

Monday

Tuesday

Wednesday

Thursday

Friday

-Breakfast and Lunch are served with Milk. Snack is served with Water
 -Grains are Whole Wheat or Brown if not specified
 -Vegetarian options are listed within ()
 -Substitutions for age-appropriate accommodations are listed within * *



<p>6 Breakfast: Toast w/ SunButter, Blueberries Lunch: Waffles, Turkey Sausage *tofu*, Applesauce, Hash Browns PM Snack: Whole Grain Crackers, Cheese Cubes</p>	<p>7 Breakfast: Zucchini Bread & Oranges Lunch: Chicken (tofu) Enchiladas, Corn, Mixed Berries PM Snack: Homemade Oatmeal Squares, Apples</p>	<p>8 Breakfast: Pancakes and Peaches Lunch: Red Sauce Penne w/ Parmesan Chicken (tofu) Salad *Green Beans*, Oranges PM Snack: Strawberries, Veggie Straws</p>	<p>9 Breakfast: Overnight Cinnamon Oats, Apples Lunch: Turkey (tofu) and cheese wraps, Spring Greens Salad *Carrots*, Mixed Fresh Fruit PM Snack: Soft Pretzel Bites and Sliced Peppers</p>	<p>10 Breakfast: Whole Grain Cereal, Strawberries Lunch: Flatbread pizza w/ Turkey Pepperoni (Cheese), Peas, Bananas PM Snack: Graham Crackers and Sunbutter</p>
<p>13 Breakfast: Waffles and Mixed Berries Lunch: Tikka Chicken (tofu), Jasmine Rice, Carrots and Peas, Pineapple PM Snack: Cubes Cheese and Animal Crackers</p>	<p>14 Breakfast: Cheesy Eggs, Oranges Lunch: Cheese Roll-up on Tortilla, Corn, Melon PM Snack: SunButter, Crackers and Bananas</p>	<p>15 Breakfast: French Toast, Strawberries Lunch: Sweet and Sour Chicken (tofu), Fried Rice with Mixed Vegetables, Pineapple PM Snack: Applesauce, Graham Crackers</p>	<p>16 Breakfast: Biscuit with Jelly, Melon Lunch: Chicken and Artichoke Wrap, Tater Tots, Mixed Fresh Fruit PM Snack: Pretzels *crackers*, Oranges, and a Fresh Fruit Smoothie</p>	<p>17 Breakfast: Yogurt with Granola and Blueberries Lunch: Naan pizza bites w/ Turkey Pepperoni (Cheese) Steamed Carrots and Apples PM Snack: Chips (crackers), Salsa, Guacamole</p>
<p>20 Breakfast: French Toast Sticks, Blueberries Lunch: Teriyaki Chicken (tofu), Fried Rice with Mixed Vegetables, Apples PM Snack: SunButter and Graham Crackers with Banana</p>	<p>21 Breakfast: Banana Bread & Strawberries Lunch: Chicken (tofu) Quesadilla, Corn, & Melon PM Snack: Pumpkin Bars & Blueberries</p>	<p>22 Breakfast: Pancakes, Peaches Lunch: Swedish Turkey (tofu) Meatballs over Pasta, Broccoli, Oranges PM Snack: String cheese, Fresh Berries</p>	<p>23 Breakfast: Banana Bread with Apples Lunch: Chicken (tofu) Cheese Caesar Wrap, Sweet Potato fries, Mixed Fresh Fruit PM Snack: Pita Crackers and Melon</p>	<p>24 Breakfast: Whole Grain Cereal and Strawberries Lunch: Naan pizza w/ Turkey Pepperoni (veggie and cheese), Peas, Pineapple PM Snack: Rice Cakes, Blueberries</p>
<p>27 Breakfast: Whole Grain Waffles and Blueberries Lunch: Alfredo Pasta, Chicken (Tofu) with Green Beans and Strawberries PM Snack: Animal Crackers and Oranges</p>	<p>28 Breakfast: Scrambled Eggs w/ Bell Peppers, Apples Lunch: Ground Turkey (Bean) and Cheese Quesadilla, Salsa, Corn, Peaches PM Snack: Orange Cranberry Bars, Applesauce</p>	<p>29 Breakfast: French Toast and Mixed Berries Lunch: Butter Chicken (tofu), Jasmine Rice, Carrots and Peas, Pineapple PM Snack: Cubes Cheese and Whole Wheat Crackers</p>	<p>30 Breakfast: Blueberry Overnight Oats and Oranges Lunch: Turkey/Bacon/Cheese (tofu) Wraps with French Fries and Apples PM Snack: Goldfish, Melon, and Fresh Fruit Smoothie</p>	<p>31 Breakfast: Yogurt, blueberries, granola Lunch: Cauliflower crust pizza w/ turkey pepperoni (cheese), baby carrots *steamed*, Watermelon PM Snack: Cucumbers, Pita Crackers, and Ranch</p>