

PRESCHOOL

Week

7

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Virtual Fire Station Field Trip

Materials: internet access, website:
<https://www.youtube.com/watch?v=S8O5X0C8VX0>

Preparation: Preview video.

Instructions:

1. Watch video with your child.
2. Ask questions about helmets, fire trucks, etc., ex: "Why do fire fighters wear helmets?" "Would you like to be fire fighter?" "How do fire fighters help people?"



The Berenstain Bears Blaze a Trail

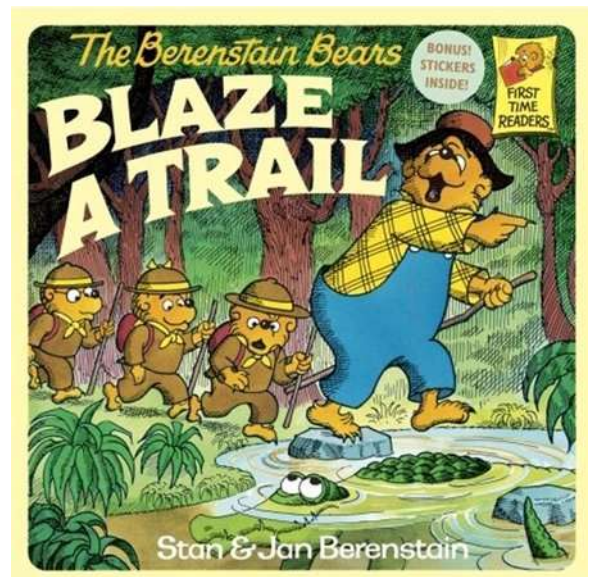
by Stan and Jan Berenstain

Materials: internet access, website:
<https://www.youtube.com/watch?v=iLffgx25Wrc>

Preparation: Preview video.

Instructions:

1. Explain that a trail is a path in the woods.
2. Listen to this read aloud book with your child.
3. Ask questions related to the story on bears and hiking trails, ex: "Have you ever walked in the woods?" "Why do the trees hide the sky sometimes?"



S'mores

Materials: graham crackers, plates, marshmallows, chocolate

Preparation: Open packages.

Instructions:

1. Create a campfire delicacy: S'mores.
2. Name the ingredients as you prepare this together.
 - a. Open the graham crackers and break them into squares.
 - b. Place marshmallows on the crackers then melt in microwave.
 - c. You may melt some chocolate squares on top. When you want more, ask for "more S'mores please."



Smokey the Bear Song

Materials: internet access, website: <https://www.youtube.com/watch?v=sfgWbhPYFGI>

Preparation: Preview internet song.

Instructions:

1. Encourage your child to sing along during the Smokey the Bear song.
2. Ask if your child can remember why Smokey sniffs the air (to smell for smoke). "What happens when we forget to put out campfires?" "Why do you like Smokey?"



Virtual Police Station Field Trip

Materials: internet access, website:
https://www.youtube.com/watch?v=H6bdvb_xXgA

Preparation: Preview video.

Instructions:

1. Watch video with your child.
2. Reinforce how to look for an officer when lost. Ask, "Why do police help us?" "What should we do if we do not see family when lost?"



Pete the Cat Goes Camping

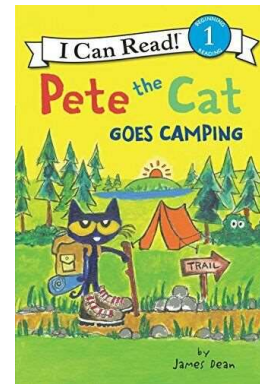
by James Dean

Materials: internet access, website:
<https://www.youtube.com/watch?v=Z9c8bKE7K44>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book together.
2. Ask questions, such as "What sounds do crickets make?" "What makes camping fun?"



Pick up Sticks

Preparation: Find an outdoor location with sticks.

Instructions:

1. Encourage your child to help you pick up sticks for an imaginary campfire.
2. Place sticks in vertical triangle or pyramid.
3. Pretend to warm hands by the fire.
4. Ask your child to name two ways to put out the campfire (water, dirt).
5. Remind your child that it is important to always put out fires.



Campfire Story

Materials: dolls or stuffed animals

Instructions:

1. Encourage your child to find toy people for our imaginary campfire, such as stuffed animals or dolls.
2. Place the friends in a circle.
3. Let's tell our camping friends a story before bedtime.
4. Ask your child their favorite story to share aloud.
5. Thank your friends for being good listeners.



Outback Camping Tour

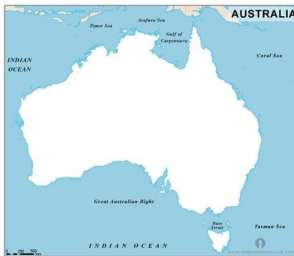
Materials: internet access, website:

<https://www.youtube.com/watch?v=f0PvMmTAUQAQ>

Preparation: Preview video.

