

Week 16 SERIES 1000-1050

**LEARNING GOALS**

- Responds to simple words and phrases
- Coordinates motions using eyes and hands
- Explores simple art materials
- Touches water with adult support and supervision
- Shows preference for a visual stimulus
- Repeats actions to make something happen again
- Coordinates motions using eyes and hands
- Experiments with vocalization and sounds
- Responds to music
- Demonstrates ability to move objects

**DAILY SCHEDULE**

Morning Routine  
 (Brush teeth, get dressed, breakfast)  
**Curriculum Activity**  
 Snack  
 Independent Play  
**Brain Waves**  
 Lunch  
 Rest/Nap  
**Curriculum Activity**  
 Outdoor Play  
 Evening Routine

**MATERIALS NEEDED**

- |                                   |                               |
|-----------------------------------|-------------------------------|
| ▪ art smock                       | ▪ container                   |
| ▪ ball (blue)                     | ▪ music                       |
| ▪ blue food coloring              | ▪ paint (blue)                |
| ▪ blue objects                    | ▪ paintbrushes                |
| ▪ blue streamers or fabric strips | ▪ paper                       |
| ▪ blue toys                       | ▪ pictures of blueberries     |
| ▪ book with things that are blue  | ▪ scissors                    |
| ▪ box                             | ▪ small toys (various colors) |
| ▪ cloth or blanket                | ▪ water                       |

**CURRICULUM SCHEDULE**

**MONDAY**

Language/Literacy: *Things That Are Blue*  
 Creative Exploration: *Painting the Town Blue*  
 Brain Waves: *Sleepy Eyes*

**TUESDAY**

Theme Exploration: *Tracking Blue*  
 Creative Exploration: *Blue Water Fun*  
 Brain Waves: *Sleepy Eyes*

**WEDNESDAY**

Music and Movement: *Blueberry Bounce*  
 Cognitive Exploration: *Blue Push and Pull*  
 Brain Waves: *Sleepy Eyes*

**THURSDAY**

Language/Literacy: *Blue Read-In 5*  
 Theme Exploration: *Blue Up, Blue Down*  
 Brain Waves: *Sleepy Eyes*

**FRIDAY**

Music and Movement: *Cold Blue Summer Dance*  
 Creative Exploration: *Where Is Blue?*  
 Brain Waves: *Sleepy Eyes*

## Language/Literacy

### Things That Are Blue

**Learning Goal:** Responds to simple words and phrases

**Materials:** blue objects

**Instructions:**

1. Show your baby the blue objects.
2. If possible, encourage him/her to touch the objects.
3. While your baby is touching the objects say, "This is a blue cup."
4. Listen for his/her response.



## Creative Exploration

### Painting the Town Blue

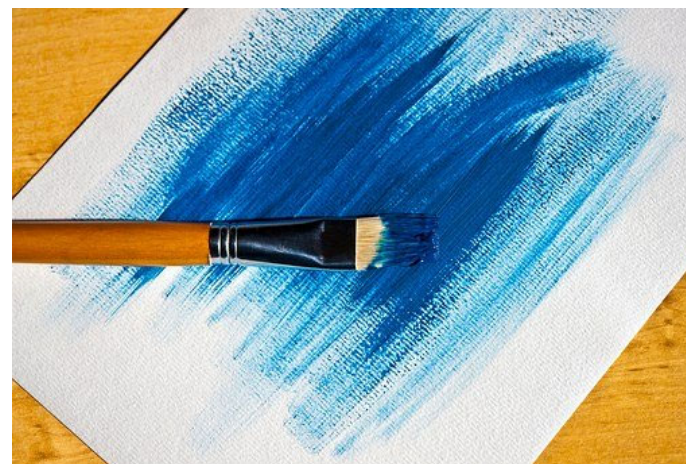
**Learning Goal:** Explores simple art materials

**Materials:** art smock, paint (blue), paintbrushes, paper, scissors

**Preparation:** Cut out large squares and rectangles to represent buildings.

**Instructions:**

1. Talk to your baby about the two shapes (rectangle and square).
2. Allow him/her to choose a shape to paint blue.
3. Assist and closely monitor the painting.
4. Wash hands after activity.



## Theme Exploration

### Tracking Blue

**Learning Goal:** Repeats actions to make something happen again

**Materials:** ball (blue)

**Instructions:**

1. Place your baby sitting with support across from you on the floor.
2. Tell him/her the color of the ball that you are playing with is blue.
3. Gently roll the ball to him/her.
4. Say, “Pam, please roll the blue ball back to me.”
5. Observe for facial expressions.



