



School Menu "A"

Week 1					
Breakfast	Waffles, Strawberries, Milk	Hash Browns, Milk	Bagels with Cream Cheese, Orange Juice	Cereal , Bananas , Milk	Cheese Toast, Fresh Berries & Milk
Lunch	Pasta w/ Marinara Sauce, Mixed Salad, Peaches, Milk	Shepherds Pie, Mixed Vegetables, Fruit, Milk	Cheese Quesadillas, Vegetable Rice, Pineapples, Milk	Garlic Parmesan Chicken Nuggets, Mixed Vegetables, Fruit, Milk	Pizza Rolls, Corn, Pears, Milk
PM Snack	Pretzels, Juice	Goldfish, Water	Graham Crackers, Bananas, Water	Animal Crackers & Milk	Cookies & Milk
Week 2					
Breakfast	English Muffins w/ Jelly, Strawberry Apple Sauce Milk	French Toast Sticks, Milk	Pancakes, Bananas, Milk	Cereal , Milk	Cheese Toast ,Apple Sauce Pouch & Milk
Lunch	Fish Sticks, Mashed Potatoes, Peas, Milk	Pizza melts, Corn, Pineapples, Milk	Chicken Alfredo, Peas, Fruit, Milk	Sloppy Joes, Green Beans, Peaches, Milk	Turkey Burgers, BBQ Baked Beans, Fruit, Milk
PM Snack	Vanilla Wafers, Pudding, Water	Cheese & Crackers, Turkey Pepperoni, Water	Goldfish, Juice	Blueberry Muffins, Water	Cookies , Milk
Week 3					
Breakfast	Waffles, Syrup, Milk	Bagels with Cream Cheese, Milk	Banana Muffins, Orange Juice	Cereal, Bananas & Milk	French Toast , Milk
Lunch	Grilled Cheese, Tomato Soup, Fruit, Milk	Spaghetti, Salad, Fruit, Milk	Chicken Patty on a Bun, Green Beans, Orange Smiles , Milk	Cheese Quesadillas, Black Beans, Pineapples, Milk	Shepherd's Pie, Corn, Fruit Milk
PM Snack	Tortilla Chips, Salsa, Water	Graham Crackers, Milk	Rice Krispy Treats, Milk	Animal Crackers, Milk	Trail Mix, Milk
Week 4					
Breakfast	Pancakes, Bananas, Milk	Strawberry Bars, Yogurt, Water	Bagels w/ Cream Cheese, Milk	Cereal, Milk	Blueberry Muffins, Bananas, Milk
Lunch	Cheeseburger Mac, Green Beans, Fruit, Milk	Chicken Tacos, Corn, Peaches, Milk	Pasta w/ marinara sauce, Salad, Orange Smiles, Milk	Lemon Pepper Chicken Tenders, Green Beans, Fresh Fruit, Milk	Pizza Rolls, Corn, Peaches, Milk
PM Snack	Teddy Grahams, Milk	Fruit Snacks, Crackers, Water	Trail Mix, Juice	Cheezits, Juice	Cookies & Milk



School Menu "B"

Week 1					
AM Snack	Strawberry bars, yogurt, Water	Waffles w/ Syrup, bananas, Milk	English Muffins w/Jelly, Milk	Cereal, Milk	French Toast Sticks, Milk
Lunch	Turkey & Cheese Roll Up Melt, Steamed Carrots, Apple Sauce, Milk	Soft Tacos, Black Beans, Pineapples, Milk	Pizza Melt, Corn, Orange Smiles, Milk	Sloppy Joe's, Green Beans, Applesauce, Milk	Lemon Pepper Chicken Tenders, Corn, Peaches, Milk
PM Snack	Veggie Straws, Juice	Cheese & Crackers, Water	Potato Chips, Onion Dip, Water	Tortilla chips, Salsa, water	Chocolate Chip Cookies, Milk
Week 2					
AM Snack	Buttermilk Biscuits, jelly, Milk	Caramel Rice Cakes, Cream Cheese, Water	Pancakes, Strawberries/blueberries, Milk	Rice Krispy Cereal, Milk	Bagels ,Cream Cheese, Milk
Lunch	Turkey Spaghetti, Salad, Pears, Milk	Cheese Quesadillas, Fiesta Corn, Peaches, Milk	Chicken Nuggets, Mixed Vegetables, Applesauce, Milk	Waffles w.Syrup, Turkey Sausage, Fruit Salad, Milk	Chicken Pot Pie with Peas & Carrots, Orange Smiles, Milk
PM Snack	Tortilla Chips, Salas, Water	Animal Crackers, Juice	Cheese & Crackers, water	Teddy Graham, Milk	Dirt Cup (Pudding, Crushed Cookies), water
Week 3					
AM Snack	Strawberry bars, Yogurt, water	French Toast Sticks, Syrup, Milk	Waffles, Strawberries, Orange Juice	Rice Krispy Cereal, milk	Blueberry Muffins, Banana Milk
Lunch	Sloppy Joe's, Green Beans, Oranges Milk	Baked Ziti, Salad w/Ranch, Pears, Milk	Pizza melts, Corn, Fruit, Milk	Grilled Cheese, Tomato Soup, Fruit, Milk	Chicken & Rice, Mixed Vegetables, Fruit, Milk
PM Snack	Goldfish, Water	Trail Mix, Juice	Potato Chips, Onion Dip, Water	Veggie Straws, Milk	Chocolate Chip Cookies
Week 4					
AM Snack	Blueberry Muffins, Bananas Milk	Caramel Rice Cake, Cream Cheese, Milk	Bagels, Cream Cheese, Water	Rice Krispy Cereal, milk	Pancakes w/Syrup, Bananas , Milk
Lunch	Turkey & Cheese Roll Up Melt, Pasta Salad, Fruit, Milk	Teriyaki Chicken, Rice, Broccoli, Milk	Cheese Quesadillas, String Beans, Fruit, Milk	Turkey Chili, Corn, Fruit, Milk	BBQ Turkey Meatballs, Corn, Hawaiian Roll, Orange Smiles, Milk
PM Snack	Tortilla Chips, Salsa, Water	Graham Crackers, Bananas , Milk	Vanilla wafers w/ Pudding, water	Goldfish , Milk	Alphabet Cookies, Milk