

KIDS R KIDS MENU

Week of September 21st -25th

BREAKFAST

- MON** - Kix, Pears and Milk
- TUES** - WG Egg & Cheese Croissants* and Milk
- WED** - WG Oatmeal!, Bananas and Milk
- THU** - WG French Toast Sticks with Syrup, Applesauce and Milk
- FRI** - Homemade Banana Muffins, Peaches and Milk

LUNCH

- MON** - WG Chicken Spinach Parmesan & Rice*, Broccoli!, Apples (Applesauce Under 2) and Milk
- TUES** - Fish Sticks^*, WG Wheat Thins (Ritz Crackers Under 2), Diced Carrots!, Peaches and Milk
- WED** - WG Turkey & Cheese Sliders*, Cauliflower!, Pineapple Tidbits and Milk
- THU** - Greek Chicken Pasta Salad*, Roasted Zucchini, Bananas and Milk
- FRI** - WG Tofu Tacos*, Corn!, Pears and Milk

SNACKS

- MON** - Cheez-its* and Juice (Strawberry Yogurt* CH 2 & 3)
- TUES** - Vanilla Wafers*, Bananas and Water
- WED** *** **National White Chocolate Day*****
Graham Crackers, White Chocolate Mousse* and Water
- THU** - Cottage Cheese*, Apple Wedges (Applesauce Under 2) and Water
- FRI** - Cheese Cubes*, Pretzels (Ritz Crackers Under3) and Water

NO PEANUTS OR NUT PRODUCTS ALLOWED IN THE SCHOOL!!!

ALL CEREALS ARE MULTI GRAINS, ONLY WHEAT BREAD AND BROWN RICE IS SERVED

FRUIT JUICE IS 100% JUICE NO SUGAR ADDED.

WE DO NOT SERVE PORK. THE MAJORITY OF OUR DISHES CONTAIN CHICKEN OR TURKEY. IF ANOTHER PRODUCT IS USED IT WILL BE MARKED USING THE KEY BELOW

KEY

CONTAINS FISH ^

CONTAINS DAIRY *

CONTAINS BUTTER ONLY!

CONTAINS BEEF #

WHOLE GRAIN - WG