

INFANT

Week

22

Smart Activities

My Friends

Materials: picture of your family

Instructions:

1. Hold your baby and say, "This is your family, and we are your first friends."
2. Name everyone in the picture.
3. Repeat as you promote language development.



Family

Materials: internet access, website:

https://youtu.be/oEWXE_V4Mqw

Preparation: Preview video.

Instructions:

Enjoy this family song with your baby.



Play Friends

Materials: stuffed or toy animals

Instructions:

1. Hold your baby and say, "Here are your stuffed animals."
2. Name each animal as you encourage your baby to engage in play.
3. Observe as your baby becomes aware of his/her own preferences.



Sign Language "Dad"

Instructions:

1. Touch the thumb of your dominant hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



Family Walk

Instructions:

1. Hold your baby and say, "We are going on a family walk."
2. Name things you see as you walk with your family.
3. Encourage your baby to touch age-appropriate items you see as you promote language development.



I Love You

Materials: internet access, website:

<https://youtu.be/ix9wpslKwBE>

Preparation: Preview video.

Instructions:

1. Enjoy this familiar sing along with your baby.
2. Encourage your baby's actions as they respond to the singing.



Family Music

Materials: container

Preparation: Gather material.

Instructions:

1. Hold your baby and say, "We are going to pat this container to make music."
2. Sing your favorite song as you encourage your baby to pat the container.
3. Observe your baby as he/she repeats an action to make something happen.
4. Assist and modify as needed.



Sign Language "Dad"

Instructions:

1. Touch the thumb of your dominant hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



Dancing Friends

Materials: favorite music

Instructions:

1. Hold your baby and say, "Let's dance."
2. Turn on music and begin dancing.
3. Encourage and praise movement as your baby responds to music.



Happy

Materials: internet access, website:

<https://youtu.be/5015skRvqs8>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along with your baby.
2. Encourage and praise efforts as your baby responds to music.



Family Prints

Materials: crayons, paper, paint

Preparation: Draw a tree on the paper using the crayons.

Instructions:

1. Hold your baby and say, "We are going to make a family tree using handprints."
2. Paint your baby's hand. Gently press prints on the paper.
3. Repeat as you name family members.
4. Encourage and praise as you promote language development.



Sign Language "Dad"

Instructions:

1. Touch the thumb of your dominate hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



Splash Fun

Materials: container, water

Instructions:

1. Hold your baby and say, "We are going to pat the water."
2. Position yourself with your baby so he/she can use his/her hands to splash the water.
3. Continue as your baby repeats his/her actions to make something happen again.



Leo Can Swim

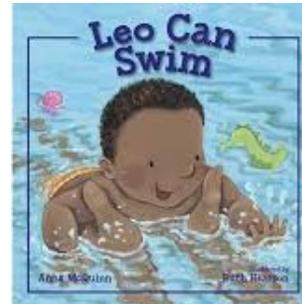
Materials: internet access, website:

https://youtu.be/FRvMtUhEh_E

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud book *Leo Can Swim* by Anna McQuinn with your child.
2. Name pictures in the story to promote language development.



Family Shake

Materials: small container with a lid, family photo

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "This is our family and name everyone in the photo."
2. Place the photo in the container.
3. Encourage your baby to shake the container.
4. Observe as he/she imitates your actions.
5. Assist and modify as needed.



Sign Language "Dad"

Instructions:

1. Touch the thumb of your dominate hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



Ball Fun

Materials: several balls

Instructions:

1. Hold your baby and say, "We are going to play with balls."
2. Put the balls on the floor and encourage your baby to grab them.
3. Repeat as your baby develops his/her grasp reflexes.
4. Assist and modify as needed.



Ten Tiny Babies

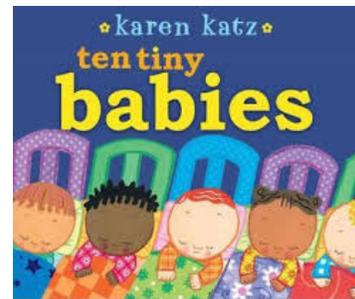
Materials: internet access, website:

<https://youtu.be/446R3E-iGio>

Preparation: Preview video.

Instructions:

1. Enjoy the read aloud book, *Ten Tiny Babies* by Karen Katz.
2. Observe as your baby shows interest in reading experiences.



I Hear You

Instructions:

1. Hold your baby and say his/her name.
2. Encourage a response.
3. Observe nonverbal expression and gestures.
4. Assist and modify as needed.



Sign Language "Dad"

Instructions:

1. Touch the thumb of your dominate hand to the center of your forehead using open fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.

