



# 2025 MENU

# January

Week 1	30	31	1	2	3
Breakfast				Homemade Zoo Animal Waffles, Fresh Fruit	Yogurt Bowl, Fresh Fruit
Lunch			<b>CLOSED</b>	Oven Baked Chicken Alfredo, Pasta, Seasonal Veggies, Milk/Water	Protein Cheese Pizza, Seasonal Veggies, Beans, Milk/Water
Vegetarian			<b>HAPPY NEW YEAR!</b>	<i>Alfredo Pasta, Seasonal Veggies, Beans, Milk/Water</i>	
Snack PM				Homemade White Bean Sugar Cookies	<b>Chef's Choice</b>
Week 2	6	7	8	9	10
Breakfast	Whole Grain Cereal, Fresh Fruit	Homemade Zoo Animal Waffles, Fresh Fruit	Warm Cinnamon Brown Sugar Oatmeal, Fresh Fruit	Homemade Fluffy Blueberry Pancakes	Homemade Apple Spiced Muffins
Lunch	Baked Protein Pasta, Seasonal Veggies, Beans, Milk/Water	Oven Baked BBQ Chicken, Brown Rice, Seasonal Veggies, Milk/Water	Whole Grain Protein Grilled Cheese, Beans, Seasonal Veggies, Milk/Water	Oven Roasted Chicken Bowl, Pasta, Seasonal Veggies, Milk/Water	Protein Cheese Pizza, Seasonal Veggies, Beans, Milk/Water
Vegetarian		<i>BBQ Seasonal Veggies, Brown Rice, Beans, Milk/Water</i>		Oven Roasted Pasta Bowl, Seasonal Veggies, Beans, Milk/Water	
Snack PM	Fresh Cut Apples, Crackers <b>National Apple Tree Day!</b>	Homemade Chocolate Chip Banana Bread	Cheese Cubes, Crackers	Homemade Protein Zucchini Cake	<b>Chef's Choice</b>
Week 3	13	14	15	16	17
Breakfast	Whole Grain Cereal, Fresh Fruit	Homemade Fluffy Apple Cinnamon Pancakes	Scrambled Eggs, Fresh Fruit	Whole Grain Cheezy Toast, Fresh Fruit	Homemade Strawberry Zoo Animal Waffles
Lunch	Baked Cheese Ziti, Seasonal Veggies, Beans, Milk/Water	Chicken Taco Bowl, Brown Rice, Seasonal Veggies, Milk/Water	Protein Mac 'N' Cheese, Seasonal Veggies, Beans, Milk/Water	Cheezy Chicken Pasta, Seasonal Veggies, Milk/Water	Protein Cheese Pizza, Seasonal Veggies, Beans, Milk/Water <b>National Cheese Lovers Day! (20<sup>th</sup>)</b>
Vegetarian		Veggie Taco Bowl, Seasoned Brown Rice, Beans, Milk/Water		<i>Cheezy Protein Pasta, Seasonal Veggies, Beans, Milk/Water</i>	
Snack PM	Fresh Fruit, Crackers	Homemade Blueberry Squares	Cheese Cubes, Crackers	Homemade Apple Cinnamon Cake	<b>Chef's Choice</b>
Week 4	20	21	22	23	23
Breakfast		Homemade Baked Cranberry Muffins	Homemade Fluffy Blueberry Pancakes	Whole Grain Cheezy Toast, Fresh Fruit	Homemade Apple Cinnamon Brown Sugar Oatmeal
Lunch	<b>CLOSED</b> <b>MARTIN LUTHER KING DAY!</b>	Savory Oven-Baked Chicken, Brown Rice, Seasonal Veggies, Milk/Water	Loaded Baked Ziti Marinara, Seasonal Veggies, Beans, Milk/Water	Baked Pesto Chicken, Pasta, Oven-Baked Veggies, Milk/Water	Protein Cheese Pizza, Seasonal Veggies, Beans, Milk/Water
Vegetarian		Savory Oven-Baked Seasonal Veggies, Brown Rice, Beans, Milk/Water		<i>Baked Pesto Pasta, Seasonal Veggies, Beans, Milk/Water</i>	
Snack PM		Homemade Carrot Cake	Fresh Fruit, Crackers	Yogurt Bowl, Fresh Fruit	<b>Chef's Choice</b>
Week 5	27	28	29	30	31
Breakfast	Whole Grain Cereal, Fresh Fruit	Homemade Fluffy Blueberry Pancakes <b>National Blueberry Pancake Day!</b>	Toasted Sun Butter Sandwiches, Fresh Fruit	Homemade Blueberry Muffins	Homemade Zoo Animal Waffles, Fresh Fruit
Lunch	Tex-Mex Cheese Quesadillas, Beans, Roasted Veggies, Milk/Water	Baked Orange Glazed Chicken, Brown Rice, Seasonal Veggies, Milk/Water	Protein Mac 'N' Cheese, Beans, Seasonal Veggies, Milk/Water	Baked Chicken Parmesan, Pasta, Seasonal Veggies, Milk/Water	Protein Cheese Pizza, Seasonal Veggies, Beans, Milk/Water
Vegetarian		Baked Orange Glazed Seasonal Veggies, Brown Rice, Beans, Milk/Water		Baked Parmesan Pasta, Seasonal Veggies, Beans, Milk/Water	
Snack PM	Cheese Cubes, Crackers	Homemade Black Bean Chocolate Cake <b>National Chocolate Cake Day! (27<sup>th</sup>)</b>	Fresh Fruit, Crackers	Warm Homemade Protein Snickerdoodles	<b>Chef's Choice</b>

- Due to Supply Chain issues, substitutions may be made if products are unavailable.
- Milk is served at lunch daily. Water is available throughout the day.
- Fruits are cut fresh and include a variety of seasonal fruits.
- Breads, oats, rice, and cereal are 100% whole grain.
- Vegetarian options may include but are not limited to veggie nuggets, veggie meatballs, or hidden veggie and bean pasta.
- Secondary options may include but are not limited to yogurt, whole wheat cheese toast, protein pasta, or whole wheat sunbutter and jelly sandwich.
- Hidden Veggies and Seasonal Veggies may include but are not limited to cauliflower, green beans, carrots, broccoli, spinach, peas, and beans.