

| Week 1 | | | 1 | 2 | 3 |
|------------|---|---|---|--|---|
| Breakfast | | | Bagels and Cream Cheese | Pancakes | Cereal and Milk |
| Snack AM | | | Graham Crackers | Animal Crackers | Wheat Thins |
| Lunch | | | Chicken Patty Sandwiches, Carrots and Pineapple | Mac and Cheese, Green Beans and Apple Sauce | Turkey and Cheese Roll Ups Veggie Straws and Fruit |
| Vegetarian | | | Veggie Burger | Same | Cheese Roll Ups |
| Snack PM | | | String Cheese and Ritz | Vanilla Wafer | Frozen Yogurt |
| Week 2 | 6 | 7 | 8 | 9 | 10 |
| Breakfast | Cereal With Milk | Bagels and Cream Cheese | Waffles | French Toast | Muffins and Fruit |
| Snack AM | Fig Bars | Wheat Thins | Fig Bars | Yogurt Sticks | Graham Crackers |
| Lunch | Fish Sticks, Applesauce And Green Beans | Tater Tot Casserole, Corn And Peaches | Beef or Beans Tacos, Veggies and Fruit | Chicken and Vegetables Casserole Rice, Peaches | Cheese Pizza, Green Beans And Pineapple |
| Vegetarian | Veggie Rice | Same | Black Bean Tacos | Vegetables Casserole | Same |
| Pm Snack | Trail Mix | Pretzels | Smore Trail Mix | Vanilla Wafers cheese slice | Gold Fish |
| Week 3 | 13 | 14 | 15 | 16 | 17 |
| Breakfast | Cereal | French Toast | Cheese Toast or Cinnamon | Waffles | Bagels and Cream Cheese |
| Snack AM | Fig Newtons | Bananas | Graham Crackers | Nutri Grain Bars | Gold Fish |
| Lunch | Mac and Cheese Veggies and Mixed Fruit | Sloppy Joe, Corn and Slice Apples | Ravioli, Mixed Veggies And Pineapple | Chicken Nuggets, Mash Potatoes and pears | Turkey and Cheese Sandwich, Peaches and Veggie Straws |
| Vegetarian | Same | Cheese Quesadillas | Pasta | Veggie Nuggets | Cheese Grilled Sandwich |
| Snack PM | Cheese Itz | Animal Crackers | Pretzels and Cheese | String Cheese and Slice Apples | Trail Mix |
| Week 4 | 20 | 21 | 22 | 23 | 24 |
| Breakfast | Cereal and Milk | English Muffin and Turkey Sausage | French Toast Sticks | Waffles and Fruit | Blueberry Muffins And Turkey Bacon |
| Snack AM | Fig Newtons | Animal Crackers | Nutri Grain Bars | Wheat Thin and Cheese Sticks | Graham Crackers and Sun Butter |
| Lunch | Cream of Chicken Casserole, Mixed Veggie and Applesauce | Mini Corn dogs, Green Beans And Mixed Fruit | Meatballs With Brown Gravy, Mash Potatoes and Pineapple | Chili Mac Fresh Fruit And Corn | 2- Cheese Quesadillas, Spanish Rice, Steam Broccoli and Peaches |

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| Vegetarian | Cream of Mushroom | Veggie Corn Dog | Same Meatless | Mac and Cheese | Same |
| Snack PM | Cheese Its and fruit | Smore Trail Mix | Pretzel | Yogurt And Graham Crackers | Trail Mix with Raisins |
| Week 5 | 27 | 28 | 29 | 30 | |
| Breakfast | Cereal and Fruit | Pancakes | Cinnamon Toast and Cheese Toast | Waffles and Fruit | |
| Snack Am | Nutri Gran Bars | Wheat Thins and Cheese | Fig Bars | Graham Crackers | |
| Lunch | Burritos, Salad and Apple Sauce | Mexican Rice Hamburger Meat and Peaches | Tater Tot Casserole, Mix Veggies and Fruit | Taco, Mexican Corn and Pineapple | |
| Vegetarian | Same Bean and Cheese | Mexican Rice with Black Beans | Same | Refried Beans Tacos | |
| Snack PM | Animal Crackers | Nilla Wafers Vanilla Pudding | Apples and Sun Butter | Trail Mix | |

