

PRESCHOOL

Week

39

Smart Activities



SMART CHOICE. SMARTER CHILD.®

The Letter Y Song

Materials: internet access, website:

<https://youtu.be/bZC3a6GnwTo>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Encourage your child to dance and sing along with the video.
3. After the video, ask him/her to name some "Y" words.



The Mitten Tree

by Candace Christiansen

Materials: internet access, website:

<https://youtu.be/0EODSI1vGOA>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What did Sarah notice about the little boy at the bus stop?" "What did Sarah begin to do for the children?" "What was waiting for her at her door?"
3. Also discuss kindness and giving with your child.



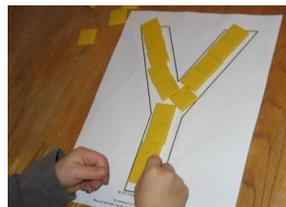
Writing "Y" with Pasta

Materials: paper, glue, marker, pasta (any type), glue stick

Preparation: Draw the letter Y in a block letter or print from the internet.

Instructions:

1. Give your child the paper with the letter "Y" on it.
2. Encourage him/her to identify the letter and then glue down the pasta inside the letter "Y".
3. Ask your child to name the different things that start with "Y", ex: "Yak", "Yes" and "Yellow" (like the pasta).



Mitten Movement Up and Down

Materials: mittens (or mitten cutouts), contact paper, painters' tape

Preparation: Locate a safe, open area. Tape two pieces of contact paper (sticky side out) one above the other on a wall. Create a starting point.

Instructions:

1. Show your child the mittens.
2. Say, "I am going to tell you where to place the mittens by saying 'up' or 'down.' Your job is to run there, place the mitten correctly, and then run back."



My "Y" Book

Materials: pencil, paper, crayons, internet access, website:

<https://youtu.be/4TI8jyYMkt4>

Preparation: Preview video. Write the letter "y" on the paper.

Instructions:

1. Have your child listen to the video with you.
2. Repeat the "y" words together.
3. After listening, encourage your child to write the letter "y" and draw items that begin with the letter "y."



I Can

by Kim Mitzo Thompson & Karen Mitzo Hilderbrand

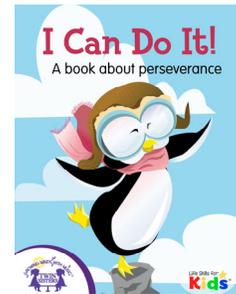
Materials: internet access, website:

<https://youtu.be/MSXOJ02mmU4>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Talk about the word "perseverance" and say it together.
3. Discuss things your child can do and how he/she uses perseverance.



Y Flour Writing

Materials: sealable plastic container, flour, unsharpened pencil (optional), paper

Preparation: Write your child's name on the paper and the letter "Yy."

Instructions:

1. Show your child the paper with the letter "Yy" and his/her name.
2. Encourage your child to use his/her finger or the pencil to write the letter "Yy" and his/her name in the flour.



Bean Bag Perseverance

Materials: painters' tape, rolled-up socks

Preparation: Locate a safe, open area. Tape 2 lines on the floor or carpet. Add a basket (optional).

Instructions:

1. Have your child stand at one of the lines. Give him/her the rolled-up socks.
2. Remind your child to use perseverance.
3. Encourage your child to try to get the socks to the other line in different ways by using different body muscles: throw with his/her hands, place on the top of his/her hand and toss it to the line, place it on top of his/her foot and kick across the line, etc.



Find the Missing Mitten

Materials: Matching and Missing Mittens template (*Save for an activity later in the week.*)

Preparation: Print template and cut apart. Take one of each color of mittens and hide around the room.

Instructions:

1. Show your child the mittens, and say, "Oh, dear we are missing some mittens. Can you find them?"
2. Encourage your child to look around and locate the missing mittens.



Missing Mittens

by Stuart J. Murphy

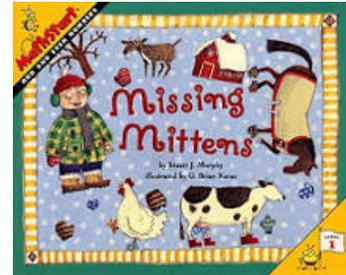
Materials: internet access, website:

<https://youtu.be/vuGj6-qlo5c>

Preparation: Preview video.

Instructions:

1. Have your child listen to the book with you and encourage him/her to count along.
2. Then ask questions, ex: "Where were the missing mittens?" "What did the mittens do for the animals?"



Sticky Tissue Mittens

Materials: contact paper, tissue paper (variety of colors), marker, painters' tape, scissors

Preparation: Draw a pair of mittens on the contact paper and flip it over to the sticky side up. Tape down on the table. Cut small squares of tissue paper.

