

Newsletter



What the Suite 250 teachers are saying about our social and emotional development learning....

"Watching the children recognize themselves and their friends has been so exciting. They are becoming more confident in responding to their names and identifying what makes each person special."

Ms. Giselle, Suite 250

"We are happy to see the children learning about their feelings. They are practicing happy, sad, and angry faces and learning how their friends feel too."

Ms. Grace, Suite 250

"We enjoy watching the children learn about themselves and share how they are feeling each day."

Ms. Lada, Suite 250

Suite 250 Spotlight: Discovering Who We Are!

Between approximately 18 months and two years of age—and continuing beyond age two—children make important progress in developing a sense of self. They begin to understand that they are unique individuals with their own names, physical features, preferences, abilities, and emotions.

How Suite 250 Is Supporting This Milestone

Suite 250's teachers regularly help the children recognize and respond to their names by asking questions such as, "Who is ___?" and "Raise your hand if your name is ___."

The class also explored identity through art, mirrors, conversations, and emotional expression. The children colored large drawings of themselves and their classmates, helping them recognize themselves and others while strengthening their fine-motor and early writing skills.

The children also created mirrors using aluminum foil and craft sticks. Teachers provided real mirrors so they could study their faces and identify their eyes, noses, mouths, and ears. These experiences supported self-recognition, body awareness, vocabulary development, and an emerging understanding of similarities and differences.

The class also explored happy, sad, and angry expressions. The children practiced making each expression and shared how they were feeling. This helped them connect words and facial expressions with emotions while beginning to recognize the feelings of others.

Why This Learning Matters

A strong sense of self supports confidence, communication, independence, emotional regulation, and positive relationships. Through these meaningful experiences, Suite 250 is helping children answer the important question, "Who am I?" while learning that they are valued members of their classroom community.

Wonderful work, Suite 250!