| Weekdays | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Week 1 | 1 | 2 | 3 | 4 | 5 |
| Breakfast | | Pancake & Turkey Sausage | Oatmeal with Fruit | French Toast | Muffins and Fruit |
| Snack AM | No School | Fig Bars | Animal Crackers | Nutri-Grain Bars | Wheat Thins |
| LUNCH | Happy New Year | Spaghetti & Meat sauce, garlic bread, carrots and Apple Sauce | Chicken Nuggets, Mash Potatoes And Pineapple | Turkey and Swiss Rolls, Veggie Straws and Pineapple | Cheese Pizza, Corn and Mixed Fruit |
| Vegetarian | | Same without Meat | Pasta | Swiss Cheese Roll | Same |
| Snack PM | | Vanilla Wafers | Cheese Itz | Trail Mix | Cheese Sticks and Pretzel |
| Week 2 | 8 | 9 | 10 | 11 | 12 |
| Breakfast | Cereal with milk | French toast | English Muffins with links sausage | Pancakes | Bagel |
| Snack AM | Fig bars | Slice Cheese with Crackers | Nutri-Grain Bars | Goldfish | Graham Crackers |
| Lunch | Fish Sticks, applesauce And green beans | Beef Taco, Corn and Bananas | Chicken Spaghetti, Broccoli And Mixed Fruit | Mexican Rice with Chicken Mixed Veggie Apple Sauce | Grilled Cheese, Sweet Peas and Pineapples |
| Vegetarian | Veggie Rice | Black Bean Taco | Pasta | Same without Chicken | Same |
| Pm Snack | Gold Fish | Smore Trail Mix | Apples and Dips | Trail Max | Jello |
| Week 3 | 15 | 16 | 17 | 18 | 19 |
| Breakfast | Cereal | Pancakes and Fruit | Biscuit with Turkey Links | French Toast | Muffins |
| Snack AM | Fruit Bars | Gold Fish | Yogurt Sticks | Animal Crackers | Graham Crackers |
| Lunch | Cheese and Bean Quesadillas with Mexican Corn and Peaches | Chili Mac, Broccoli and Pineapples | Chicken Nuggets, Green Beans with Apple Sauce | Tator Tot Casserole, Sweet Peas and Watermelon | Chicken Salad Sandwiches, Veggies Straws and Oranges |
| Vegetarian | Same | Mac and Cheese | Veggie Nuggets | Same | Grilled Cheese Sandwiches |
| Snack PM | Animal Crackers | Crackers Cheese Slice | Nila Wafers | Mixed Fruit | Wafers and Cheese Sticks |
| Week 4 | 22 | 23 | 24 | 25 | 26 |
| Breakfast | Cereal | French Toast | Fruit with yogurt | Muffins with Fresh Fruit | Cinnamon Rolls |
| Snack AM | Fig Bars | Animal crackers | Graham Crackers | Nutri-Grain Bars | Cheese Itz |

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| Lunch | Goulash with Veggies And Fruit Cocktail | Meatballs Mash Potatoes and PineApple | Creamy Chicken pasta with Green beans | Pizza, Mixed Veggie and Mixed Fruit | Chicken Patty, Corn and apple sauce |
| Vegetarian | Veggie Rice | Meatless Meatballs | Creamy Veggie Rice | Same | Meatless Patty |
| Snack PM | Ritz and Sun Butter | Trail Mix | Apples and Cheese Sticks | Smore's Mix | Jello |
| Week 5 | 29 | 30 | 31 | | |
| Breakfast | Cereal | Pancakes | Bagels and Cream | | |
| Snack Am | Nutri-Grain Bars | Fig Bars | Yogurt Sticks | | |
| Lunch | Ravioli with Sauce, Veggie and Fruit | Swiss and Turkey, Veggie Straws and Apples | Chicken Nuggets, Mixed Veggies and Oranges | | |
| Vegetarian | Same | Swiss Cheese Sandwiches | Veggie Nuggets | | |
| Snack Pm | Gold Fish | Trail Mix | Cheese and Ritz | | |

