Smart Activities

Week



Day 1 Week 24

Virtual Trip to Fire Station

<u>Materials</u>: internet access, website: <u>https://youtu.be/N0EoIkZzfqE</u> <u>Preparation</u>: Preview video.

Instructions:

- 1. Watch video with your child.
- 2. Ask your child, "Why do we call 911? What do firefighters bring to a fire?"



Search and Rescue

<u>Materials</u>: dolls, stuffed animals <u>Preparation</u>: Place dolls and stuffed animals at the top of play equipment (or something else tall).

Instructions:

- 1. Tell child you need his/her help!
- 2. Your child is going to pretend to be a firefighter. He/she needs to rescue the dolls and animals that are stuck.
- 3. Demonstrate for your child how to rescue one doll (ex: run from the starting point to the structure, climb up the steps, pick up the doll, go down the slide, etc.).
- 4. Praise child for a job well done!



My Mom is a Firefighter

by Lois Grambling Materials: internet access, website:

https://youtu.be/tI6IIoAaDI8

<u>Preparation</u>: Preview video. Instructions:

- 1. Listen to this read aloud book with your child.
- 2. Ask questions related to the story, ex: "What was your favorite part of the book?"



Firefighter Friends

<u>Materials</u>: crayons, markers, paper, stickers <u>Instructions</u>:

- 1. Remind your child that firefighters are our friends and help us stay safe.
- 2. Invite children to create thank you cards for firefighters. Tell children you will mail the cards to a nearby fire station.
- 3. Encourage your child to draw a picture. He/she may choose to draw a picture of what he/she knows about fire safety.
- 4. As your child works on the cards, ask, "What do you want to tell the firefighters?"
- 5. Tell your child that you are proud of him/her and that the firefighters will be so happy!





Day 2 Week 24

Fire Truck

Materials: internet access, website: https://youtu.be/emv-Yn6g1r4

<u>Preparation</u>: Preview video. <u>Instructions</u>:

- 1. Watch video with your child.
- Ask your child to recall words from the fire truck song. "Where do they ride?" "What would you do?"



Water Spray

<u>Materials</u>: chalk (red, yellow), spray bottles (clean), water

Instructions:

- 1. Encourage your child to help you draw pictures of fire on the sidewalk.
- 2. Demonstrate how to use spray bottles to wash the chalk off the wall or sidewalk.
- 3. Invite your child to pretend that he/she is a firefighter!
- 4. Let your child explore using the water bottles to spray away the chalk pictures.



No Dragons for Tea

by Jean Pendziwol <u>Materials</u>: internet access, website: https://youtu.be/BtKUrFMV5 E

<u>Preparation</u>: Preview video. **Instructions**:

- 1. Listen to this read aloud book with your child on fire safety. The last page includes a fire rhyme and checklist for children.
- Ask questions, ex: "Why did they call firefighters?" "What will you do if your curtain catches fire?"



Water Works

<u>Materials</u>: cotton ball, cups, dirt, eyedroppers (optional), sand, water

Preparation: Place cotton balls, dirt, sand, and water in different cups.

Instructions:

- 1. Ask your child to guess what will happen to cotton balls, dirt, and sand when water is added.
- 2. Add drops of water to the different materials.
- 3. Describe observations.
- 4. Demonstrate how to use eyedroppers.
- 5. Ask your child to describe what happens when water is added to the different materials.
- 6. Discuss the role of water in fire safety.



Day 3 Week 24

Fire Safety Video

<u>Materials</u>: internet access, website: <u>https://youtu.be/7gZ3iMgfowo</u> <u>Preparation</u>: Preview video. Instructions:

- 1. Watch the videos with your child.
- 2. Ask related questions, ex: "What do we do when we see smoke?"
- 3. Go over some of the safety rules from the "Get Out Alive!" video with your child.



Fire Drill

By Janet Craig Materials: internet access, website: https://youtu.be/dQbpgyCKsTM

<u>Preparation</u>: Preview video. Instructions:

- 1. Watch the read aloud book with your child.
- 2. Ask questions related, ex: "What is the most important thing to do?"



Clock Hands

<u>Preparation</u>: Find location in which your child may lie down and rotate arms in circles on floor. <u>Instructions</u>:

- 1. Tell child that firefighters stay at the fire station day and night waiting for emergency calls. They eat and sleep in the station.
- 2. Let's do an activity that will help us learn time: the hands on a clock.
- 3. Ask your child to lie down on his/her back with arms and legs extended out.
- 4. Your child should place both arms together over his/her head for the number 12 noon and midnight on the clock.
- 5. Ask your child to leave his/her right arm upward above his/her head while the left arm extends to the 1 position, then 2, 3, ... until they have moved back to the 12 position. Count together!

Smoke Signals

Instructions:

- Remind your child that smoke indicates a fire. When we are in a smoky building, we need to "Stay Low and Go."
- 2. Ask your child to chant it with you to help him/her remember the important phrase.
- 3. Remind your child that heavy smoke means that he/she may not see the door.
- 4. Model staying low by bending down as low as possible then going in the direction of the door to evacuate during a fire.
- 5. Ask your child to practice "Stay Low and Go" with you during this smoke drill.





Day 4 Week 24

Fire Words

<u>Materials</u>: internet access, website: https://youtu.be/GndXGm9ZWRY <u>Preparation</u>: Preview video. <u>Instructions</u>:

- 1. View the video with your child.
- 2. Ask your child to try to recall the fire words and use the new vocabulary.



Emergency Plans

<u>Materials</u>: timer, pencil, paper <u>Instructions</u>:

- 1. Together draw an interior house plan of your home to mark each door.
- 2. Plan your emergency exits from each room by drawing arrows to the door.
- 3. Walk with your child to each room and plan the quickest exit from the home on all levels and from each room.
- 4. Use a timer and practice family emergency drills once a week this month.
- 5. Praise your child for a job well done!



Arthur's Fire Drill

by Marc Brown

<u>Materials</u>: internet access, website: https://youtu.be/rzbi0iYzRr8

Preparation: Preview video. Instructions:

- 1. Listen to this read aloud book with your child.
- 2. Ask questions related to the story, ex: "What is a fire drill?"



E is for Exit

<u>Materials</u>: paper, pencil <u>Instructions</u>:

- 1. Invite your child to look for the word "Exit" when visiting public buildings. Explain that "exit" means "a way out" or "to leave."
- 2. Ask your child to write the word "exit." Dot the letters for the child to connect the dots if necessary.
- 3. Tell your child you are proud of him/her for taking safety seriously!





Day 5 Week 24

Fire Trucks

<u>Materials</u>: internet access, website: <u>https://youtu.be/X4db9WXB0_k</u> <u>Preparation</u>: Preview video. Instructions:

- 1. Watch video with your child.
- 2. Dance and sing along with this song about fire trucks.



Outdoor Obstacle Course

<u>Materials</u>: water hose, chairs, wagon or tricycle

Instructions:

- 1. Remind your child that firefighters help us stay safe.
- Invite your child to create an outdoor obstacle course to practice being a firefighter.
- 3. Take the wagon to the closest water.
- 4. Set up chairs to maneuver around.
- 5. Pretend a tree is on fire.
- 6. The final obstacle is to squirt water from the hose. Ask your child to take the hose to the tree to put out the fire.
- 7. What a strong firefighter!



Smokey the Fireman

by Richard Scarry <u>Materials</u>: internet access, website: https://youtu.be/DmeP118LMm4

Preparation: Preview video.

Instructions:

- 1. Listen to this read aloud book with your child.
- Ask questions, such as What would you do?" "Whose house was on fire?"



