

TODDLER

Week

40

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Jumping Up for 10

Preparation: Locate a safe place to jump.

Instructions:

1. Have your child jump up and down and count to 10 with you.
2. Continue while interest remains.



Ten in the Bed

by Penny Dale

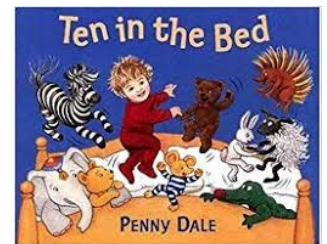
Materials: internet access, website:

<https://youtu.be/YXP9prnXITc>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "How many were in the bed at the beginning of the story?" "How many at the end of the story?" "What happened when all of the animals had fallen out of the bed?"
3. Sign the word "cold."



Ten in the Bed

Materials: Ten in the Bed template, scissors, glue, craft sticks, internet access, website:

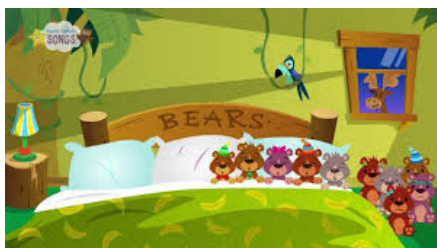
https://youtu.be/TdDypyS_5zE

Preparation: Print the template and cut out. Glue the bears and the bed on craft sticks.

Preview video.

Instructions:

1. Show your child the puppets.
2. Next, give him/her the puppets and watch the video together.
3. Encourage your child to sing and take away the bears as they fall out of the bed.



Sign Language "Cold"

Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



Blubber Keeps You Warm

Materials: large bowl, ice, water, 4 sealable sandwich bags, shortening, spatula, towel

Preparation: Fill a large bowl with ice and water. Turn a sandwich bag inside out, place the bag on your hand, and use a spatula to cover both sides of the bag in vegetable shortening. Place the shortening coated bag inside another bag and seal. Turn a clean bag inside out, place it inside another clean bag and seal.

Instructions:

1. Show your child the bags.
2. Have your child place his/her hands inside the bags with one on each hand (one with the shortening and one without).
3. Then have your child place both hands in the ice water.
4. Discuss the difference in what your child feels with each and hand why.



Sleepyheads

by Sandra J. Howlatt

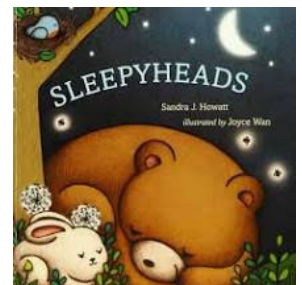
Materials: internet access, website:

<https://youtu.be/hMg80RmpmJc>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "Can you tell me the animals that were sleepyhead and where they slept?" "What animals slept all day?" "Where do you sleep?"



Line Jumping

Materials: painter's tape

Preparation: Locate a safe area. Place lines of painter's tape evenly apart in a straight line.

Instructions:

1. Have your child jump to each line.
2. While your child is jumping, have him/her name some of the animals that hibernate and where they sleep.



Sign Language "Cold"

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1. Say, "Let us learn to say 'cold' using our hands."
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Hold both "S" hands at chest level, shaking them as if shivering.



Hibernation Song

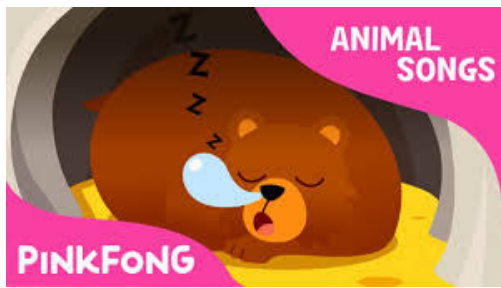
Materials: internet access, website:

<https://youtu.be/0Pk6NrxZY6s>

Preparation: Preview video.

Instructions:

1. Remind your child about how some animals sleep in the winter.
2. Have him/her dance and sing along waking up the animal friends.
3. Look at a calendar and talk about when spring is coming.



I Don't Want to go to Sleep

by Dev Petty

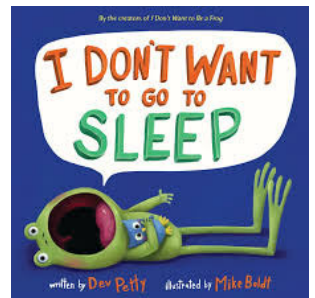
Materials: internet access, website:

<https://youtu.be/upBxwCIIBL4>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What does the frog get told he can't do?" "Where do frogs sleep in the winter?" "What did frog's friends do at the end of the story?"



The Color is Brown

Materials: paper, brown crayon

Preparation: Gather materials.

Instructions:

1. Tell your child that he/she gets to draw anything using the brown crayon.
2. Give your child paper and the crayon.
3. Ask your child about what he/she is drawing.



Sign Language "Cold"

Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



Bedtime for Peppa

by Barbara Winthrop

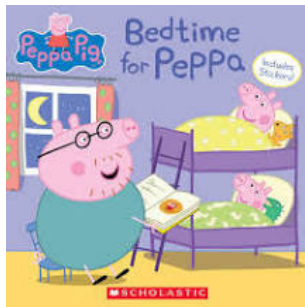
Materials: internet access, website:

<https://youtu.be/ObqxeAThyXg>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What did Peppa and George do outside?" "Before going to bed what do Peppa and George do?" "What book did Daddy pig read?"



Mud Play

Materials: shaving cream (non-menthol), food coloring (mix red 1 drop, yellow 10 drops, blue 1 drop), pan, smock/old t-shirt

Preparation: Put some shaving cream in pan and mix in the food coloring.