Instructions:

1. Watch video with your child.
2. Ask questions about the land and weather in Australia, such as "Would you like to camp on this island?" "What makes Australia look like a good place to visit?"



Pete the Cat: Firefighter Pete

by James Dean

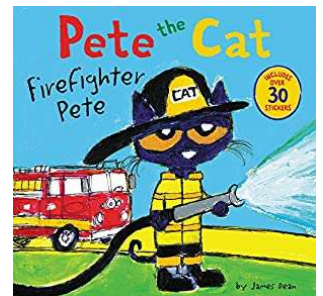
Materials: internet access, website:

<https://www.youtube.com/watch?v=AvuHfFq6gI4>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book together.
2. Ask questions related to the story on firefighters, such as "Why would Pete want to be a fire fighter?" "Would you want to be a first responder?"



Weather Art

Materials: crayons or markers, paper

Instructions:

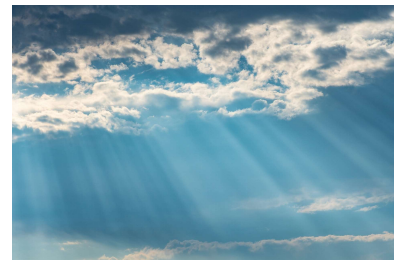
1. Encourage your child to draw today's weather. What colors do we need? When do we need an umbrella?
2. Discuss the colors of sunshine, rainbow, etc.



Camping Weather

Instructions:

1. Encourage your child to look out a window to talk about today's weather.
2. To increase vocabulary, assist your child with weather words, such as cloudy, rainy, and sunny.
3. Discuss the best weather for camping outside.
4. Name items you would like to take with you camping outdoors.



Video Sandwich Song

Materials: internet access, website:
https://www.youtube.com/watch?v=kIDHM_sxYxs

Preparation: Preview video.

Instructions:

1. Watch video with your child and sing along.
2. Ask if your child wants to add motions.



Curious George Goes Camping

by H.A. Rey

Materials: internet access, website:
<https://www.youtube.com/watch?v=qZomPRJ8LhM>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child about a camping adventure.
2. Ask questions related to the story, such as "Why go camping?" "What was your favorite part of the book?"



Butter and Jelly

Materials: butter, jelly, bread, plastic or butter knife

Instructions:

NOTE: We are using butter rather than peanut butter in case of nut allergies.

1. Encourage your child to help you find the ingredients for a butter and jelly sandwich.
2. Ask your child to help you open containers as we prepare our camping meal.
3. Smooth out the two ingredients onto the bread.
4. Put together and enjoy your snack!

Red Light/Green Light

Instructions:

1. Ask your child to stand across a room or a room-length distance outdoors.
2. The child will walk toward you with a goal of reaching you or another target, such as a tree.
3. Encourage your child to stop when you say "red light" and go on "green light."
4. Playing stop and go games helps children learn self-control.
5. Now allow the child to be the commander.



Virtual Forest Field Trip

Materials: internet access, website:
<https://www.youtube.com/watch?v=i8P8-AlhTq8>

Preparation: Preview video.

Instructions:

1. Watch video with your child and listen to the sounds of the forest.
2. Ask your child to identify leaves, trees, etc. to increase vocabulary.



Biscuit Goes Camping

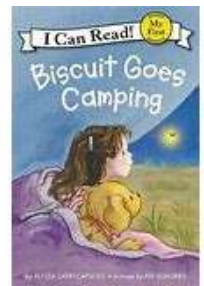
by Alyssa Capucilli

Materials: internet access, website:
<https://www.youtube.com/watch?v=AbNnggiM9xOg>

Preparation: Preview video.

Instructions:

1. Listen with your child about a camping adventure.
2. Ask questions related to camping, such as "What is your favorite part of the story? How would you draw it?"



Flashlight Fun

Materials: flashlight

Preparation: Pretest that flashlight works.

Instructions:

1. Encourage your child to turn on the flashlight.
2. Dim the lights so that your child sees the power of the light more.
3. Ask how a flashlight is helpful on the camping trail. Ask "Why can't we see in the dark?" "When is it harder to see?"



Creating a Fort

Materials: pillows, book, blanket, cushions, flashlight (optional)

Instructions:

1. Encourage your child to make a fort using pillows, blankets and cushions. Explain that we need protection from the outdoor elements, such as insects and rain.
2. Ask, "May we crawl into our fort?"
3. Use an extra blanket to create a sleeping bag for camping. Then, read a book inside the fort.

