

# MENU

# September

Week 1	2	3	4	5	6
Breakfast	Banana Pancakes & Fruit	Eggs, Toast & Fruit	Waffles & Fruit	Yogurt, Granola & Fruit	Biscuit, Sausage & Fruit
Lunch	Beef Taquito, Rice, Carrots & Fruit	BBQ Chicken, Mashed Potatoes, & Fruit	Meatball, Rice, Corn & Fruit	Pulled Pork BBQ Sandwich, Veggies & Fruit	Eggplant Marinara Spaghetti, Veggies & Fruit
<i>Vegetarian</i>	Cheese Taquito	BBQ Jackfruit	Lentil Meatballs	BBQ Jackfruit	****
Snack PM	Ritz Crackers & Cheese	Corn Bread	Oatmeal Cookie	Pretzels	Granola Bar
Week 2	9	10	11	12	13
Breakfast		Sweet Potato Waffles & Fruit	Eggs, Toast & Fruit	Yogurt, Granola & Fruit	Pancakes & Fruit
Lunch	<b>CLOSED</b>	Chicken & Rice Casserole, Carrots & Fruit	Bean & Cheese Burrito, Corn & Fruit	Seasoned Beef, Rice, Broccoli & Fruit	Chicken Enchiladas, Veggies & Fruit
<i>Vegetarian</i>		Veggie Casserole	****	Beans	Cheese Enchiladas
Snack PM		Banana Bread	Cereal Bar	Applesauce	Berry Muffins
Week 3	16	17	18	19	20
Breakfast	Biscuit, Turkey Sausage & Fruit	Yogurt Pancakes & Fruit	Eggs, Toast & Fruit	Cereal & Fruit	Waffles & Fruit
Lunch	Mac N Cheese, Broccoli & Fruit	Hamburger, Potato Wedges & Fruit	Bean & Cheese Burrito, Corn & Fruit	Pulled Pork BBQ Sandwich, Green Beans & Fruit	Beef Taquito, Rice, Carrots & Fruit
<i>Vegetarian</i>	****	Veggie Patty	****	Grilled Cheese	Cheese Taquito
Snack PM	Cheese Its	Rice Crispy Treat	Yogurt & Granola	Banana Bread	Granola Bar
Week 4	23	24	25	26	27
Breakfast	Eggs, Toast & Fruit	Pancake & Fruit	Biscuit, Sausage & Fruit	Yogurt, Granola & Fruit	Ricotta Waffle & Fruit
Lunch	Bean & Cheese Burrito, Corn & Fruit	Turkey Meatballs, Rice, Veggies & Fruit	Pasta Marinara, Green Beans & Fruit	Chicken & Rice Casserole, Carrots & Fruit	Hamburger, Potato Wedges & Fruit
<i>Vegetarian</i>	****	Lentil Patties	****	Veggie Casserole	Lentil Burger
Snack PM	Yogurt & Granola	Berry Muffins	Applesauce	Strawberry Tart	Corn Bread
Week 5	30	1	2	3	4
Breakfast	Eggs, Toast & Fruit	Biscuit, Sausage & Fruit	Waffles & Fruit	Yogurt, Granola & Fruit	Banana Pancakes & Fruit
Lunch	Seasoned Beef, Rice, Broccoli & Fruit	Mac N Cheese, Broccoli & Fruit	Meatball, Rice, Corn & Fruit	Pulled Pork BBQ Sandwich, Veggies & Fruit	Bean & Cheese Burrito, Corn & Fruit
<i>Vegetarian</i>	Beans	****	Lentil Meatballs	BBQ Jackfruit	****
Snack PM	Berry Muffins	Ritz Crackers & Cheese	Oatmeal Cookie	Banana Pudding	Pretzels