Instructions:

1. Give your child the tissue paper and encourage him/her to cover the mitten with the tissue paper squares.
2. Turn it over to see the finished artwork.
3. Display in an area of your home where everyone can see.



Winter Mittens Song

Materials: mittens or socks (different colors), internet access, website:

https://youtu.be/2Gz9YsL_qJk

Preparation: Preview video to learn the colors needed.

Instructions:

1. Say, "We are going to dance, sing, and move with the song. Here are the colors we will see in the song. Pick up the correct color when it is said."
2. Encourage your child to follow the instructions clapping, stomping, etc.



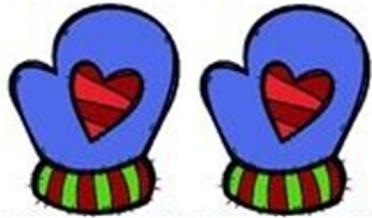
Can You Match the Mittens?

Materials: Matching and Missing Mittens template (from earlier in the week), paper, scissors

Preparation: Gather materials.

Instructions:

1. Show your child the mittens.
2. Mix them up and place them in random order.
3. Encourage your child to match up the mittens.



One Mitten

by Kristen O'Connell George

Materials: internet access, website:

<https://youtu.be/N1mjtoKT4DY>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Then, discuss what one mitten can do. Ask your child questions, ex: "Where was the other mitten?" "What can the girl do with 2 mittens?"



Lacing Mitten

Materials: Mitten template, yarn, cardstock, scissors, single hole punch

Preparation: Print template. Cut out the mitten, and using the hole punch, make holes going all the way around the mitten. Cut yarn long enough to go through each hole and tie one end to the mitten.

Instructions:

1. Show your child the mitten.
2. Encourage your child to take the yarn and thread it in and out of the holes.



Zigzag Mittens

Materials: painters' tape, mittens

Preparation: Locate a safe, open area. Make various zig-zag patterns on the floor with your tape. Place a mitten at the beginning and the end.

Instructions:

1. Show your child the zigzag patterns.
2. Say, "We are going to walk on the tape following the patterns. You need to pick up the mitten at the beginning and its mate at the end."
3. Continue as long as interest remains.



The Mitten

by Jan Brett

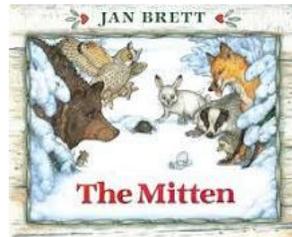
Materials: internet access, website:

<https://youtu.be/d3rRWzdHv5M>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child.
2. Ask related questions, ex: "What did his Baba make for him?" "What color were the mittens and why didn't she want to make them that color?" "What happened to the mitten?" "Can you name the different animals in the mitten?"



Mitten Stuff

Materials: Mitten Stuff template, scissors, mitten, small rocks, glue

Preparation: Print template and cut apart. Locate a mitten and glue animals on small rocks.

Instructions:

1. Show your child the mitten and the animals on the rocks. Ask him/her about the story you just listened to called *The Mitten*.
2. Encourage your child to stuff the mitten with the animals on the rocks. Ask him/her to describe what is happening to the mitten.



Mitten Counting to 5

Materials: Mitten Counting template, scissors

Preparation: Print template. Cut out pictures.

Instructions:

1. Have your child count the mittens in each picture.
2. Once finished, encourage him/her to match up the pictures 1-1, 2-2, etc. until all are matched.



