Kids R Kids Learning Academy

2026 MENU November

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast: French Toast, Strawberries Lunch: Sweet and Sour Chicken (tofu), Fried Rice with Mixed Vegetables, Pineapple PM Snack: Applesauce, Graham Crackers	3 Breakfast: Banana Bread & Melon Lunch: Chicken (tofu) Quesadilla, Corn, & Oranges PM Snack: Graham Crackers & Blueberries	4 Breakfast: Pancakes, Peaches Lunch: Mixed Vegetable Soup with Chicken (Tofu), Strawberries and Corn Bread PM Snack: String cheese, Fresh Berries	5 Breakfast: Fruit & Grain Bars with Apples Lunch: Chicken (tofu) Cheese Caesar Wrap, Tater Tots, Mixed Fresh Fruit PM Snack: Pita Crackers and Melon	6 Breakfast: Fruit Bars & Bananas Lunch: Chicken (Impossible) Nachos with Seasoned Corn and Apples PM Snack: Rice Cakes and Blueberries
9 Breakfast: Waffles and Applesauce Lunch: Butter Chicken (tofu), Jasmine Rice, Carrots and Peas, Blueberries PM Snack: Animal Crackers and Oranges	10 Breakfast: Scrambled Eggs w/ Bell Peppers, Apples Lunch: Chicken (Bean) Tacos, Salsa, Corn, Peaches PM Snack: Orange Cranberry Bars, Blueberries	11 Breakfast: French Toast and Strawberries Lunch: Alfredo Pasta with Chicken (Tofu) Peas, Pineapple PM Snack: Bananas and Graham Crackers	12 Breakfast: Blueberry Oatmeal and Oranges Lunch: Turkey/Bacon/Cheese (tofu) Wraps with French Fries and Apples PM Snack: Goldfish & Melon	13 Breakfast: Whole Grain Cereal and Strawberries Lunch: Naan pizza w/ Turkey Pepperoni (veggie and cheese), Peas, Pineapple PM Snack: Chips (crackers), Salsa, Guacamole
16 Breakfast: English Muffins *Toast* w/ SunButter, Banana Lunch: Waffles, Turkey Sausage (Impossible), Applesauce, Hash Browns PM Snack: String Cheese and Berries	17 Breakfast: Cinnamon Overnight Oats and Oranges Lunch: Cheese Roll-Ups with Tater Tots and Blueberries PM Snack: Goldfish and Melon	18 Breakfast: Pancakes, Strawberries Lunch: Turkey (Impossible) Chili, Mixed Vegetables, & Peaches PM Snack: Sunbutter and Graham Crackers	19 Breakfast: Cereal and Bananas Lunch: Shredded Chicken (tofu)and Cheese Wraps, Spring Greens Salad *Corn*, Mixed Fresh Fruit PM Snack: Pita Crackers and Cheese	20 Breakfast: Yogurt, Blueberries, Granola Lunch: Cauliflower crust pizza w/ turkey pepperoni (cheese), baby carrots *steamed*, Watermelon PM Snack: Cucumbers, Pita Crackers, and Ranch
23 Breakfast: Toast , Peaches Lunch: Teriyaki Chicken (tofu), Fried Rice with Mixed Vegetables, Apples PM Snack: SunButter and Graham Crackers with Banana	24 Breakfast: Blueberry Overnight Oats and Oranges Lunch: Grilled Cheese & Tomato Soup, French Fries and Pineapple PM Snack: Goldfish, Melon	25 Breakfast:Fruit & Grain Bars with melon Thanksgiving Lunch: Turkey (tofu) Mashed Potatoes, Green Beans with Rolls and Gravy snack: Blueberries and Pretzels	26 CLOSED 	27 CLOSED 
30 Breakfast: French Toast and Mixed Berries Lunch: Butter Chicken (tofu), Jasmine Rice, Carrots and Peas, Bananas PM Snack: Cubes Cheese and Whole Wheat Crackers				

-Poultry products ONLY (no beef or pork)
-Breakfast and Lunch are served with Milk. Snack is served with Water
-Grains are Whole Wheat or Brown if not specified
-Vegetarian options are listed within ( )
-Substitutions for age-appropriate accommodations are listed within * *