



Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast: Cheesy Spinach Eggs, Banana Lunch: Homemade Chicken Tacos (Veggie) on Tortilla, Corn, Strawberries PM Snack: Cranberry Orange Muffin, Applesauce	Breakfast: Pancakes, Strawberries Lunch: Tikka Chicken, Rice, Roasted Broccoli, Oranges PM Snack: Cheese stick, Fresh Berries	Breakfast: Whole Grain Cereal and Oranges Lunch: Turkey/Bacon/Cheese (tofu) Wraps with French Fries and Apples PM Snack: Bell Peppers w/tzatziki and Pita Crackers	Breakfast: Yogurt, blueberries, granola Lunch: Cauliflower crust pizza w/ turkey pepperoni (cheese), baby carrots *steamed*, Watermelon PM Snack: Cucumbers, Crackers, and Hummus
Breakfast: Whole English Muffins *Toast* w/ Jelly, Bananas Lunch: Vegetable and Lentil Soup, Grilled Chicken (tofu), Melon PM Snack: Pita Crackers, Fresh Berries	Breakfast: Scrambled Eggs w/ Cheddar Cheese, Oranges Lunch: Chicken (tofu) Enchiladas, Corn, Peaches PM Snack: Homemade Oatmeal Squares, Apples	Breakfast: French Toast, Strawberries Lunch: Sweet and Sour Chicken (tofu), Fried rice, Sliced Carrots, Pineapple PM Snack: Applesauce, Graham Crackers	Breakfast: Biscuit sandwich (turkey sausage/cheese), Melon Lunch: Chicken and Hummus Wrap, Tater Tots, Mixed Fresh Fruit PM Snack: Pretzels *crackers* and Oranges	Breakfast: Whole Grain Cereal and Blueberries Lunch: Naan pizza bites w/ Turkey Pepperoni (Cheese) Steamed Carrots and Pineapple PM Snack: Chips (crackers), Salsa, Guacamole
Breakfast: Fruit and Grain Bars, Apples Lunch: Chicken (Tofu) Noodle and Vegetable Soup, Watermelon PM Snack: Caramel Rice Cakes, Blueberries	Breakfast: Cheesy Eggs & Blueberries Lunch: Chicken (tofu) Quesadilla, Corn, & Melon PM Snack: Blueberry Muffins & Strawberries	Breakfast: Waffles and Applesauce Lunch: Butter Chicken (tofu), Jasmine Rice, Carrots and Peas, Pineapple PM Snack: Cubes Cheese and Animal Crackers	Breakfast: Overnight Cinnamon Oats, Peaches Lunch: Shredded Turkey (tofu)and cheese wraps, Spring Greens Salad *Corn*, Mixed Fresh Fruit PM Snack: Pita Crackers and Pineapple	School Closed
Breakfast: English Muffins *Toast* w/ SunButter, Banana Lunch: Waffles, Turkey Sausage *tofu*, Applesauce, Home fries PM Snack: Whole Grain Crackers, Cheese Cubes	Breakfast: Cheesy eggs, Pears Lunch: Cheese Roll-up on Tortilla, Corn, Blueberries PM Snack: Chocolate Chip Muffins and Bananas	Breakfast: Waffles and Peaches Lunch: Red Sauce Penne w/ Turkey Meatballs (beyond burger), Salad *Green Beans*, Oranges PM Snack: Strawberries, Veggie Straws	Breakfast: Biscuit 24 Sandwich w/Turkey sausage (beyond) & Cheese, Oranges Lunch: Chicken (tofu) Cheese Caesar Wrap, Sweet Potato fries, Mixed Fresh Fruit PM Snack: Soft Pretzel Bites and Sliced Peppers	Breakfast: Whole Grain Cereal, Strawberries Lunch: Flatbread pizza w/ Turkey Pepperoni (Cheese), Peas, Bananas PM Snack: Graham Crackers and Sunbutter
Breakfast: Whole Grain Waffles and Blueberries Lunch: Alfredo Pasta with Broccoli and	Breakfast: Scrambled Eggs w/ bell peppers, Apples Lunch: Ground Turkey (Bean) and Cheese	Breakfast: Pancakes, strawberries Lunch: Swedish Turkey (tofu) Meatballs over	-Breakfast and Lunch are served with Milk. Snack is served with Water -Grains are Whole Wheat or Brown if not specified	

Pasta, Green Beans,

Oranges

PM Snack: Cheese Cubes,

Fresh Berries

-Vegetarian options are listed within ()

-Substitutions for age-appropriate

accommodations are listed within * *

Quesadilla, Salsa, Corn,

Blueberries

PM Snack: Orange

Cranberry muffins,

Applesauce

Strawberries

PM Snack: Veggie

Straws and Oranges