



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles	Cereal (gr) & Milk	Buttermilk Pancakes	Morning Muffins w/ fruit (gr)	Whole Wheat Toast(gr)w/ Eggs
Lunch	Chicken Nuggets & French Fries w. mixed veggies	Breakfast for lunch French toast w eggs and fruit	Chicken w/Penne(gr) & Broccoli & Cheese	Macaroni(gr) Wheat Pasta & cheese w/ Nuggets	Pizza & Veggies
Snack PM	String Cheese & Ritz	Apple Sauce & Pretzels	Goldfish & Apple Slices	Animal Crackers & Fruit	Graham crackers & Jelly
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles	Cereal (gr) & Milk	Buttermilk Pancakes	Morning Muffins w/ fruit (gr)	Whole Wheat Toast(gr)w/ Eggs
Lunch	Turkey & cheese Sandwich(gr) w/Carrots &Ranch dressing	Fish Sticks & Tator tots w/ Mixed Veggies	Lasagna Soup(gr) w/ Turkey Meat & Broccoli	Chicken Patty sandwich and Tator tots & Veggies	Pizza & Veggies
Snack PM	Apple Sauce & Goldfish	String cheese & Ritz	Fresh fruit & Pretzels	Yogurt & Apple slices	String cheese & Saltines
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles	Cereal (gr) & Milk	Buttermilk Pancakes	Morning Muffins w/ fruit (gr)	Whole Wheat Toast(gr)w/ Eggs
Lunch	Chicken Parm w red sauce w/Pasta(gr) & Veggies	Cheese Quesadilla & Rice w/Mixed Veggies	Macaroni(gr) Wheat Pasta & cheese w/ Nuggets	Boneless chicken & Rice and Black beans	Pizza & Veggies
Snack PM	Graham Crackers & Jelly	Apple Sauce &Goldfish	Fruit & Pretzels	Animal sauce & Ritz	Chex-mix & Apple Sauce
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles	Cereal (gr) & Milk	Buttermilk Pancakes	Morning Muffins w/ fruit (gr)	Whole Wheat Toast(gr)w/ Eggs
Lunch	Spaghetti & Mini Meatballs w/Salad	Hamburger & Fries w/ Broccoli	Grilled Cheese Sandwich(gr)Tomato Soup Veggies	Chicken Nuggets & French fries w/Corn	Pizza & Veggies
Snack PM	Cheese & Saltines	Apple Sauce & Pretzels	Yogurt & Navel oranges	Cheese itz & Fruit	String Cheese & goldfish
Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles	Cereal (gr) & Milk	Buttermilk Pancakes	Morning Muffins w/ fruit (gr)	Whole Wheat Toast(gr)w/ Eggs
Lunch	Baked Turkey Ziti(gr) & Broccoli	Mini Chicken Tacos & Rice with Black Beans	Yellow rice w/ Chicken and Corn	Turkey & cheese Sandwich(gr) w/Carrots &Ranch dressing	Pizza & Veggies
Snack PM	Cheese & Saltines	String Cheese & Pretzels	Apple Sauce & Pretzels	Watermelon	Animal sauce & Ritz

All meals served with Milk & Fruit
Vegetarian options grilled cheese or pasta Daily



Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles & eggs	Cereal (gr) & Milk	Buttermilk Pancakes & Eggs	Morning Muffins	Whole Wheat Toast(gr)w/ Eggs
Lunch	Chicken Nuggets & French Fries w. mixed veggies	Mini Meatballs Subs & Corn w/Salad & Ranch dressing	Chicken w/Penne(gr) & Broccoli & Cheese	Macaroni(gr) Wheat Pasta & cheese w/ Nuggets	Pizza & Veggies
Snack PM	String Cheese & Ritz	Apple Sauce & Pretzels	Goldfish & Apple Slices	Animal Crackers & Fruit	Graham crackers & Jelly
Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles & Eggs	Cereal (gr) & Milk	Buttermilk Pancakes & Eggs	Morning Muffins	Whole Wheat Toast(gr)w/ Eggs
Lunch	Turkey & cheese Sandwich(gr) w/Carrots & Ranch dressing	Fish Sticks & Tator tots w/ Mixed Veggies	Lasagna Soup(gr) w/ Turkey Meat & Broccoli	Chicken Nuggets & potatoes w/Corn	Pizza & Veggies
Snack PM	Apple Sauce & Goldfish	String cheese & Ritz	Fresh fruit & Pretzels	Yogurt & Apple slices	String cheese & Saltines
Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles & Eggs	Cereal (gr) & Milk	Buttermilk Pancakes & eggs	Morning Muffins	Whole Wheat Toast(gr)w/ Eggs
Lunch	Chicken Parm w/Pasta(gr) & Veggies	Cheese & Chicken Quesadilla & French Fries w/Mixed Veggies	Macaroni(gr) Wheat Pasta & cheese w/ Nuggets	Spaghetti & Meat sauce w Veggies	Pizza & Veggies
Snack PM	Graham Crackers & Jelly	Apple Sauce & Goldfish	Fruit & Pretzels	Animal sauce & Ritz	Chex-mix & Apple Sauce
Week 9	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles & eggs	Cereal (gr) & Milk	Buttermilk Pancakes & eggs	Morning Muffins	Whole Wheat Toast(gr)w/ Eggs
Lunch	Chicken Alfredo w/Pasta(gr) and Mixed Veggies	Chicken Patty sandwich and Tator tots & Veggies	Grilled Cheese Sandwich(gr) Tomato Soup Veggies	Chicken Nuggets & French fries w/Corn	Pizza & Veggies
Snack PM	Cheese & Saltines	Apple Sauce & Pretzels	Yogurt & Navel oranges	Cheese itz & Fruit	String Cheese & goldfish
Week 10	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Homestyle Waffles & Eggs	Cereal (gr) & Milk	Buttermilk Pancakes & eggs	Morning Muffins	Whole Wheat Toast(gr)w/ Eggs
Lunch	Mashed potatoes & Meatballs w/Red sauce	Breakfast for lunch French toast w eggs and fruit	Mini Chicken Tacos & Rice with Black Beans	Turkey & cheese Sandwich(gr) w/Carrots & Ranch dressing	Pizza & Veggies
Snack PM	Cheese & Saltines	String Cheese & Pretzels	Fruit & Pretzels	Apple Sauce & Goldfish	String Cheese & Ritz

All meals served with Milk & Fruit
Vegetarian options grilled cheese or pasta Daily