

PRESCHOOL

Week

36

Smart Activities



SMART CHOICE. SMARTER CHILD.®

The Letter J Song

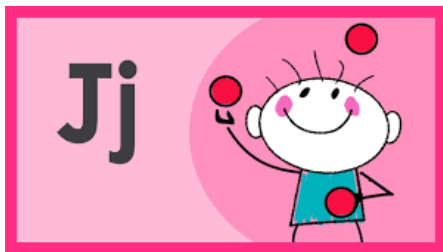
Materials: internet access, website:

<https://youtu.be/DrYSjJf0ksc>

Preparation: Preview video.

Instructions:

1. Watch the video with your child about the letter "Jj."
2. Encourage him to dance and sing along with the video.
3. After the video ask him to name some "J" words.



Jack and Jill

Materials: internet access, website:

https://youtu.be/e_POur6Kp58

Preparation: Preview video.

Instructions:

1. Listen to the song with your child. Have him/her do the motions and sing along.
2. Then, have your child do the new version "Jack and Jill" with Dr. Jean.



Writing "J"

Materials: gallon sealable bag, food coloring, hair gel, packing tape, paper, marker

Preparation: Fill the bag with the gel. (You can have your child do this to work on fine motor skills.) Add food coloring, seal the bag, and tape it shut. Write the letter "Jj" on paper.

Instructions:

1. Give your child the paper with the letter "Jj" and the bag.
2. Encourage your child to use his/her finger to write the letter "Jj" on the bag.
3. Allow time to explore and draw on the bag.



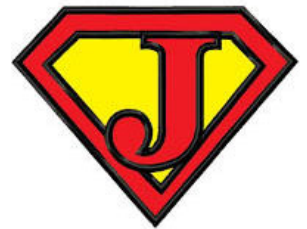
J Movement Up and Down

Materials: painter's tape, age-appropriate dance music

Preparation: Locate a safe open area. Make the letter "J" using the tape jumbo size for your child to move and dance on.

Instructions:

1. Ask, "What letter do you see?" "Can you name some words that begin with 'J'?"
2. Turn on the fun music and tell your child to move up or down the letter "J" like Jack and Jill went up the hill.



Hello, Around the World

Materials: internet access, website:

<https://youtu.be/472AnCrHYVs>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. After the video, discuss with your child how it is important to say hello and how different countries speak different languages.



Liberty's Journey

by Kelly DiPucchio and Richard Egielski

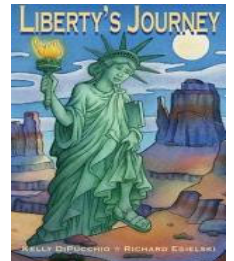
Materials: internet access, website:

<https://youtu.be/6IkompnGONg>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child. Explain what the word "journey" means.
2. Then ask questions, ex: "Can you name the different places Lady Liberty visited?" "What did she miss about her home?" "What made her go back home?"



"J" Made in Playdough

Materials: playdough, straws, scissors

Preparation: Cut the straws into one-inch segments. Flatten the playdough and draw in the letter "J."

Instructions:

1. Have your child identify the letter "J" and say, "I want you to take the straws and place them on the lines of the letter 'J.'"
2. Once completed, allow your child to mold and flatten the playdough.
3. Try another letter.



"J" is for Jumping

Materials: painter's tape

Preparation: Locate a safe, open area. Tape down multiple lines for your child to jump from one to another. (Save this for use on Day 3 if possible.)

Instructions:

1. Say, "We are going to jump from one line to another. Then, we are going to see how far you can jump. Also, we will jump over lines skipping a line."
2. Continue activity while interest remains.



My Journey

Materials: paper, crayons

Preparation: Gather materials.

Instructions:

1. Talk about the different journeys your child has heard about in the books.
2. Encourage your child to draw a picture of where he/she would like to go or where one of the characters in the stories went.



Timmy's Terrific Travels

by Marie Date

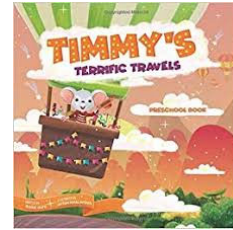
Materials: internet access, website:

<https://youtu.be/mfzuVADrAnQ>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Remind your child that traveling is part of a journey.
3. Then ask questions, ex: "Can you name some of the places Timmy visited?" "What did you noticed about Timmy's outfits as he journeyed to the different countries?"



Traveling Playdough

Materials: playdough

Preparation: Gather pictures of ways to travel, ex: car, train, airplane, bus, etc.

