

Week 1	30	1	2	3	4
Breakfast		Honey Butter Biscuits/ Apple Slices	Waffles/ Apple Slices	Scrambled Eggs W. Cheese & Chicken Sausage/ Bananas	CLOSED FOR  INDEPENDENCE DAY
Snack AM		Ritz Crackers/ String Cheese	Watermelon	Strawberry Yogurt Smoothie	
Lunch		Oranges Chicken & Carrots/ White Rice/Pineapple	Creamy Cheese Tortellini W. Shrimp/ Broccoli/ Peaches	Meatball & Rice Stew/ Vegetables/Pears	
<i>Vegetarian</i>		Plant Based Orange Chicken	Plant Based Zucchini Fettuccine Alfredo	Plant Based Patty	
Snack PM		Trail Mix/Apple Juice	WG Salsa Sun Chips/ Apple Juice	Corn Tortilla Chips/ Apple Juice	
Week 2	7	8	9	10	11
Breakfast	WW Cereal/Raisins	Pancakes/ Apple Slices	Hawaiian Bread W. Cheese/ Fresh Pineapple	WW Breakfast Tacos/ Fresh Mandarin Oranges	Vanilla Greek Yogurt/ Granola/ Berries
Snack AM	Veggie Straws	WG Blueberry Biscuit	Jell-O	Animal Crackers	WG Oatmeal Crumble Strawberry
Lunch	WG Chicken Burrito/ Black Beans /Peaches	Mozzarella Sticks/ Spaghetti/ Veggies/ Pineapples	Chicken Bites/ WW Bread/ Mashed Potatoes/ Pears	Fish Sandwich/ Coleslaw Salad/ Mandarin Oranges	Mini Corn Dogs/ Corn/ Fruit medley
<i>Vegetarian</i>	Plant Based Burrito		Plant Based Nuggets	Plant Based Fish Sandwich	Plant Based Corn Dog
Snack PM	Ritz Crackers/ Havarti/ Gouda Cheese	Rice Crackers/ SemiSoft Cheese	WG Cheese Sun Chips/ Apple Juice	Cheez it White Cheddar Snack/ Apple Juice	Ritz Bits Cheese Sandwich/ Apple Juice
Week 3	14	15	16	17	18
Breakfast	WW Cereal/Raisins	Waffles/ Apple Slices	WW Bagel/ Cream Cheese/ Berries	Chicken Sausage/ Hash Brown/ Bananas	Vanilla Greek Yogurt/ Granola/ Berries
Snack AM	WG Blueberry Muffin Bars	Goldfish	WW Graham Crackers	WG Cinnamon Biscuit	WG Blueberry & Raspberry Bars
Lunch	Chicken & Zucchini Fettuccine Alfredo /Veggie Mix/ Mandarin Oranges	WW Refried Beans Quesadillas/ Veggie Mix/ Pears	Turkey Hot Dogs/Salad/Peaches NATIONAL HOT DOG DAY	Meatballs Spaghetti/ Corn/Pineapple	Turkey & Cheese Croissant/Broccoli/ Fruit Medley
<i>Vegetarian</i>	Plant Based Zucchini Fettuccine Alfredo		Plant Based HOT DOG	Plant Based Spaghetti	Cheese Croissant
Snack PM	Club Crackers/ Cheddar Cheese	Pita Chips/ String Cheese	Chex Mix/ Apple Juice	Popped Corn Snack/ Apple Juice	Pretzels/ Apple Juice
Week 4	21	22	23	24	25
Breakfast	WW Cereal/Raisins	French Toast/ Apple Slices	WW Cheese Toast/ Fresh Pineapples	Hawaiian Bread/ Turkey Sausage/ Cantaloupe	Vanilla Greek Yogurt/ Granola/ Berries
Snack AM	Low Fat yogurt W. Fruit (Yoplait)	Mango Fruit Cups NATIONAL MANGO DAY	Banana	WG Oatmeal Crumble Strawberry	WG Nutri Grain Bars
Lunch	Tuna & Veggie Pasta Salad/ Pineapples	Chicken Patty Sandwich/ Salad / Mandarin Oranges	Fish Sticks/ Mashed Potatoes/WW Bread/Pears	Chicken Caesar Salad Wrap/ Corn/ Peaches	Cheeseburger/ Broccoli/Fruit Medley
<i>Vegetarian</i>	VeggiePasta Salad	Plant Based Patty Sandwich	Plant Based Fish	Plant Based Caesar Salad Wrap	Veggie Burger
Snack PM	WG Cheese Sun Chips/ Apple Juice	WW Saltine Crackers/ String Cheese	Rice Cake/ Apple Juice	Popped Corn Snack/ Apple Juice	Cheez it White Cheddar Snack/ Apple Juice
Week 5	28	29	30	31	1
Breakfast	WW Cereal/Raisins	Honey Butter Biscuits/ Apple Slices	Pancakes/ Pineapples	Turkey Sausage/ Hash Brown/ Bananas	
Snack AM	Strawberry Yogurt Smoothie	Applesauce Pouches	WG Blueberry Biscuit	WG Oatmeal Crumble Strawberry	
Lunch	Bolognese Pasta/ Salad/Mandarin Oranges	WW Spinach Quesadillas/ Corn Pineapples	Chicken Nuggets/ Mashed Potatoes/WW Bread/ Pears	Turkey Chili Bean Dog/ Peaches NATIONAL CHILI DOG DAY	
<i>Vegetarian</i>	Plant Based Patty / Spaguetti		Plant Based Nuggets	Plant Based HOT DOG	
Snack PM	Ritz Crackers/ Havarti/ Gouda Cheese	Rice Crackers/ String Cheese	WG Salsa Sun Chips/ Apple Juice	Pretzels/ Apple Juice	

All meals served with milk (whole milk for 1-year olds and 1% milk for 2-year-olds and older)