| Week 1 | | | 1 | 2 | 3 |
|------------|---|---|---|--|---|
| Breakfast | | | Bagels and Cream Cheese | Pancakes | Cereal and Milk |
| Snack AM | | | Graham Crackers | Animal Crackers | Wheat Thins |
| Lunch | | | Chicken Patty Sandwiches, Carrots and Pineapple | Mac and Cheese, Green Beans and Apple Sauce | Turkey and Cheese Roll Ups Veggie Straws and Fruit |
| Vegetarian | | | Veggie Burger | Same | Cheese Roll Ups |
| Snack PM | | | String Cheese and Ritz | Vanilla Wafer | Frozen Yogurt |
| Week 2 | 6 | 7 | 8 | 9 | 10 |
| Breakfast | Cereal With Milk | Bagels and Cream Cheese | Waffles | French Toast | Muffins and Fruit |
| Snack AM | Fig Bars | Wheat Thins | Fig Bars | Yogurt Sticks | Graham Crackers |
| Lunch | Fish Sticks, Applesauce And Green Beans | Tater Tot Casserole, Corn And Peaches | Beef or Beans Tacos, Veggies and Fruit | Chicken and Vegetables Casserole Rice, Peaches | Cheese Pizza, Green Beans And Pineapple |
| Vegetarian | Veggie Rice | Same | Black Bean Tacos | Vegetables Casserole | Same |
| Pm Snack | Trail Mix | Pretzels | Smore Trail Mix | Vanilla Wafers cheese slice | Gold Fish |
| Week 3 | 13 | 14 | 15 | 16 | 17 |
| Breakfast | Cereal | French Toast | Cheese Toast or Cinnamon | Waffles | Bagels and Cream Cheese |
| Snack AM | Fig Newtons | Bananas | Graham Crackers | Nutri Grain Bars | Gold Fish |
| Lunch | Mac and Cheese Veggies and Mixed Fruit | Sloppy Joe, Corn and Slice Apples | Ravioli, Mixed Veggies And Pineapple | Chicken Nuggets, Mash Potatoes and pears | Turkey and Cheese Sandwich, Peaches and Veggie Straws |
| Vegetarian | Same | Cheese Quesadillas | Pasta | Veggie Nuggets | Cheese Grilled Sandwich |
| Snack PM | Cheese Itz | Animal Crackers | Pretzels and Cheese | String Cheese and Slice Apples | Trail Mix |
| Week 4 | 20 | 21 | 22 | 23 | 24 |
| Breakfast | Cereal and Milk | English Muffin and Turkey Sausage | French Toast Sticks | Waffles and Fruit | Blueberry Muffins And Turkey Bacon |
| Snack AM | Fig Newtons | Animal Crackers | Nutri Grain Bars | Wheat Thin and Cheese Sticks | Graham Crackers and Sun Butter |
| Lunch | Cream of Chicken Casserole, Mixed Veggie and Applesauce | Mini Corn dogs, Green Beans And Mixed Fruit | Meatballs With Brown Gravy, Mash Potatoes and Pineapple | Chili Mac Fresh Fruit And Corn | 2- Cheese Quesadillas, Spanish Rice, Steam Broccoli and Peaches |

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|---------------|---------------------------------|---|--|----------------------------------|------------------------|
| Vegetarian | Cream of Mushroom | Veggie Corn Dog | Same Meatless | Mac and Cheese | Same |
| Snack PM | Cheese Its and fruit | Smore Trail Mix | Pretzel | Yogurt And Graham Crackers | Trail Mix with Raisins |
| Week 5 | 27 | 28 | 29 | 30 | |
| Breakfast | Cereal and Fruit | Pancakes | Cinnamon Toast and Cheese Toast | Waffles and Fruit | |
| Snack Am | Nutri Gran Bars | Wheat Thins and Cheese | Fig Bars | Graham Crackers | |
| Lunch | Burritos, Salad and Apple Sauce | Mexican Rice Hamburger Meat and Peaches | Tater Tot Casserole, Mix Veggies and Fruit | Taco, Mexican Corn and Pineapple | |
| Vegetarian | Same Bean and Cheese | Mexican Rice with Black Beans | Same | Refried Beans Tacos | |
| Snack PM | Animal Crackers | Nilla Wafers Vanilla Pudding | Apples and Sun Butter | Trail Mix | |

