

Milk is served with breakfast and lunch; water is also available to the children throughout the day. Infants- 24 months will be served whole milk. Children 2 years and up will be served 2%

*Appropriate substitutions will be made for the Toddler and Twos



We are a Nut- Free environment!

Week 1	5	6	7	8	9
Breakfast	Cereal and Fruit	Lemon Bread and Fruit	Yogurt and Fruit	Cinnamon Rolls and Fruit	Cereal and Fruit
Snack AM	Graham Cracker and Cheese Slice	Granola Bar and Cucumbers	Vanilla Wafers and Cheese Stick	Tortilla Chips and Carrots	Oranges and Goldfish
Lunch	Chicken Nuggets Mixed Veggies Fruit	Mac and Cheese Green Beans Fruit	BBQ Meatballs Corn Fruit	Scalloped Potatoes and Ham Peas Fruit	Turkey and Cheese Wrap Broccoli Fruit
Vegan	Plant Based Chicken Nuggets	Plant Based Cheese	Plant Based Beef	Plant Based Ground Beef	Sun Butter and Jelly Wrap
Snack PM	Wheat Thins and Oranges	Saltines and Blueberries	Apples and Pretzels	Banana and Cheese Its	Cheese Slice and Fig Bars
Week 2	12	13	14	15	16
Breakfast	French Toast and Fruit	Yogurt and Fruit	Banana Bread and Fruit	Cereal and Fruit	English Muffin and Fruit
Snack AM	Cheese Stick and Animal Crackers	Ritz and Blueberries	Granola Bars and Carrots	Fruit Bars and Oranges	Cucumbers and Wheat Thins
Lunch	Chicken Patty Green Beans Fruit	Spaghetti Corn Fruit	Broccoli Cheese Rice and Ham Casserole Fruit	Fish Sticks Mixed Veggies Fruit	Chicken a la King over Biscuits Peas Fruit
Vegan	Plant Based Chicken Nuggets	Plant Based Ground Beef	Broccoli and Rice Casserole	Plant Based Chicken	Plant Based Chicken
Snack PM	Apples and Pretzels	Saltines and Strawberries	Cheese Slice and Graham Crackers	Melon and Vanilla Wafers	Banana and Tortilla Chips
Week 3	19	20	21	22	23
Breakfast	Yogurt and Fruit	Coffee Cake and Fruit	Cereal and Fruit	French Toast and Fruit	Cinnamon Bread and Fruit
Snack AM	Granola Bar and Carrots	Cheese Stick and Pretzels	Orange and Wheat Thins	Cheese Slice and Strawberries	Ritz and Cheese Slice
Lunch	Chicken Strips Corn Fruit	Biscuits and Gravy Peas Fruit	Mac and Cheese Mixed Veggies Fruit	Goulash Broccoli Fruit	Fish Sticks Green Beans Fruit
Vegan	Plant Based Chicken Nuggets	N/A	Plant Based Cheese	N/A	Plant Based Chicken
Snack PM	Veggie Straw and Banana	Orange and Cheese Its	Blueberries and Saltines	Cucumbers and Cheese Stick	Graham Crackers and Goldfish
	26	27	28	29	30
Week 4	26	The state of the s			
Week 4 Breakfast	No School	Cereal and Fruit	French Toast and Fruit	Spiced Bread and Fruit	Yogurt and Fruit
			French Toast and Fruit Carrots and Ritz	Spiced Bread and Fruit Cucumbers and Wheat Thins	Yogurt and Fruit Blueberries and Granola Bar
Breakfast		Cereal and Fruit			-
Breakfast Snack AM		Cereal and Fruit Cheese Slice and Fruit Bar Chicken Nuggets Mixed Veggies	Carrots and Ritz Scalloped Potatoes and Ham	Cucumbers and Wheat Thins Turkey and Cheese Sandwiches Green Beans	Blueberries and Granola Bar Spanish Rice Corn