

5 YEAR OLD

Week

14

Smart Activities



SMART CHOICE. SMARTER CHILD.®

All About Fireworks

Materials: internet access, website:

<https://youtu.be/6VOgeHG7TWk>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "Where were fireworks invented?" "What are the three different ways the fuel and oxidizers are used?"



Daniel's First Fireworks

by Becky Friedman

Materials: internet access, website:

<https://youtu.be/ZpWet4DFMRE>

Preparation: Preview video.

Instructions:

1. Enjoy this story about Daniel's first experience watching fireworks.
2. Ask questions about the story, ex: "Why didn't Margaret like fireflies?" "What did Daniel and Margaret do as they watched fireworks for the first time?"



Fireworks

Materials: food coloring (4 colors), fork, mason jar, small bowl, tablespoon, warm water, vegetable oil

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you to make fireworks in a jar.
2. Together, fill a mason jar $\frac{3}{4}$ full of warm water.
3. Then, in a small bowl add 4 tablespoons oil and 4 drops of each food coloring. Let your child use a fork to slowly mix.
4. Lastly, slowly pour the food coloring and oil mixture on top of the water. Watch!



Blastoff!

Preparation: Find or create an open area.

Instructions:

1. Encourage your child to join you.
2. Say, "Let's pretend we are fireworks blasting off in the sky."
3. **Firework Exercise:** Squat down to touch the ground between your feet and then jump up into the air reaching your arms straight over your head like a rocket. Then Yell, "BOOM!"



American Flag Facts

Materials: internet access, website:

<https://youtu.be/Xc1tasiKf0w>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "How many stars are on the flag?" "What do the stars represent?"



Apple Pie 4th of July

by Janet S. Wong

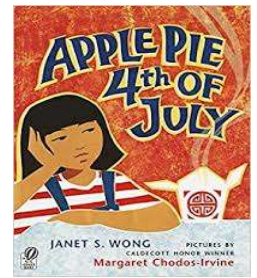
Materials: internet access, website:

<https://youtu.be/69ywP6y3gM0>

Preparation: Preview video.

Instructions:

1. Enjoy this story about a young girl's experience on the fourth of July.
2. Ask questions about the story, ex: "What was the only day the restaurant was closed?" "At what time did people start coming into the store to buy food?"



Red, White, and Blue Painting

Materials: paint (red, blue), shaving cream (child safe), tray

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you to paint in the shaving cream.
2. Spray shaving cream on tray and add a few drops of each color spaced out.
3. Allow your child to manipulate the paint with his/her fingers or a paintbrush. Then if colors mix, talk about the new color.



Running Flag

Materials: red (7) and white (6) streamers, blue paper

Preparation: Gather materials. Find an area safe for running and set the blue paper down.

Instructions:

1. Encourage your child to join you.
2. Say, "Let's build the flag by running." Remind your child that there are 13 strips alternating red/white. Show him/her the blue paper.
3. Have your child take one streamer, run to designated area, lay it down flat to make a stripe, and continue until the flag is finished.



Firework Fun Facts

Materials: internet access, website:

<https://youtu.be/K3Xoy7BOM98>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "Why did the Chinese use fireworks?" "When did the Italians realize you can change colors of fireworks?"



Red, White, and Boom!

by Lee Wardlaw

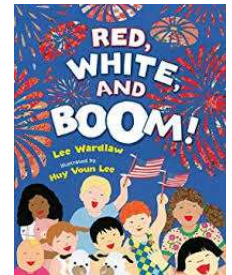
Materials: internet access, website:

<https://youtu.be/VzMp4wjAqTo>

Preparation: Preview video.

Instructions:

1. Enjoy this story about what happens on the Fourth of July.
2. Ask questions about the story, ex: "What time did the fireworks begin?" "What foods were people eating in the story?"



Popsicle Flag

Materials: glue, paint (blue, red, white), paintbrush, popsicle sticks

Preparation: Prepare your workspace and gather materials.

Instructions:

1. Say, "We are going to make the American flag out of popsicle sticks."
2. Discuss the American flag with your child.
3. Encourage your child to glue sticks together and paint the details of the American flag on the sticks.



Star Jumps

Preparations: Create or find an open area.

Instructions:

1. Encourage your child to join you.
2. Say, "Let's do star jumps. Remember, there are 50 stars on the flag. Let's see if we can do it 50 times!"

Star Jump: stand tall with your arms by your side and knees slightly bent. Jump up, extending your arms and legs out into a star shape in the air. Land with your knees together and hands by your side.



History About the 4th of July

Materials: internet access, website:

https://youtu.be/EkGPr_n4yw4

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "When was the Declaration of Independence written?" "How many people were designated to write it?" "What was the name of the war between Britain and America?"



The American Flag

by Tyler Monroe

Materials: internet access, website:

<https://youtu.be/E5Uk089Radg>

Preparation: Preview video.

Instructions:

1. Enjoy this story about the American flag.
2. Ask questions about the story, ex: "Where are some places the American flag flies?" "What did Congress pass in 1777?"



Flag Story

Materials: crayons, markers, paper, pencil

Preparation: Gather materials.

Instructions:

1. Say, "We are going to write a story about the American Flag."
2. Discuss facts that your child has learned about the American Flag.
3. Encourage your child to write a story about the flag and do an illustration.
4. Encourage your child to read his/her story to you.



Stars and Stripes Bowling

Materials: soda bottles (i.e. cans, water bottles), balls (i.e. tennis ball, baseball, etc.)

Preparation: Gather materials and decorate the bottles (if desired). Set up pins.

Instructions:

1. Encourage your child to join you.
2. Say, "Let's do some bowling."
3. Take turns knocking down and setting up the pins. Change up the distance to make it more challenging.



Virtual Field Trip: Flag Company

Materials: internet access, website:
<https://youtu.be/S8J4i8H00SU>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "How many stripes are there on the American flag?" "Which color stripe goes first?" "What is the pattern?"



Red, White, and Katie Woo

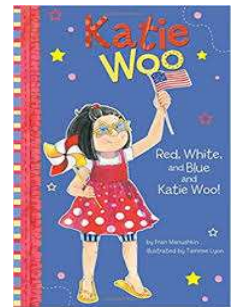
by Fran Manushkin

Materials: internet access, website:
<https://youtu.be/dMRv2T9IRp4>

Preparation: Preview video.

Instructions:

1. Enjoy this story about the fourth of July.
2. Ask questions about the story, ex: "Why did the hotdogs look lonely?" "What games did Katie and her friends play in her yard?"



Paper Flag

Materials: paper, markers, paint or crayons (red, blue), glue, unsharpened pencil or dowel, scissors

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you to make a flag.
2. Show him/her a picture of the American flag. Say we are going to make a flag.
3. Have your child cut out 16 strips of paper and paint/color 7 red and 3 blue.
4. Now, have him/her take some glue and wrap the strips starting with the 3 blue on the sticks and alternating red/white. Allow to dry.



Hamburger Workout

Materials: internet access, website:
https://youtu.be/L_A_HjHZxfI

Preparations: Create or find an open area.

Instructions:

1. Encourage your child to join you.
2. Say, "We are going to do a workout!"
3. Play the video and try to complete the routine.
4. Enjoy sweating and working off the hamburger!

