



## Growing Minds & Gardens: our Farm-to-Table Summer

This summer, our classrooms will come alive with hands-on, meaningful learning through our Farm-to-Table experience. Rather than simply learning about nature, children will live it—digging in the soil, caring for animals, preparing food, and discovering how everything connects.

### A Living Garden Classroom

our garden will be at the heart of the experience.

Children will:

- Plant and care for vegetables, herbs, and flowers
- Maintain and watch their plants grow over time
- Harvest what they've nurtured themselves

Through these experiences, children naturally build patience, responsibility, and a deeper understanding of how things grow.

*(Take a look at some of our students planting and working in the garden during the past week.)*

### Real-Life Animal Encounters

one of the most exciting parts of our summer will be our chicks and chickens. Children will:

- observe and gently interact with baby chicks
- Learn how chickens grow and what they need to live
- Participate in simple care routines like feeding and watering

These moments help children develop empathy, curiosity, and respect for living things.

### From Farm to Table

Children won't just grow food—they'll experience it. With the support of Chef Harvey, they will:

- Taste fresh ingredients from the garden
- Help prepare simple recipes like muffins, salads, and lemonade
- Explore how ingredients change when we mix, cook, and bake

This hands-on approach builds confidence and encourages healthy, adventurous eating habits.

### Learning Through Exploration

Every part of the experience is rooted in learning across all developmental areas:

- Science: observing plant growth, life cycles, and animal care
- Math: counting, measuring, and comparing
- Language: describing, questioning, and storytelling
- Art & Sensory: creative projects using natural materials

Children are encouraged to ask questions, make predictions, and share their discoveries every day.

### Why This Experience Matters

This summer is about more than activities—it's about connection. Through gardening, cooking, and caring for animals, children will:

- Understand where food comes from
- Build independence and confidence
- Strengthen social and communication skills
- Develop a lasting connection to nature

We are so excited to watch your children grow, explore, and discover in this rich, hands-on environment. Be sure to look out for photos, updates, and special moments as our Farm-to-Table experience unfolds!

Thank you for being part of our summer journey!

What the teachers are saying about the our upcoming farm to table curriculum...

“We are so excited to see the children connect with nature, care for animals, and explore food in a hands-on way that builds confidence, curiosity, and joy every day.”

Ms. Jailynn, Suite 200

“There's something so special about watching children care for living things—it builds empathy, responsibility, and genuine excitement to learn.”

Ms. Erica, Suite 400