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|------------|--|--|---|---|--|
| Week 1 | | | | | 1 |
| Breakfast | | | | | Cereal and Milk |
| Snack AM | | | | | Wheat Thins |
| Lunch | | | | | Turkey and Cheese Roll Ups Veggie Straws and Fruit |
| Vegetarian | | | | | Cheese Roll Ups |
| Snack PM | | | | | Frozen Yogurt |
| Week 2 | 4 | 5 | 6 | 7 | 8 |
| Breakfast | Cereal With Milk | Bagels and Cream Cheese | Waffles | French Toast | Muffins and Fruit |
| Snack AM | Fig Bars | Wheat Thins | Fig Bars | Yogurt Sticks | Graham Crackers |
| Lunch | Refried Bean and cheese quesadillas, Pineapple And Green Beans | Tater Tot Casserole, Corn And Peaches | Chickens or Beans Tacos, Veggies and Fruit | Chicken and Vegetables Casserole Rice, Peaches | Cheese Pizza, Green Beans And Pineapple |
| Vegetarian | Veggie Rice | Same | Black Bean Tacos | Vegetables Casserole | Same |
| Pm Snack | Trail Mix | Pretzels | Smore Trail Mix | Vanilla Wafers cheese slice | Gold Fish |
| Week 3 | 11 | 12 | 13 | 14 | 15 |
| Breakfast | Cereal | French Toast | Cheese Toast or Cinnamon | Waffles | Bagels and Cream Cheese |
| Snack AM | Fig Newtons | Bananas | Graham Crackers | Nutri Grain Bars | Gold Fish |
| Lunch | Mac and Cheese Veggies and Mixed Fruit | Sloppy Joe, Corn and Slice Apples | Ravioli, Mixed Veggies And Pineapple | Chicken Nuggets, Mash Potatoes and pears | Turkey and Cheese Sandwich, Peaches and Veggie Straws |
| Vegetarian | Same | Cheese Quesadillas | Pasta | Veggie Nuggets | Cheese Grilled Sandwich |
| Snack PM | Cheese Itz | Animal Crackers | Pretzels and Cheese | String Cheese and Slice Apples | Trail Mix |
| Week 4 | 18 | 19 | 20 | 21 | 22 |
| Breakfast | Cereal and Milk | English Muffin and Turkey Sausage | French Toast Sticks | Waffles and Fruit | Blueberry Muffins And Turkey Bacon |
| Snack AM | Fig Newtons | Animal Crackers | Nutri Grain Bars | Wheat Thin and Cheese Sticks | Graham Crackers and Sun Butter |

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|---------------|---|--|--|----------------------------------|--|
| Lunch | Cream of Chicken Casserole, Mixed Veggie and Applesauce | Beef and Cheese Tacos, Corn And Fruit | Veggie Rice Stir Fry With Fruit | Chili Mac Fresh Fruit And Corn | Grill Cheese Sandwiches with Tomato Soup and Fruit |
| Vegetarian | Cream of Mushroom | Refried Bean Tacos Veggie | Same | Mac and Cheese | Same |
| Snack PM | Cheese Its and fruit | Smore Trail Mix | Pretzel | Yogurt And Graham Crackers | Trail Mix with Raisins |
| Week 5 | 25 | 26 | 28 | 29 | 30 |
| Breakfast | Cereal and Fruit | Pancakes | Cinnamon Toast and Cheese Toast | Waffles and Fruit | Biscuits Sausage and Jelly |
| Snack Am | Nutri Gran Bars | Wheat Thins and Cheese | Fig Bars | Graham Crackers | Wheat Thins |
| Lunch | Burritos, Salad and Apple Sauce | Mexican Rice with Hamburger Meat Mixed fruit | Tater Tot Casserole, Mix Veggies and Bananas | Chicken Alfredo Pasta, Pineapple | Jambalaya Rice with Corn and Fruit |
| Vegetarian | Same Bean and Cheese | Mexican Rice with Black Beans | Same | Alfredo Pasta | Same No Meat with Veggies |
| Snack PM | Animal Crackers | Nilla Wafers Vanilla Pudding | Apples and Sun Butter | Trail Mix | Smore Trail Mix |