Mitten Skating

Materials: paper plates or wax paper, age-appropriate and upbeat music, mittens

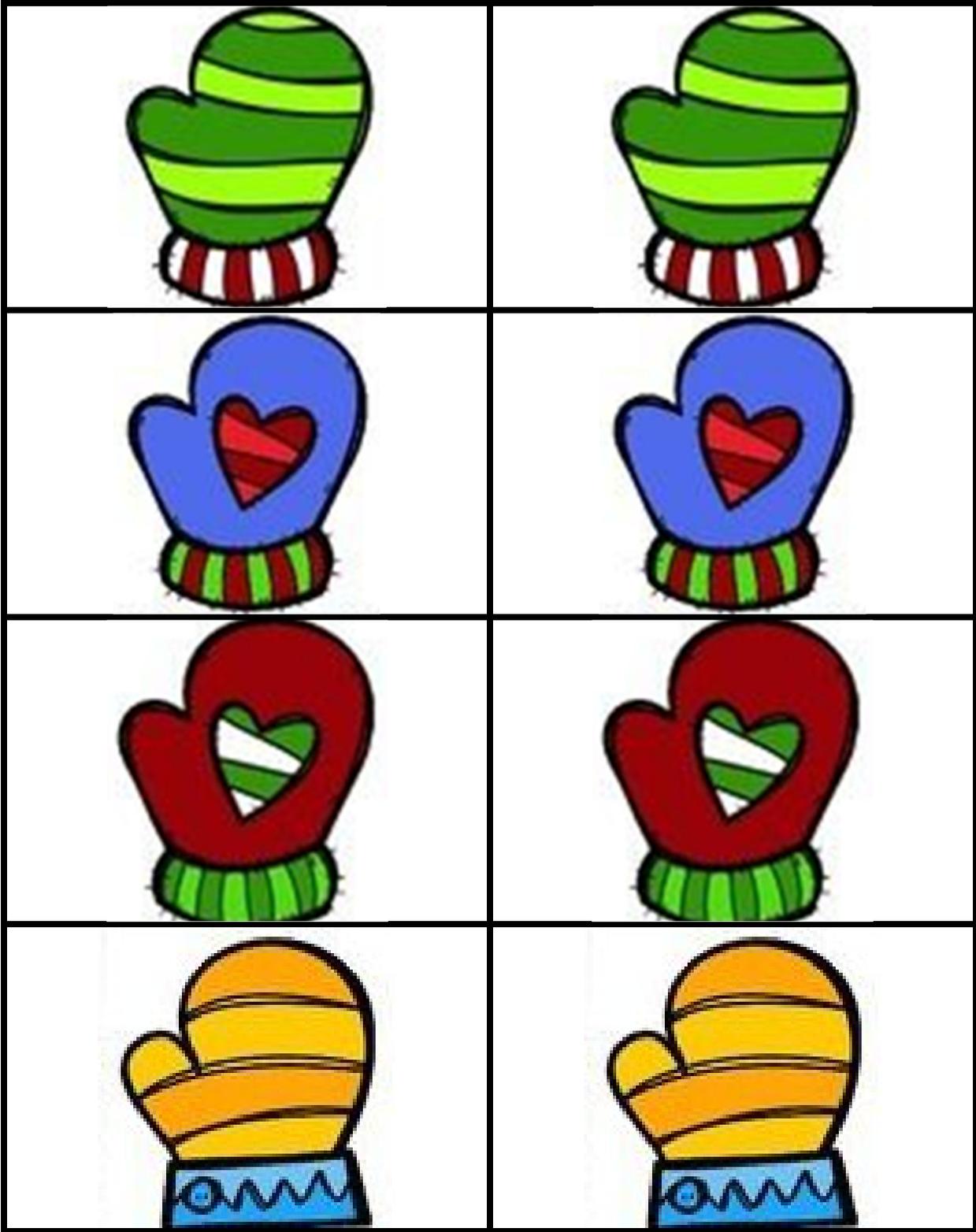
Preparation: Locate a safe, open area to skate.

Instructions:

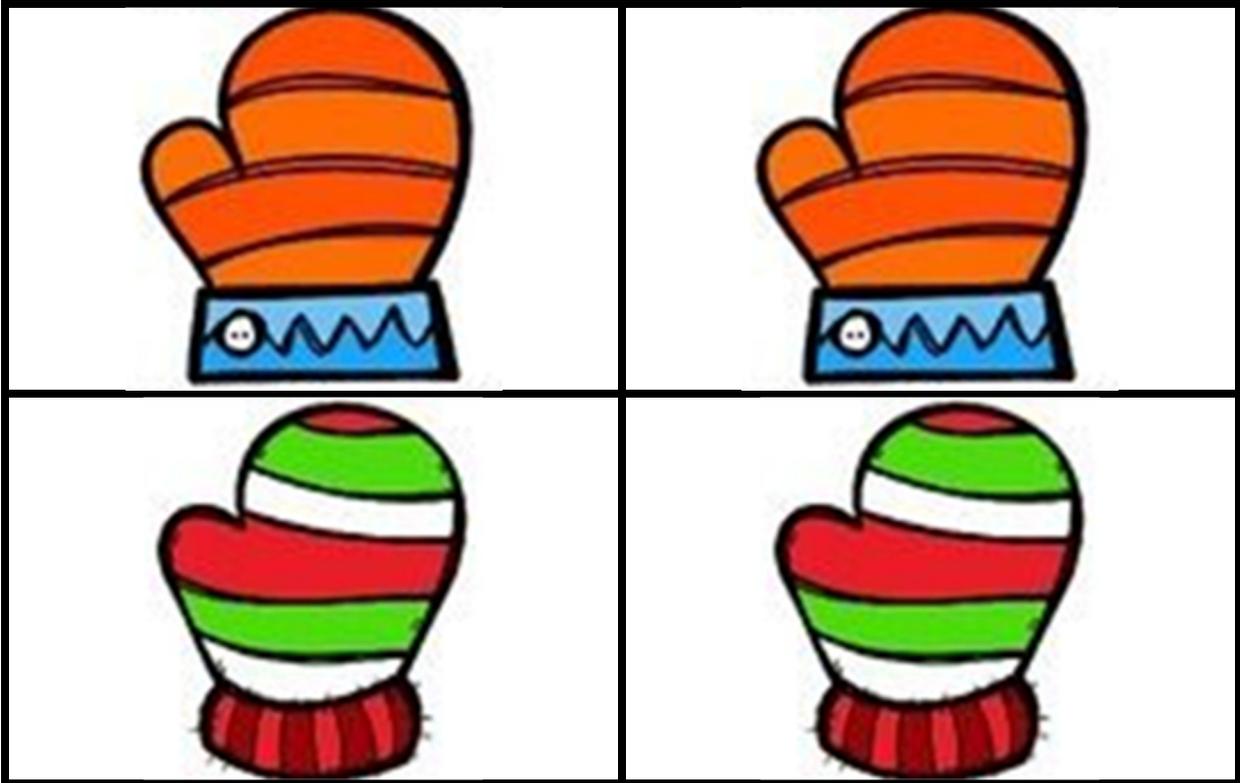
1. Say, "We are going to skate with our mittens on."
2. Encourage your child to put on mittens and place his/her feet on the plates.
3. Add some fun music and skate.



