

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Chicken Alfredo, Green beans, Oranges, & Milk</p> <p>PM Snack: Whole Grain Goldfish W/ Applesauce</p> <p>Dinner: Grilled Cheese, Oranges, Broccoli, & Milk</p>	<p>2</p> <p>Breakfast: Pancakes, Turkey Sausage, Apples, & Milk</p> <p>Lunch: Chicken Teriyaki, Rice, Mixed Veggies, Peaches, Whole Wheat Bread, & Milk</p> <p>PM Snack: Animal Crackers, & Apple Juice</p> <p>Dinner: Chicken Quesadillas, Pinto Beans, Oranges, & Milk</p>	<p>3</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Mac & Cheese, Peas & Carrots, Watermelon, & Milk</p> <p>PM Snack: Graham, Crackers & 100% Grape Juice</p> <p>Dinner: Homemade Turkey & Cheese Lunchables, Crackers, Salad, Oranges, & Milk</p>	<p>4</p> <p>Breakfast: Waffles, Apples, Turkey Sausage, & Milk</p> <p>Lunch: Cheeseburger on Whole Wheat bun, Chips, Pickle Slice, Oranges, & Milk</p> <p>PM Snack: Cheese Crackers & 100% Apple Juice</p> <p>Dinner: Turkey & Cheese Sandwich, Cucumber slices, Apples & Milk</p>	<p>5</p> <p>Breakfast: Whole Grain Cereal, Bananas, & Milk</p> <p>Lunch: Chicken Soft Tacos, Refried Beans, Rice, Fresh Fruit, & Milk</p> <p>PM Snack: Trail Mix & 100% Grape Juice</p> <p>Dinner: Chicken Salad Sliders, Chips, Fresh Fruit, & Milk</p>
<p>8</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Chicken Patty Sandwich, Tater Tots, Pears, & Milk</p> <p>PM Snack: Animal Crackers & 100% Apple Juice</p> <p>Dinner: Homemade Turkey & Cheese Lunchables, Crackers, Salad, Oranges, & Milk</p>	<p>9</p> <p>Breakfast: Pancakes, Turkey Sausage, Oranges, & Milk</p> <p>Lunch: Meatballs W/ Brown Gravy, White Rice, Greenbeans, Apples, & Milk</p> <p>PM Snack: Whole Grain Goldfish w/ Applesauce</p> <p>Dinner: Grilled Cheese, Apples, Broccoli, & Milk</p>	<p>10</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Enchilada Casserole, Rice, Pinto Beans, Watermelon, & Milk</p> <p>PM Snack: Graham Crackers & Apple Juice</p> <p>Dinner: Turkey & Cheese Sandwich, Cucumber slices, Apples & Milk</p>	<p>11</p> <p>Breakfast: Waffles, Apples, Turkey Sausage, & Milk</p> <p>Lunch: Mac & Cheese, Peas & Carrots, Peaches, Whole Wheat Roll, & Milk</p> <p>PM Snack: Crackers W/ Cheese Sticks</p> <p>Dinner: Sun Butter & Jam Sandwich, Banana, & Milk</p>	<p>12</p> <p>Breakfast: Whole Grain Cereal, Bananas, & Milk</p> <p>Lunch: Chicken Nuggets, Mashed Potatoes, Oranges & Milk</p> <p>PM Snack: Trail Mix & 100% Grape Juice</p> <p>Dinner: Cheese Quesadillas, Mixed Veggies, Pineapples, & Milk</p>
<p>15</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Chicken Alfredo, Green beans, Oranges, & Milk</p> <p>PM Snack: Whole Grain Goldfish W/ Applesauce</p> <p>Dinner: Grilled Cheese, Oranges, Broccoli, & Milk</p>	<p>16</p> <p>Breakfast: Pancakes, Turkey Sausage, Apples, & Milk</p> <p>Lunch: Chicken Teriyaki, Rice, Mixed Veggies, Peaches, Whole Wheat Bread, & Milk</p> <p>PM Snack: Animal Crackers, & Apple Juice</p> <p>Dinner: Chicken Quesadillas, Pinto Beans, Oranges, & Milk</p>	<p>17</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Mac & Cheese, Peas & Carrots, Watermelon, & Milk</p> <p>PM Snack: Graham, Crackers & 100% Grape Juice</p> <p>Dinner: Homemade Turkey & Cheese Lunchables, Crackers, Salad, Oranges, & Milk</p>	<p>18</p> <p>Breakfast: Waffles, Apples, Turkey Sausage, & Milk</p> <p>Lunch: Cheeseburger on Whole Wheat bun, Chips, Pickle Slice, Oranges, & Milk</p> <p>PM Snack: Cheese Crackers & 100% Apple Juice</p> <p>Dinner: Turkey & Cheese Sandwich, Cucumber slices, Apples & Milk</p>	<p>19</p> <p>Breakfast: Whole Grain Cereal, Bananas, & Milk</p> <p>Lunch: Chicken Soft Tacos, Refried Beans, Rice, Fresh Fruit, & Milk</p> <p>PM Snack: Trail Mix & 100% Grape Juice</p> <p>Dinner: Chicken Salad Sliders, Chips, Fresh Fruit, & Milk</p>
<p>22</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Chicken Patty Sandwich, Tater Tots, Pears, & Milk</p> <p>PM Snack: Animal Crackers & 100% Apple Juice</p> <p>Dinner: Homemade Turkey & Cheese Lunchables, Crackers, Salad, Oranges, & Milk</p>	<p>23</p> <p>Breakfast: Pancakes, Turkey Sausage, Oranges, & Milk</p> <p>Lunch: Meatballs W/ Brown Gravy, White Rice, Greenbeans, Apples, & Milk</p> <p>PM Snack: Whole Grain Goldfish w/ Applesauce</p> <p>Dinner: Grilled Cheese, Apples, Broccoli, & Milk</p>	<p>24</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Enchilada Casserole, Rice, Pinto Beans, Watermelon, & Milk</p> <p>PM Snack: Graham Crackers & Apple Juice</p> <p>Dinner: Turkey & Cheese Sandwich, Cucumber slices, Apples & Milk</p>	<p>25</p> <p>Breakfast: Waffles, Apples, Turkey Sausage, & Milk</p> <p>Lunch: Mac & Cheese, Peas & Carrots, Peaches, Whole Wheat Roll, & Milk</p> <p>PM Snack: Crackers W/ Cheese Sticks</p> <p>Dinner: Sun Butter & Jam Sandwich, Banana, & Milk</p>	<p>26</p> <p>Breakfast: Whole Grain Cereal, Bananas, & Milk</p> <p>Lunch: Chicken Nuggets, Mashed Potatoes, Oranges & Milk</p> <p>PM Snack: Trail Mix & 100% Grape Juice</p> <p>Dinner: Cheese Quesadillas, Mixed Veggies, Pineapples, & Milk</p>
<p>29</p> <p>Breakfast: Whole Grain Cereal, Banana, & Milk</p> <p>Lunch: Chicken Alfredo, Green beans, Oranges, & Milk</p> <p>PM Snack: Whole Grain Goldfish W/ Applesauce</p> <p>Dinner: Grilled Cheese, Oranges, Broccoli, & Milk</p>	<p>30</p> <p>Breakfast: Pancakes, Turkey Sausage, Apples, & Milk</p> <p>Lunch: Chicken Teriyaki, Rice, Mixed Veggies, Peaches, Whole Wheat Bread, & Milk</p> <p>PM Snack: Animal Crackers, & Apple Juice</p> <p>Dinner: Chicken Quesadillas, Pinto Beans, Oranges, & Milk</p>			