## Creative Exploration

### Blue Water Fun

**Learning Goal:** Touches water with adult support and supervision

**Materials:** container, blue food coloring, water

**Preparation:** Pour a small amount of water into a shallow container.

**Instructions:**

1. Let your baby see you add the blue food coloring to the water in the container.
2. Use language to describe what you are doing and what is happening to the water.
3. Encourage your baby to splash in the blue water. Vary the splashing. Splash big and small, fast and slow.
4. Make swirls. Have fun!



## Music and Movement

### Blueberry Bounce

**Allergy Alert:** Check allergies before beginning this activity.

**Learning Goal:** Experiments with vocalization and sounds

**Materials:** pictures of blueberries

**Instructions:**

1. Place your baby in his/her highchair.
2. Show the blueberries. Have a brief conversation about how blueberries are good fruits to eat.
3. Invite your baby to play a game called Blueberry Bounce. Simply sit with him/her and bounce and chant with enthusiasm and rhythm:

Blueberry, blueberry, blueberry bounce.

Blueberry, blueberry, blueberry bounce.



## Cognitive Exploration

### Blue Push and Pull

**Learning Goal:** Demonstrates ability to move objects

**Materials:** objects that are blue, box

**Instructions:**

1. Show your baby all the blue objects.
2. Invite him/her to assist you with putting all the blue items into a box.
3. Have your baby help you push the box of items around the room. Stop. Invite him/her to help you pull the items around the room.
4. Each time use language to describe what you are doing. For example, say, "Now we are pushing the box. Now we are pulling the box."
5. Continue activity as long as interest remains.



## Language/Literacy

### Blue Read-in 5

**Learning Goal:** Coordinates motions using eyes and hands

**Materials:** book with things that are blue

**Instructions:**

1. Hold your baby.
2. Read and point out details in pictures.
3. Ask and answer questions even if your baby cannot speak.
4. Provide this book and others for your baby to explore.
5. Continue activity as long as interest remains.



## Theme Exploration

### Blue Up, Blue Down

**Learning Goal:** Coordinates motions using eyes and hands

**Materials:** blue toys

**Instructions:**

1. Hold your baby.
2. Give him/her a blue toy.
3. Keep a blue toy for yourself.
4. Grasp the blue toy and move it up then down.
5. As you move it say, "Blue is up, now Blue is down."
6. Praise your baby's ability to grasp an item and move it.
7. Continue activity as long as interest remains.



## Music and Movement

### Cool Blue Summer Dance

**Learning Goal:** Responds to music

**Materials:** music, blue streamers or fabric strips

**Instructions:**

1. Sit with your baby.
2. Give him/her a blue fabric strip or blue paper streamer.
3. Play lively music and encourage your baby to dance.
4. Dance with him/her to the music.
5. Change the speed of the music.



## Creative Exploration

### Where is Blue?

**Learning Goal:** Shows preference for a visual stimulus

**Materials:** blue objects, cloth or blanket, small toys of various colors

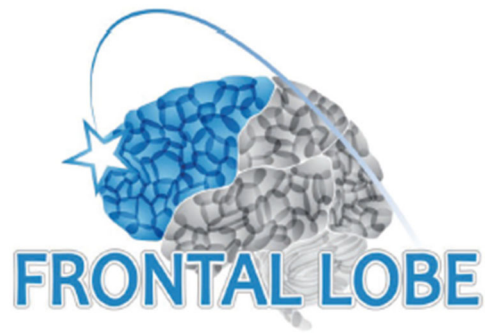
**Instructions:**

1. Hold your baby.
2. Show and name two toys: one blue and another that is not blue.
3. While your baby is looking, put the blue item under the cloth or blanket. Ask, "Where is blue? Can you find blue?"
4. Repeat, showing and naming the two objects, then hiding blue until your baby tries to find it.
5. Continue activity as long as interest remains.



## Supporting the Development of the Frontal Lobe

A main function of the frontal lobe is cognitive thinking, such as reasoning and problem solving. This portion of the brain is also responsible for motor development, language development, social-emotional behavior, and impulse control. Research shows that lack of development in the frontal lobe can lead to deficits in concentration and decreased problem solving and creativity skills.



## Emotional Stimulation

### Sleepy Eyes

#### Instructions:

1. Gather your baby, preparing for nap in your arms.
2. Ask your baby, "Are you sleepy? Do your eyes feel heavy?"
3. While rocking him/her, sing, "Sleepy, sleepy eyes. Close your sleepy eyes." As you sing, lower your eyes slightly.
4. Place your baby in his/her bed and continue singing the song softly.