Matching and Missing Mittens Template

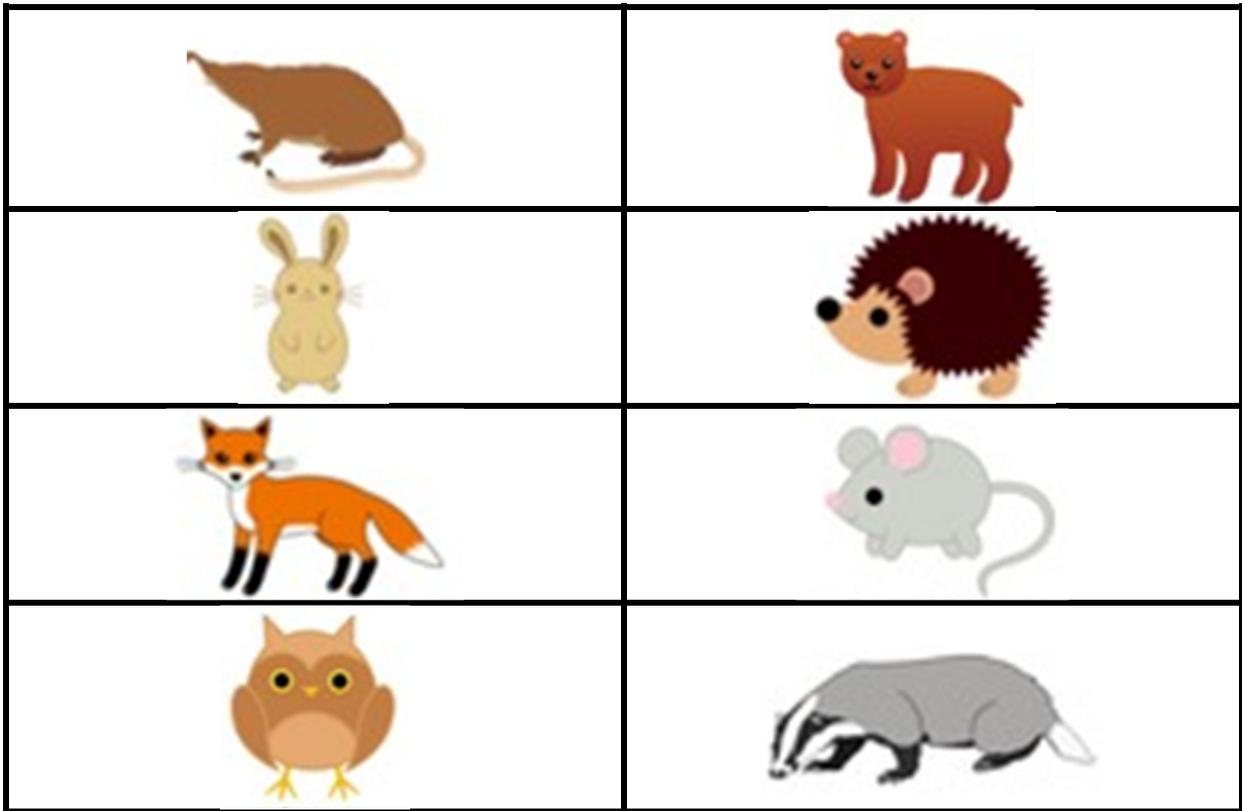


Matching and Missing Mittens Template



Mitten Stuff Template

Find a mitten, cut out the pictures, maybe even glue them on rocks. Encourage your child to stuff the mitten and talk about how the mitten stretches. Count the animals, retell the story, and just have fun conversations.



Mitten Counting Template

