

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast: Whole Grain Cereal, Bananas, & Milk **4**

Lunch: Chicken Alfredo, Green Beans, Oranges, & Milk

PM Snack: Whole Grain Goldfish W/ Applesauce

Dinner: Grilled Cheese, Oranges, Broccoli, & Milk

Breakfast: Pancakes, Turkey Sausage, Bananas, & Milk **5**

Lunch: Chicken Teriyaki, Rice, Mixed Veggies, Cantaloupe, Whole Wheat Bread & Milk

PM Snack: Animal Crackers & Apple Juice

Dinner: Cheese Quesadillas, Pinto Beans, Pineapple, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **6**

Lunch: Mac & Cheese, Peas & Carrots, Mixed Fruit, & Milk

PM Snack: Graham Crackers & 100 % Grape Juice

Dinner: Homemade Turkey & Cheese, Lunchable, Crackers, Salad, Oranges, & Milk

Breakfast: Waffles, Apples, Turkey Sausage, Milk **7**

Lunch: Rice W/ Mild Chili Beans, Corn, Oranges, Whole Wheat Bread, Milk

PM Snack: Cheese Crackers & 100% Apple Juice

Dinner: Turkey Dog, Bun, Cucumber Slices, Apples, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **8**

Lunch: Chicken Soft Tacos, Refried Beans, Rice, Fresh Fruit & Milk

PM Snack: Trail Mix & 100% Grape Juice

Dinner: Homemade Chicken Salad, Pears, Carrots Sticks, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **11**

Lunch: Chicken Patty Sandwich, Tater Tots, Pears, & Milk

PM Snack: Animal Crackers & 100% Apple Juice

Dinner: Homemade Turkey & cheese Lunchables, Crackers, Salad, Oranges, & Milk

Breakfast: Pancakes, Turkey, Sausage, Oranges, Milk **12**

Lunch: Meatballs W/ Brown Gravy, White Rice, Greenbeans, Apples & Milk

PM Snack: Whole Grain Goldfish W/Applesauce

Dinner: Grilled Cheese, Apples, Broccoli, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **13**

Lunch: Enchilada Casserole, Rice, Pinto Beans, Pears, & Milk

PM Snack: Graham Crackers & Apple Juice

Dinner: Turkey Dog, Bun, Cucumber Slices, Apples & Milk

Breakfast: Waffles, Peaches, Turkey Sausage, & Milk **14**

Lunch: Mac & Cheese, Peas & Carrots, Cantaloupe, Whole Wheat Roll, & Milk

PM Snack: Crackers W/ Cheese Sticks

Dinner: Sunbutter & Jam Sandwich, Banana,

Breakfast: Whole Grain Cereal, Bananas, & Milk **15**

Lunch: Chicken Nuggets, Mashed Potatoes, Oranges, & Milk

PM Snack: Trail Mix & 100% Grape Juice

Dinner: Cheese Quesadillas, Mixed Veggies, Pineapples, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **18**

Lunch: Chicken Alfredo, Green Beans, Oranges, & Milk

PM Snack: Whole Grain Goldfish W/ Applesauce

Dinner: Grilled Cheese, Oranges, Broccoli, & Milk

Breakfast: Pancakes, Turkey Sausage, Bananas, & Milk **19**

Lunch: Chicken Teriyaki, Rice, Mixed Veggies, Whole Wheat Bread, Cantaloupe, & Milk

PM Snack: Animal Crackers & Apple Juice

Dinner: Cheese Quesadillas, Pinto Beans, Pineapple, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **20**

Lunch: Mac & Cheese, Carrots, Mixed Fruit, & Milk

PM Snack: Graham Crackers & 100 % Grape Juice

Dinner: Homemade Turkey & Cheese, Lunchables, Crackers,

Breakfast: Waffles, Apples, Turkey Sausage, Milk **21**

Lunch: Rice W/ Mild Chili Beans, Corn, Whole Wheat Bread, Oranges & Milk

PM Snack: Cheese Crackers & 100% Apple Juice

Dinner: Turkey Dog, Bun, Cucumber Slices,

Breakfast: Whole Grain Cereal, Bananas, & Milk **22**

Lunch: Chicken Soft Tacos, Refried Beans, Rice, Fresh Fruit, & Milk

PM Snack: Trail Mix & 100% Grape Juice

Dinner: Homemade Chicken Salad, Pears, Carrots Sticks, & Milk

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Breakfast: Whole Grain Cereal, Bananas, & Milk **27**

Lunch: Enchilada Casserole, Rice, Pinto Beans, Pears, & Milk

PM Snack: Graham Crackers & Apple Juice

Dinner: Turkey Dog, Bun, Cucumber Slices, Apples & Milk

Breakfast: Waffles, Peaches, Turkey Sausage, & Milk **28**

Lunch: Mac & Cheese, Peas & Carrots, Cantaloupe, Whole Wheat Roll & Milk

PM Snack: Crackers W/ Cheese Sticks

Dinner: Sunbutter & Jam Sandwich, Banana, & Milk

Breakfast: Whole Grain Cereal, Bananas, & Milk **29**

Lunch: Chicken Nuggets, Mashed Potatoes, Oranges, & Milk

PM Snack: Trail Mix & 100% Grape Juice

Dinner: Cheese Quesadillas, Mixed Veggies, Pineapples, & Milk

CLOSED
NO
SCHOOL!