

Week 1	1	2	3	4	5
Breakfast		Whole Grain Cereal, Fresh Fruit	Homemade Zoo Animal Waffles, Fresh Fruit	Whole Grain Cheezy Toast, Fresh Fruit	Homemade Fluffy Pancakes, Fresh Fruit
Lunch	School Closed New Year's Day!	BBQ Chicken, Brown Rice, Seasonal Vegetables, Milk/Water	Whole Grain Protein Grilled Cheese, Beans, Seasonal Veggies, Milk/Water	Baked Chicken, Pasta Marinara, Seasonal Veggies, Milk/Water	Protein Cheezy Pizza, Beans, Seasonal Veggies, Milk/Water
Vegetarian		BBQ Seasonal Vegetables, Beans, Milk/Water		Baked Pasta Marinara, Seasonal Veggies, Milk/Water	
Snack PM		Homemade Protein Sugar Cookies	Fresh Fruit, Crackers	Homemade Pumpkin Cake	Chef's Choice
Week 2	8	9	10	11	12
Breakfast	Whole Grain Cereal, Fresh Fruit	Homemade Zoo Animal Waffles, Fresh Fruit	Warm Cinnamon Oatmeal, Fresh Fruit	Homemade Fluffy Pancakes, Fresh Fruit	Toasted Sun Butter Sandwiches, Fresh Fruit
Lunch	Oven Baked Mac 'N' Cheese, Seasonal Veggies, Beans, Milk/Water	Savory Oven Baked Chicken, Brown Rice, Seasonal Veggies, Milk/Water	Protein Baked Cheese Quesadillas, Beans, Seasonal Veggies, Milk/Water	Chicken Bolognese, Seasonal Veggies, Milk/Water	Protein Cheezy Pizza, Beans, Seasonal Veggies, Milk/Water
Vegetarian		Savory Oven Baked Veggies, Brown Rice, Beans, Milk/Water		Pasta Bolognese, Seasonal Veggies, Beans, Milk/Water	
Snack PM	Fresh Fruit, Crackers	Homemade Sweet Potato Cake	Cheese Cubes, Fresh Fruit	Homemade Banana Cake Bars	Chef's Choice
Week 3	15	16	17	18	19
Breakfast		Whole Grain Cereal, Fresh Fruit	Scrambled Eggs, Fresh Fruit	Homemade Zoo Animal Waffles, Fresh Fruit	Yogurt Bowl, Fresh Fruit
Lunch	School Closed Martin Luther King Day!	Chicken Taco Bowl, Brown Rice, Seasonal Vegetables, Milk/Water	Whole Grain Protein Grilled Cheese, Beans, Seasonal Veggies, Milk/Water	Chicken and Broccoli Stir Fry, Pasta, Milk/Water	Protein Cheezy Pizza, Beans, Seasonal Veggies, Milk/Water
Vegetarian		Veggie Taco Bowl, Brown Rice, Beans, Milk/Water		Broccoli Stir Fry, Pasta, Beans, Milk/Water	National Pizza Week!
Late PM		Homemade Baked Protein Snickerdoodles	Fresh Fruit, Crackers	Homemade Lemon Cake	Chef Choice
Week 4	22	23	24	25	26
Breakfast	Whole Grain Cereal, Fresh Fruit	Homemade Zoo Animal Waffles, Fresh Fruit	Whole Grain Cheezy Toast, Fresh Fruit	Homemade Banana Muffins	Homemade Warm Blueberry Pancakes
Lunch	Baked Protein Pasta, Seasonal, Veggies, Beans, Milk/Water	Baked Orange Glazed Chicken, Brown Rice, Seasonal Veggies, Milk/Water	Oven Baked Mac 'N' Cheese, Beans, Seasonal Veggies, Milk/Water	Baked Chicken Parmigiana, Pasta, Seasonal Veggies, Milk/Water	Protein Cheezy Pizza, Beans, Seasonal Veggies, Milk/Water
Vegetarian		Baked Orange Glazed Veggies, Brown Rice, Beans, Milk/Water		Baked Veggie Parmigiana, Pasta, Beans, Milk/Water	
Snack PM	Fresh Fruit, Crackers	Homemade Kids 'R' Kids Trail Mix	Yogurt bowl, Graham Crackers	Homemade Chocolate Black Bean Brownies	Chef's Choice
				National Chocolate Day! (27th)	
Week 5	29	30	31	1	2
Breakfast	Whole Grain Cereal, Fresh Fruit	Homemade Banana Pancakes, Warm Syrup	Homemade Cinnamon Oatmeal, Fresh Fruit		
Lunch	Baked Cheese Ziti, Seasonal Veggies, Beans, Milk/Water	Breaded Baked Chicken, Brown Rice, Seasonal Veggies, Milk/Water	Protein Baked Cheese Quesadillas, Beans, Seasonal Veggies, Milk/Water		
Vegetarian		Baked Veggies, Brown Rice, Beans, Milk/Water			
Snack PM	Cheese Cubes, Crackers	Homemade Blueberry Muffins	Fresh Fruit, Crackers		

- Due to Supply Chain issues, substitutions may be made if products are unavailable.
- Milk is served at lunch daily. Water is available throughout the day.
- Fruits are cut fresh and include a variety of seasonal fruits.
- Breads, oats, rice, and cereal are 100% whole grain.
- Vegetarian options may include but are not limited to veggie nuggets, veggie meatballs, or hidden veggie and bean pasta.
- Secondary options may include but are not limited to yogurt, whole wheat cheese toast, protein pasta, or whole wheat sunbutter and jelly sandwich.
- Hidden Veggies and Seasonal Veggies may include but are not limited to cauliflower, green beans, carrots, broccoli, spinach, peas, and beans.