

# MENU

# April

| Week 1            | 1  | 2  | 3  | 4  | 5  |
|-------------------|--|--|--|--|--|
| Breakfast         | <b>Biscuit, Sausage &amp; Fruit</b>            | <b>Eggs, Toast &amp; Fruit</b>                           | <b>Pancakes &amp; Fruit</b>                        | <b>Cereal &amp; Fruit</b>                                | <b>Waffles &amp; Fruit</b>                     |
| Lunch             | <b>Mac N Cheese, Broccoli &amp; Fruit</b>      | <b>Bean &amp; Cheese Burrito, Corn &amp; Fruit</b>       | <b>Meatloaf, Rice, Peas &amp; Fruit</b>            | <b>Pulled Pork BBQ Sandwich, Green Beans &amp; Fruit</b> | <b>Chicken Quesadilla, Carrots &amp; Fruit</b> |
| <i>Vegetarian</i> | ****   | ****   | <b>Lentil Loaf</b>                                 | <b>Grilled Cheese</b>                                    | <b>Cheese Quesadilla</b>                       |
| Snack PM          | <b>Cheese Its</b>                              | <b>Applesauce</b>  | <b>Rice Crispy Treat</b>                           | <b>Banana Bread</b>                                      | <b>Ritz Crackers &amp; Cheese</b>              |
| Week 2            | 8  | 9  | 10   | 11   | 12   |
| Breakfast         | <b>Pancakes &amp; Fruit</b>                    | <b>Eggs, Toast &amp; Fruit</b>                           | <b>Biscuit, Sausage &amp; Fruit</b>                | <b>Yogurt, Granola &amp; Fruit</b>                       | <b>Waffle &amp; Fruit</b>                      |
| Lunch             | <b>Chicken &amp; Rice, Carrots &amp; Fruit</b> | <b>Turkey Meatballs, Rice, Veggies &amp; Fruit</b>       | <b>Pasta Marinara, Green Beans &amp; Fruit</b>     | <b>Bean &amp; Cheese Burrito, Corn &amp; Fruit</b>       | <b>Hamburger, Potato Wedges &amp; Fruit</b>    |
| <i>Vegetarian</i> | <b>Veggie Casserole</b>                        | <b>Lentil Patties</b>                                    | ****   |  | <b>Lentil Burger</b>                           |
| Snack PM          | <b>Yogurt &amp; Granola</b>                    | <b>Berry Muffins</b>                                     | <b>Pretzels &amp; Cream Cheese</b>                 | <b>Strawberry Tart</b>                                   | <b>Granola Bar</b>                             |
| Week 3            | 15   | 16   | 17   | 18   | 19   |
| Breakfast         | <b>Banana Pancakes &amp; Fruit</b>             | <b>Eggs, Toast &amp; Fruit</b>                           | <b>Sweet Potato Waffles &amp; Fruit</b>            | <b>Yogurt, Granola &amp; Fruit</b>                       | <b>Biscuit, Turkey Sausage &amp; Fruit</b>     |
| Lunch             | <b>Beef Taquito, Rice, Carrots &amp; Fruit</b> | <b>Tomato Soup, Grilled Cheese, &amp; Fruit</b>          | <b>Meatball Sub, Corn &amp; Fruit</b>              | <b>BBQ Pork, Rice, Veggies &amp; Fruit</b>               | <b>Creamy Pasta, Broccoli &amp; Fruit</b>      |
| <i>Vegetarian</i> | <b>Cheese Taquito</b>                          | ****   | <b>Lentil Meatballs</b>                            | <b>BBQ Jackfruit</b>                                     | ****   |
| Snack PM          | <b>Ritz Crackers &amp; Cheese</b>              | <b>Yogurt &amp; Granola</b>                              | <b>Pretzels</b>                                    | <b>Oatmeal Cookie</b>                                    | <b>Corn Bread</b>                              |
| Week 4            | 22   | 23   | 24   | 25   | 26   |
| Breakfast         | <b>Biscuit, Turkey Sausage &amp; Fruit</b>     | <b>Waffles &amp; Fruit</b>                               | <b>Eggs, Toast &amp; Fruit</b>                     | <b>Yogurt, Granola &amp; Fruit</b>                       | <b>Pancakes &amp; Fruit</b>                    |
| Lunch             | <b>Eggplant Pasta, Veggies &amp; Fruit</b>     | <b>Chicken &amp; Rice Casserole, Carrots &amp; Fruit</b> | <b>Bean &amp; Cheese Burrito, Corn &amp; Fruit</b> | <b>Seasoned Beef, Rice, Broccoli &amp; Fruit</b>         | <b>Chicken Enchiladas, Veggies &amp; Fruit</b> |
| <i>Vegetarian</i> | ****   | <b>Veggie Casserole</b>                                  | ****   | <b>Beans</b>   | <b>Cheese Enchiladas</b>                       |
| Snack PM          | <b>Ritz Crackers &amp; Cheese</b>              | <b>Cereal Bar</b>  | <b>Pretzels &amp; Cream Cheese</b>                 | <b>Applesauce</b>  | <b>Berry Muffins</b>                           |
|                   | 29   | 30   | 1  | 2  | 3  |
| Breakfast         | <b>Biscuit, Sausage &amp; Fruit</b>            | <b>Eggs, Toast &amp; Fruit</b>                           | <b>Yogurt Pancakes &amp; Fruit</b>                 | <b>Cereal &amp; Fruit</b>                                | <b>Waffles &amp; Fruit</b>                     |
| Lunch             | <b>Mac N Cheese, Broccoli &amp; Fruit</b>      | <b>Bean &amp; Cheese Burrito, Corn &amp; Fruit</b>       | <b>Meatloaf, Rice, Peas &amp; Fruit</b>            | <b>Pulled Pork BBQ Sandwich, Green Beans &amp; Fruit</b> | <b>Chicken Quesadilla, Carrots &amp; Fruit</b> |
| <i>Vegetarian</i> | ****   | ****   | <b>Lentil Loaf</b>                                 | <b>Grilled Cheese</b>                                    | <b>Cheese Quesadilla</b>                       |
| Snack PM          | <b>Cheese Its</b>                              | <b>Applesauce</b>  | <b>Ritz Crackers &amp; Cheese</b>                  | <b>Banana Bread</b>                                      | <b>Carrot Cake</b>                             |

