

KIDS R KIDS MENU

Week of September 16th-20th

BREAKFAST

- MON** - WG Chex Cereal, Pears and Milk
- TUES** - Chicken and Waffles*, Applesauce and Milk
- WED** - WG Oatmeal!, Bananas and Milk
- THU** - WG Blueberry Muffins*, Peaches and Milk
- FRI** - WG Toast!, Hard-boiled Eggs, Pineapple Tidbits and Milk

LUNCH

- MON** - Sesame Chicken Noodle, Peas and Carrots!, Apples (Under 2 Applesauce) and Milk
- TUES** - WG Turkey Bean & Cheese Burritos*, Corn!, Peaches and Milk
- WED** - Tuna Patties^, WG Crackers, Cauliflower!, Pears and Milk
- THU** - Cheesy Turkey Potato Casserole*, Mixed Vegetables!, Bananas and Milk
- FRI** - Spinach & Cheese Tortellini*, Salad (Lima Beans! Under 2), Mandarin Oranges and Milk

SNACKS

- MON** - Trail Mix* and Juice
- TUES** - Animal Crackers, Bananas and Water
- WED** - Pretzels (Fig Newtons Under 3), Apple Wedges (Under 2 Applesauce) and Water
- THU** *** **National Butterscotch Pudding Day*****
- Butterscotch Pudding*, Vanilla Wafers* and Water
- FRI** - Cheese Cubes*, Celery (Pears Under 2) and Water

NO PEANUTS OR NUT PRODUCTS ALLOWED IN THE SCHOOL!!!

ALL CEREALS ARE MULTI GRAINS. ONLY WHEAT BREAD AND BROWN RICE IS SERVED
FRUIT JUICE IS 100% JUICE NO SUGAR ADDED.

WE DO NOT SERVE PORK. THE MAJORITY OF OUR DISHES CONTAIN CHICKEN OR TURKEY. IF ANOTHER PRODUCT IS USED IT WILL BE
MARKED USING THE KEY BELOW

KEY

CONTAINS FISH ^
CONTAINS DAIRY *
CONTAINS BUTTER ONLY!
CONTAINS BEEF #
WHOLE GRAIN - WG