





Menu 3 & 4
1/21/19-2/1/19



1/21/19-2/1/19	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels w/ Cream Cheese Peaches, Milk	Waffles w/ Syrup, Orange Slices Milk	French Toast w/ Syrup, Pears Milk	Corn Flakes Cereal, Peaches Milk	Blueberry Muffins, Bananas, Milk
AM Snack	Strawberry Cereal bar and Milk	Tortilla Chips with Cheese Dip	Animal Crackers with Pudding	Rice Cake with Cream Cheese	Orange Slices with Snacker Crackers
Lunch 	Tacos, Black Beans, Orange Slices, Milk	Vegetable Soup, Saltine Crackers, Tuna Sandwiches, Apple Slices, Milk	Hamburgers on Wheat buns, Baked Beans, Coleslaw, Milk	Pizza Rolls, Corn, Applesauce, Milk	Chicken & Rice, Corn, Salad with Ranch, Milk
PM Snack	Pretzels, Raisins and Milk	Cheezits, Orange Slices, Water	Teddy Grahams Milk	Oatmeal cookies Milk	Trail mix, Applesauce, Water

2/4/19-2/15/19	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes w/ Syrup Mixed fruit Milk	Yogurt, Strawberries, Nutrigrain Bars, Milk	Hash Browns, Peaches, Milk	Rice Krispies, Strawberries, Milk	Biscuits w/ Grape Jelly, Pears, Milk
AM Snack	Fig Bar with 100% Cranberry Juice	Club Crackers with Cucumber and Ranch Dressing	Graham Crackers with Wow Butter	Chex-mix with 100% Apple Juice	Yogurt with Mixed Fruit
Lunch 	Tomato Soup, Grilled Cheese Sandwiches, Green Beans, Mixed Fruit, Milk	Baked Ziti, Salad, Orange Slices Milk	Chicken Tenders, Fries, Pears, Milk	Fish sticks, Coleslaw, Baked Beans, Milk	Sloppy Joe on Wheat Buns, Green Beans, Peaches, Milk
PM Snack	Rice Crispy Treats Milk	Ritz Crackers w/ Cheese Slices Water	Tortilla Chips, Salsa, Water	Animal Crackers Milk	Chocolate Chip Cookies Milk

** If not otherwise specified, water will be served with snacks * Vegetarian Options Available * Water Served 2 x per day between meals and as requested.