice (WG), Pinto Beans, Peaches and Milk Snack: Graham Crackers and Yogurt	  			