Instructions:

1. Show your child the pan and remind him/her how Peppa went and played in the mud.
2. Also, remind your child that frogs burrow in the mud in the winter.
3. Encourage your child to use his/her hands and play in the mud.



Shake Your Sillies Out

Materials: internet access, website:

https://youtu.be/NwT5oX_mqS0

Preparation: Preview video.

Instructions:

1. Have your child follow along with the video shaking and wiggling.
2. To enhance this activity, join in with your child.



Sign Language "Cold"

Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



Chili Chili

Materials: internet access, website:

<https://youtu.be/JXn2CQyz9PI>

Preparation: Preview video.

Instructions:

1. Have your child follow the song and do the motions.
2. To enhance the activity, join in with your child.



How Do You Sleep

by Louise Bonnett-Rampersaud

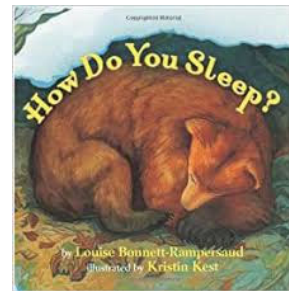
Materials: internet access, website:

<https://youtu.be/bEtKIPyU6IA>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What animals did you see?" "How did the bird, bear, horse, pig, frog, bunny rabbit, and children sleep?" "What was your favorite way to sleep?"



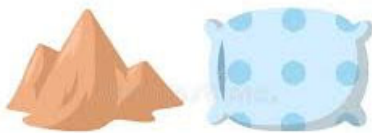
Is It Hard or Soft?

Materials: bark chips, rocks, sticks, fabric, leaves, sheet, pillow, stuffed animal, plastic items

Preparation: Gather materials.

Instructions:

1. Show your child the different items and say, "I want you to feel each item and tell me if it is soft or hard."
2. After you child has identified all of these items, have him/her find other items in the house that are soft and/or hard.



HARD

SOFT

Sign Language "Cold"

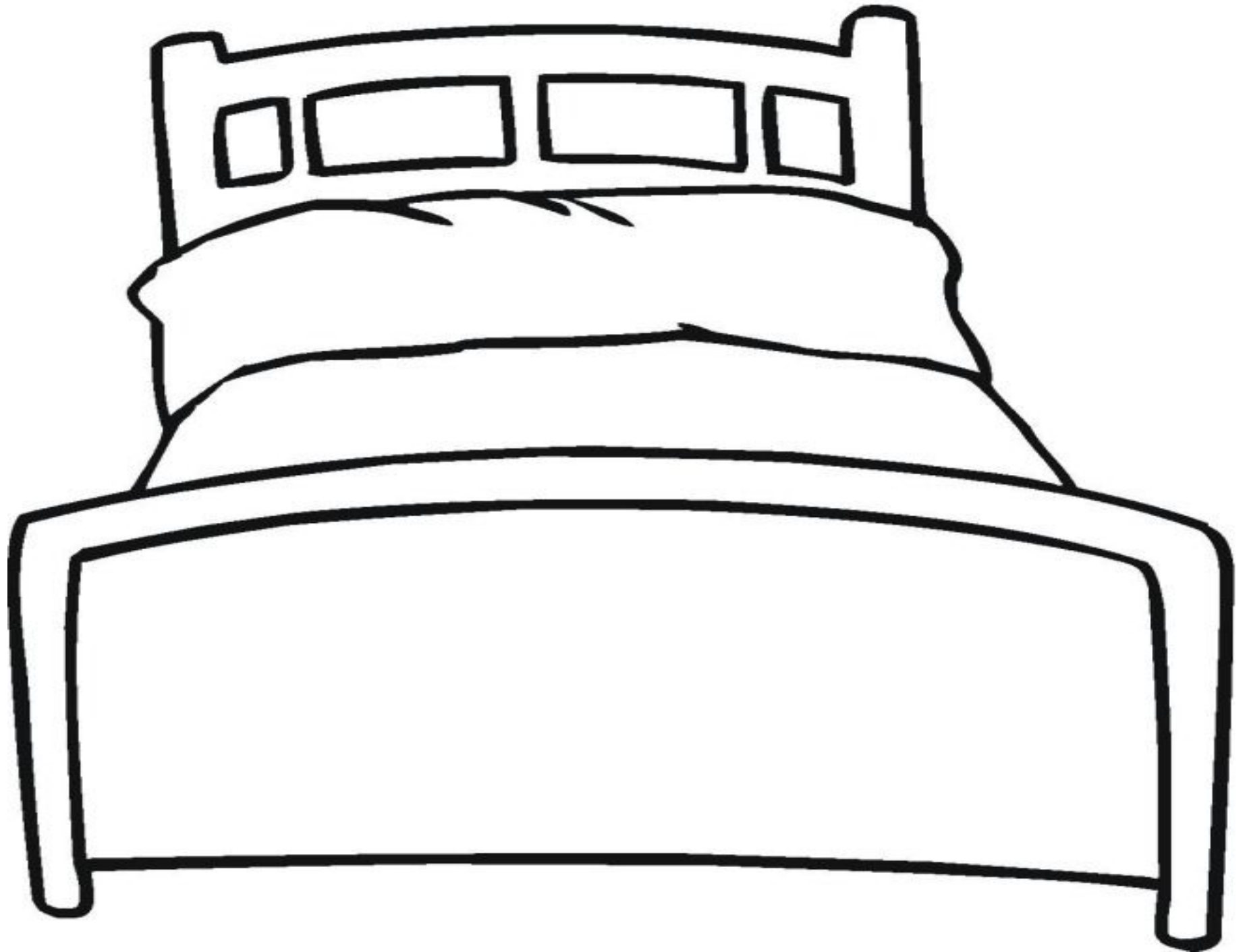
Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



Ten in the Bed Template



Ten in the Bed Template



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