Instructions:

1. Show your child the pictures of the various ways people can travel or go on a journey.
2. Then have him/her make the different modes of travel using the playdough.



Stretch on Tape

Materials: painter's tape

Preparation: Locate a safe open area. Use the lines you made with the tape on Day 2 if you still have them. If not, make straight lines on the floor with your tape.

Instructions:

1. Say, "Today, we are going to see how far you can stretch your body. First, place your hands on one line and stretch as far as you can to have your feet touch."
2. Then, have your child do different stretches.



Act Out the Alphabet Journey

Materials: internet access, website:
<https://youtu.be/dLReNTmMkKA>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Encourage him/her to act out the alphabet and sing along with Jack Hartman as he journeys through the alphabet.



Amelia Earhart: Little People, Big Dreams

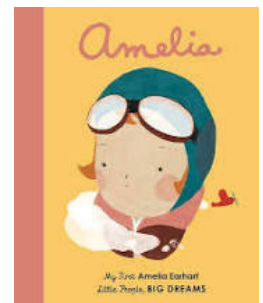
by Maria Isabel Sanchez Vegara

Materials: internet access, website:
<https://youtu.be/vN1o6u7Zo9A>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Then, encourage him/her to discuss the different places and opportunities Amelia Earhart had on her journeys.



My Box Car or Airplane

Materials: large box, glue, boxcutter (**adults only**), 2 plastic cups, 4 paper plates, markers, crayons or paint, paintbrush, packing tape internet access, website:

<https://www.parenting.com/activities/arts-crafts/how-make-box-car/> or
<https://www.repeatcrafterme.com/2014/05/card-board-box-airplane.html>

Preparation: Preview website for directions.

Instructions:

1. Have your child make the car or airplane with you.
2. Allow him/her to decorate it when it is complete.
3. Talk to your child about different ways we travel around to places.
4. Allow your child to use his/her imagination to travel places.



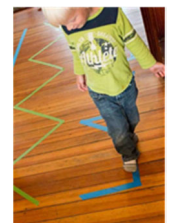
Zigzag Journey on Tape

Materials: painter's tape

Preparation: Locate a safe, open area. Make various zigzag patterns on the floor with your tape.

Instructions:

1. Show your child the zigzag patterns.
2. Say, "We are going to walk on the tape following the patterns. Then we will walk it faster. Lastly, we will walk backwards."
3. If interest remains and you would like to extend this activity, have your child follow the zigzags in other ways, ex: hop, skip, jump, etc.



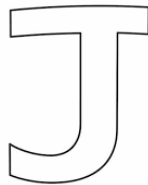
J Lacing

Materials: cardboard, hole punch, yarn, tape, marker

Preparation: Draw the letter "Jj" on the cardboard. Using the hole punch, make holes around the "Jj" and then take a piece of yarn and put a piece of tape on one end. Tie the other end through the first hole on the "Jj."

Instructions:

1. Show your child the letter "J" with the yarn.
2. Demonstrate how to pull the yarn in and out of the holes.
3. Encourage your child to thread the yarn in and out.



My "j" Book

by Jane Belk Moncure

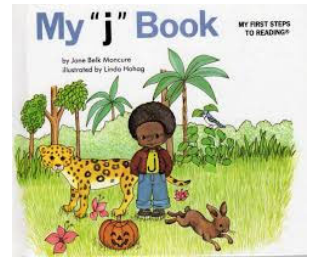
Materials: paper, pencil, crayons, internet access, website:

<https://youtu.be/UG6spwhGQFk>

Preparation: Preview video. Write the letter "j" on the paper.

Instructions:

1. Listen to the read aloud story with your child.
2. Repeat the "j" words together.
3. After listening, encourage your child to write the letter "j" and draw items that begin with the letter "j".



J Writing in Flour

Materials: sealable plastic container, flour, paper, marker, unsharpened pencil (optional), paper

Preparation: Write your child's name on the paper and the letter "Jj."

Instructions:

1. Show your child the paper with the letter "Jj" and his/her name.
2. Encourage your child to use his/her finger or the pencil to write the letter "Jj" and his/her name in the flour.



Jump In and Out

Materials: painter's tape

Preparation: Locate a safe, open area. Tape a large circle.

Instructions:

1. Say, "We are going to jump in and out of the circle. We can say: "Jump In," "Jump Out," and "turnabout."
2. Continue jumping in and out. You can even give directions using one-foot, right foot, etc.

