

PRESCHOOL

Week

10

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Video Song

Materials: internet access, website:

https://www.youtube.com/watch?v=eYIKB-0l_Uk

Preparation: Preview video.

Instructions:

1. Sing along with your child.
2. Ask questions about the animals that live in the meadow, ex: "Do you think you could create a song about flowers?"



Over in the Meadow

by Ezra Jack Keats

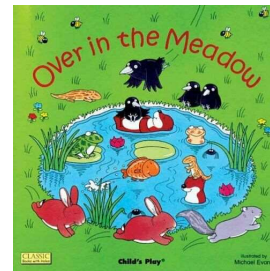
Materials: internet access, website:

https://www.youtube.com/watch?v=sV_MvCwQlWY

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to the animals, ex: "How do animals help us?" "Are some animals able to help humans?"



Letter E

Materials: paper, pencil, crayons, sidewalk chalk

Instructions:

1. Encourage your child to search for Ee items throughout the home. Check around boxes in the kitchen or bookshelves.
2. Let's see how many letter E's we see.
3. Draw the letter Ee on paper.
4. Remind your child that this is Excellent work!

Count Down: Shake 5

Instructions:

1. Encourage your child to shake one hand as he/she counts down 5,4,3,2,1. Then do the same thing with the other hand, one foot, and the other foot.
2. Next, the countdown starts at 4, 3,2,1 as you alternate hands then feet.
3. Shake together while counting for bonding and exercise.



Video: Butterfly

Materials: internet access, website:

https://www.youtube.com/watch?v=QH_G1dSdPes

Preparation: Preview video.

Instructions:

1. View the virtual field trip to the butterfly conservatory together.
2. Ask your child to say "caterpillar" and "butterfly" to build their vocabulary.



Planting a Rainbow

by Lois Ehlert

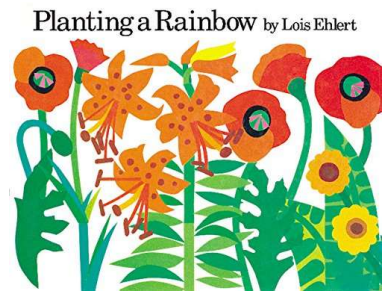
Materials: internet access, website:

<https://www.youtube.com/watch?v=sti3PXBeVag>

Preparation: Preview read-aloud book.

Instructions:

1. Listen and view with your child.
2. Let's see how many flowers we can name together.



More Chores

Materials: cup, water

Instructions:

1. Explain that plants need water inside and outdoors.
2. Assist your child in seeing if a plant has dry soil.
3. Place water in a measuring cup to water a plant indoors or outside.
4. Discuss the weather and check to see when it may rain next for the plant's natural water.
5. Praise your child for being helpful!



Bug Attraction

Instructions:

NOTE: Keep close supervision near insects and spiders.

1. Encourage your child to walk outdoors with you to search for insects, butterflies, and spiders.
2. Explain that insects live outside.
3. How many bugs can we see today? Ask if we can see more in the grass or on flowers? Do some plants or flowers attract more butterflies?



Virtual Hawaiian Garden Tour

Materials: internet access, website:
<https://www.youtube.com/watch?v=BtZ0dcUzGX8>

Preparation: Preview video.

Instructions:

1. View the flowers in Hawaii with your child.
2. Ask questions about the garden and flowers, ex: "Do you think we could grow these flowers where we live?" "How is Hawaii different from our state?" "Why do flowers come in different colors?"



A Green, Green Garden

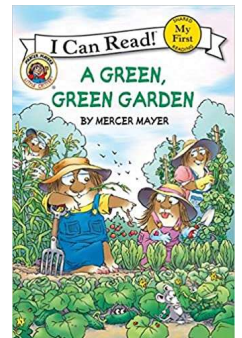
by Mercer Mayer

Materials: internet access, website:
<https://www.youtube.com/watch?v=kkLNRkeE3Z4>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to gardens, ex: "What can we grow?" "Who grows our food?" "When can we grow?"



Green Search

Materials: paper, pencil

Instructions:

1. Encourage your child to search for green items inside or outdoors.
2. Record the names of the green objects on paper.
3. Assist your child with illustrating the green list.
4. Count together the number of green items.

Worm Sundaes

Note: Please check ingredients list for any possible allergies.

Materials: 1 package chocolate cookies, 1 3.9-ounce package chocolate instant pudding, 2 cups cold milk, whipped topping, gummy worms, cups or bowls

Preparation: Make pudding with cold milk.

Instructions:

1. Help your child crush cookies inside a plastic bag for the dirt.
2. Once the pudding is set, add the whipped topping and half of the cookie crumbs. Stir.
3. Put mixture into cups.
4. Sprinkle rest of cookie crumbs into top of each cup. Add gummy worms and spoon. Enjoy!



Virtual Trip: A Child's Garden

Materials: internet access, website:

<https://www.youtube.com/watch?v=Z7G9Y9YeT8>

Preparation: Preview video.

Instructions:

1. Watch video with your child as this adorable girl describes her garden.
2. Ask questions about gardens, ex: "Name different types of gardens." "How may we help our garden grow?"

The Surprise Garden

by Zoe Hall

Materials: internet access, website:

<https://www.youtube.com/watch?v=s5OgbkRF1es>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "What grows in their garden?" "What is the tallest surprise? Heaviest?" "Why would a watermelon have a flower?"



More or Less?

Materials: real fruits or vegetables, scale (optional)

Instructions:

1. Encourage your child to guess which weighs more this fruit or that one? Grape versus orange?
2. Encourage your child to compare weights by holding one in each hand. Model how to guess weights.
3. Optional: Help your child weigh them to compare it to another weight.



Apple Painting

Materials: several apples, paint, paper, smock or apron for painting, plastic knife, paper plates, paper lunch bag

Preparation: Find waterproof area or use paint outdoors. Place paint on paper plate.

Instructions:

NOTE: Closely supervise any knife.

1. Cut apple in half through the center of the stem.
2. Ask your child to dip half of the apple into paint.
3. Use the half apple as a stamp. Place the paint-dipped apple half onto the paper.
4. Now place the paint-dipped half apple onto the paper bag. Celebrate being an artist!

Grocery Store Virtual Trip

Materials: internet access, website:

<https://www.youtube.com/watch?v=XTVnATGu5d0>

Preparation: Preview video.

Instructions:

1. Watch video with your child.
2. Ask "What foods are on the plate?" "Why should we eat colorful foods?" "What foods do you like?" "Where do vegetables grow?"



The Carrot Seed

by Ruth Krauss

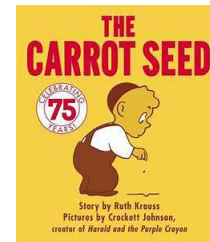
Materials: internet access, website:

https://youtu.be/-zsv_vImOr8

Preparation: Preview video.

Instructions:

1. View this read aloud book together.
2. Ask questions related to the story, ex: "Why did the boy believe the seed would sprout when others did not believe?" Discuss a time when you want to keep on trying in a situation.



Leaves

Instructions:

1. Encourage your child to walk outdoors with you to find leaves.
2. Assist your child in looking in trees and on the ground for leaves of various colors, sizes, and shapes. See how many leaves you have collected.



Leaf Rubbing

Materials: various leaves, thin paper, crayons

Instructions:

1. Encourage your child to place his/her leaves on the table.
2. Cover the leaves with paper.
3. Hold the paper down over the leaves with one hand while coloring over leaf with the other hand.
4. Share your art with another family member!

