

# INFANT

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Week

8

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Smart Activities



SMART CHOICE. SMARTER CHILD.®

## Soil Digging

**Materials:** medium container, soil, leaves, spatula, a big spoon

**Preparation:** Gather materials.

**Instructions:**

1. Assist and modify as needed. Place the soil in the container with leaves.
2. Use the spatula and big spoon as gardening tools for your baby to explore the different textures with your support and supervision. Explore the outdoors together.



## Oliver's Vegetables

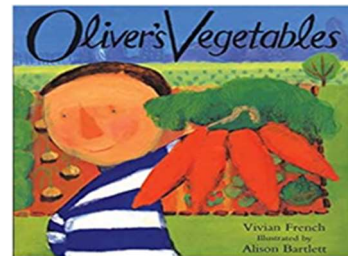
by Vivian French

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=UcxnE4Xh0-g>

**Preparation:** Preview video.

**Instructions:**

1. Listen to the read aloud book with your child.
2. Point and repeat names of objects to promote language development.



## Busy Bee

**Instructions:**

1. Make sounds of the bumblebees as they pollinate the garden flowers.
2. Assist and modify as needed. Make movements of the beautiful hummingbird's wings as they flutter. Watch as your baby tries to imitate sounds and movement.



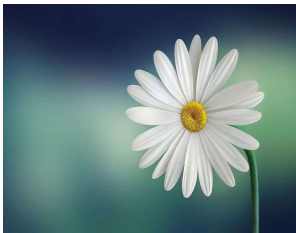
## Flower Garden

**Materials:** paper, green paint, two different colors of paint, paintbrush, wipes

**Preparation:** Gather materials.

**Instructions:**

1. Paint your baby's hand using the different colors of your choice.
2. Place your baby's hand on the paper to create a beautiful flower from the garden. Repeat the process to create more flowers.
3. Using the green paint, paint a line to create the stems.



## Oats, Peas, Beans, and Barley

**Materials:** internet access, website:

<https://www.youtube.com/watch?v=YXcl9YmwYBs>

**Preparation:** Preview video.

**Instructions:**

Watch the video with your baby and sing along to the nursery rhyme.



## Sun Fun

**Instructions:**

Take a walk outside or observe the outdoors together through the window. The rainy and sunny weather impacts the growth of a garden. As you and your baby observe, point to the sky and discuss the weather. Ask your baby "Is it sunny outside?", "Is it rainy outside?", "Is it cloudy outside?"



## Snail Race

**Materials:** round toys (two different sizes)

**Preparation:** Gather materials.

**Instructions:**

1. Assist and modify as needed. Gently place your baby on tummy in front of two different sizes of round toys.
2. Gently push the two round toys forward as your baby observes them roll. Encourage your baby to also push the toy as they begin to understand how it works.



## Lola Plants a Garden

by Anna McQuinn

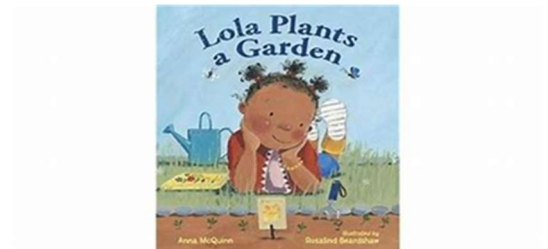
**Materials:** internet access, website:

<https://www.youtube.com/watch?v=OC7qurRN37A>

**Preparation:** Preview video.

**Instructions:**

1. Listen to this read aloud book with your baby.
2. Repeat names of objects to promote language development.



## Garden Fresh

**Materials:** whole fruits, whole vegetables, age-appropriate fruits and vegetables

**Preparation:** Wash the whole fruits and vegetables and prepare the age-appropriate fruits and vegetables.

**Instructions:**

1. Assist and modify as needed. Explore the different textures and sizes of the whole fruit and vegetables. Taste the age-appropriate fruits and vegetables.
2. Observe the vibrant colors of the fruits and vegetables. Discuss the different colors with your baby, "The cucumber is green", "The strawberry is red".



## Watch it Grow

**Materials:** medium container, plastic cup with handle

**Preparation:** Gather materials.

**Instructions:**

1. Assist and modify as needed.
2. With adult support and supervision, use the plastic cup with handle to scoop the water from the medium container and pour back out as if you were watering your garden using a watering pot.
3. Watch your baby explore through water play.



## Plant the Tiny Seed

by Christie Matheson

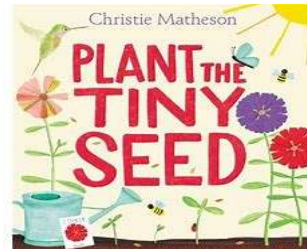
**Materials:** internet access, website:

<https://www.youtube.com/watch?v=MHRDM5nb8Ks>

**Preparation:** Preview video.

**Instructions:**

1. Listen to this read aloud book with your infant.
2. Repeat names of objects to promote language development.



## Petal Count

**Materials:** two flowers

**Preparation:** Gather materials.

**Instructions:**

1. Assist and modify as needed. Using parent support and supervision, explore the texture of the flower petals with your baby.
2. Count the flower petals with your baby.





## Hungry Bunny

**Materials:** one sock, two sheets of construction paper, scissors

**Preparation:** Gather materials. Cut out three of each shape: triangles, squares, and circles.

**Instructions:**

1. Assist and modify as needed. Soft and fluffy rabbits enjoy eating out of the garden. Place the sock on your hand as a puppet.
2. Use your other hand to feed the rabbit a shape of your choice. Move your rabbit as if it is munching on veggies from the garden.
3. Assist your baby with placing a shape in the rabbit's mouth.



## Up, Down, and Around

by Katherine Ayres

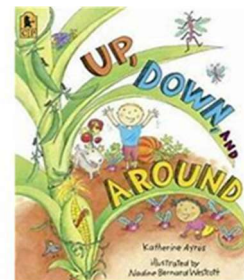
**Materials:** internet access, website:

<https://www.youtube.com/watch?v=IFUwZJVDifU>

**Preparation:** Preview video.

**Instructions:**

1. Listen to this read aloud book you're your baby.
2. Repeat names of objects to promote language development.



## Root Veggie

**Materials:** orange paint, green paint, paper, wipes

**Preparation:** Gather materials.

**Instructions:**

1. Assist and modify as needed. Gently paint the bottom of your baby's foot orange for the carrot.
2. Place your baby's foot on the paper.
3. Using the green paint, paint the green leafy part of the carrot on your baby's footprint near the baby's painted orange toes.

