



2026 MENU

May

Monday

Tuesday

Wednesday

Thursday

Friday

- Breakfast and Lunch are served with Milk. Snack is served with Water
- Grains are Whole Wheat or Brown if not specified
- Vegetarian options are listed within ()
- Substitutions for age-appropriate accommodations are listed within * *

1
Breakfast: Yogurt, Strawberries, Granola
Lunch: English Muffin pizza w/ turkey pepperoni (cheese), baby carrots *steamed*, Oranges
PM Snack: Veggie Straws and Bananas

4
Breakfast: Waffles and Applesauce
Lunch: Butter Chicken (tofu), Jasmine Rice, Carrots and Peas, Pineapple
PM Snack: String Cheese and Animal Crackers

5
Breakfast: Fruit and Grain Bars & Blueberries
Lunch: Chicken (tofu) Quesadilla, Corn, & Melon
PM Snack: Blueberry Muffins & Strawberries

6
Breakfast: English Muffins *Toast* w/ Jelly, Bananas
Lunch: BBQ Shredded Chicken (tofu) Sandwich, Salad *Corn* Melon
PM Snack: Pita Crackers, Fresh Berries

7
Breakfast: Zucchini Bread, Peaches
Lunch: Shredded Turkey (tofu) and Cheese Wraps, Tater Tots, Mixed Fresh Fruit
PM Snack: Rice Cakes and Pineapple

8
Breakfast: Yogurt, Berries, and Granola
Lunch: Naan pizza w/ Turkey Pepperoni (cheese), Peas, Orange Slices
PM Snack: Bananas and Graham Crackers

11
Breakfast: Cereal, Apples
Lunch: Turkey (impossible) Chili Mac, Peas, Pineapple
PM Snack: Rice Cakes and Oranges

12
Breakfast: Cheesy Eggs & Bananas
Lunch: Chicken (tofu) Quesadilla, Corn, & Melon
PM Snack: Blueberry Muffins & Strawberries

13
Breakfast: Overnight Oats, Peaches
Lunch: Waffles, Turkey Sausage (impossible), Applesauce, Potatoes
PM Snack: Pita Crackers, Cucumbers and Ranch

14
Breakfast: Toast with Jelly, Apples
Lunch: Chicken (Tofu) Roll-up with Spinach and Artichoke, French Fries, & Mixed Fresh Fruit
PM Snack: Animal Crackers and Cheese

15
Breakfast: Fruit & Grain Bars with Bananas
Lunch: Bagel crust pizza w/ Turkey Pepperoni (veggie and cheese), Mixed Vegetables, Pineapple
PM Snack: Goldfish, Melon

18
Breakfast: Whole Grain Cereal and Apples
Lunch: Grilled Cheese and Tomato Soup with Broccoli and Mixed Fruit
PM Snack: Whole Grain Crackers and Oranges

19
Breakfast: Zucchini Bread with Bananas
Lunch: Chicken (Impossible) Enchiladas, Corn, Pineapple
PM Snack: Homemade Oatmeal Squares, Blueberries

20
Breakfast: Pancakes and Oranges
Lunch: Chili w/Turkey (impossible) Corn Muffin, Salad *Green Beans*, Peaches
PM Snack: Carrots *Steamed/Diced* and Pita Chips with Tzatziki

21
Breakfast: Biscuits with Jelly, Oranges
Lunch: Chicken (tofu) Cheese Caesar Wrap, Sweet Potato fries, Mixed Fresh Fruit
PM Snack: Soft Pretzels and Sliced Peppers

22
Breakfast: Fruit & Grain Bar, Blueberries
Lunch: Naan pizza w/ Turkey Pepperoni (Cheese), Peas & Carrots, Melon
PM Snack: Chips, Salsa, and Guacamole

25
Breakfast: French Toast Sticks, Blueberries
Lunch: Teriyaki Chicken (tofu), Fried Rice with Mixed Vegetables, Apples
PM Snack: SunButter and Graham Crackers with Banana

26
Breakfast: Scrambled Eggs and Oranges
Lunch: Shredded Chicken and Cheese (cheese) Roll-up, Mixed Veggies, Blueberries
PM Snack: Banana Muffins and Strawberries

27
Breakfast: Cereal and Peaches
Lunch: Red Sauce Penne w/ Parmesan Chicken (tofu) Salad *Green Beans*, Oranges
PM Snack: Bananas, Animal Crackers

28
Breakfast: Fruit & Grain Bars, Pineapple
Lunch: Chicken Bacon Ranch Wraps (impossible), Broccoli, Apples
PM Snack: Cheese Cubes, Fresh Berries

29
Breakfast: Yogurt, Blueberries, Granola
Lunch: Cauliflower Crust Pizza w/ Turkey Pepperoni (cheese), Baby Carrots *steamed*, Watermelon
PM Snack: Cucumbers, Pita Crackers, and Ranch