

Monday	Tuesday	Wednesday	Thursday	Friday
				KRK CLOSED 1 Happy New Year! 
4 Breakfast: Oatmeal, Blueberries, Milk Lunch: Chicken Noodle Soup, Brown Rice (WG), Green Beans, Pears, Milk Snack: Pretzels, Hummus	5 Breakfast: Cheerios, Mixed Fruit, Milk Lunch: Turkey Meatballs, Rolls (WG), Mash Potatoes, Sweet Peas, Apples, Milk Snack: Graham Crackers, 100% Apple Juice	6 Breakfast: English Muffins, Pears, Milk Lunch: Turkey Tacos, Tortilla Wraps (WG), Lettuce/Tomatoes, Peaches, Milk Snack: Goldfish Crackers (WG), 100% Grape Juice	7 Breakfast: Pancakes (WG), Tropical Fruit, Milk Lunch: BBQ Chicken, Yellow Rice, Spinach, Tropical Fruit, Milk Snack: String Cheese, Applesauce	8 Breakfast: Croissants, Applesauce, Milk Lunch: Macaroni (WG) & Cheese, Mixed Veggies, Apples, Milk Snack: Animal Crackers, 100% Grape Juice
11 Breakfast: Cheese Grits, Peaches, Milk Lunch: Fish Sticks, Rolls (WG), Broccoli, Pears, Milk Snack: Bagel, Cream Cheese	12 Breakfast: Hash Browns, Bananas, Milk Lunch: Turkey Spaghetti (WG), Spinach Salad, Peaches, Milk Snack: Cheese Its, 100% Apple Juice	13 Breakfast: Raisin Toast, Applesauce, Milk Lunch: Chicken Stir Fry, Brown Rice (WG), Green Beans, Pears, Milk Snack: Yogurt, Tropical Fruit	14 Breakfast: Bagel (WG), Pineapples, Milk Lunch: Chicken Patty Sandwich (WG), Tater Tots, Celery, Pears, Milk Snack: Wheat Thins (WG), String Cheese	15 Breakfast: Cornflakes, Mandarin Oranges, Milk Lunch: Extra Cheese Pizza (WG), Corn, Pineapples, Milk Snack: Pretzels, 100% Apple Juice
18 KRK CLOSED Martin Luther King Jr. Day 	19 Breakfast: Kix Cereal, Bananas, Milk Lunch: Chicken Quesadillas (WG), Black Beans, Mandarin Oranges, Milk Snack: Tortilla Chips, Salsa	20 Breakfast: Chicken Biscuits, Mandarin Oranges, Milk Lunch: Turkey Sloppy Joes (WG), Mixed Veggies, Apples, Milk Snack: Rice Cakes, 100% Apple Juice	21 Breakfast: Cheese Toast, Bananas, Milk Lunch: Chicken Legs, Brown Rice (WG), Cooked Carrots, Pears, Milk Snack: Animal Crackers, 100% Grape Juice	22 Breakfast: Cheerios, Pears, Milk Lunch: Gilled Cheese Sandwich (WG), Veggie Soup, Sweet Peas, Peaches, Milk Snack: Graham Crackers, 100% Apple Juice
25 Breakfast: Waffles (WG), Pineapples, Milk Lunch: Chicken Alfredo (WG), Broccoli, Mixed Fruit, Milk Snack: Wheat Chex, 100% Grape Juice	26 Breakfast: Oatmeal, Bananas, Milk Lunch: Turkey Tacos, Tortilla Wraps (WG), Lettuce/Tomatoes, Peaches, Milk Snack: Goldfish Crackers, 100% Apple Juice	27 Breakfast: French Toast Sticks, Applesauce, Milk Lunch: Turkey Meatballs, Yellow Rice, Green Beans, Peaches, Milk Snack: Wheat Crackers, String Cheese	28 Breakfast: English Muffins (WG), Mandarin Oranges, Milk Lunch: Chicken Nuggets, Rolls (WG), Baked Beans, Applesauce, Milk Snack: Rice Cakes, 100% Grape Juice	29 Breakfast: Cheerios, Pears, Milk Lunch: Extra Cheese Pizza (WG), Spinach Salad, Tropical Fruit, Milk Snack: Pretzels, 100% Apple Juice