

Week 14 SERIES 1100-1250

LEARNING GOALS

- Gain awareness of how to communicate feelings using non-verbal gestures and actions
- Experiment with a variety of materials to express individual creativity
- With prompting and guidance, begin to slide, rotate, and flip objects to make them fit
- Move body to music
- Show interest and curiosity about objects in his/her immediate environment
- Explore solids and liquids
- Understand that familiar objects and people do not change when child is separated from them
- Role play real behaviors during play
- Recognize people and objects have an appropriate location
- Test objects to determine their purpose
- Experiment with familiar objects to solve problems

DAILY SCHEDULE

Morning Routine
 (Brush teeth, get dressed, breakfast)
Curriculum Activity
 Snack
 Independent Play
Brain Waves
 Lunch
 Rest/Nap
Curriculum Activity
 Outdoor Play
 Evening Routine

MATERIALS NEEDED

- apron
- balls (ex: golf, rubber, tennis, etc.)
- basket
- bowl
- box
- child-appropriate music
- construction paper (brown, orange, pink, white)
- crayons (green)
- cups
- glue
- ice cream scoop
- ice cubes
- masking tape
- paper
- plastic container
- pom-poms
- scissors
- silverware
- silverware organizer
- spoon
- swim props (goggles, towel, swimsuit etc.)
- streamers
- tape
- water

CURRICULUM SCHEDULE

MONDAY

Language/Literacy: *Slam Dunk*
 Creative Exploration: *Green Fields*
 Brain Waves: *Under the Cup*

TUESDAY

Math: *Cone Match*
 Music and Movement: *Marching Ice Cream Flavors*
 Brain Waves: *Under the Cup*

WEDNESDAY

Science: *Melting Ice*
 Cognitive Exploration: *Aquatic Center*
 Brain Waves: *Under the Cup*

THURSDAY

Language/Literacy: *GOOALL!*
 Dramatic Play: *Ice Cream Shop*
 Brain Waves: *Under the Cup*

FRIDAY

Social Studies: *The Right Bin*
 Sensory Activity: *Floating Balls*
 Brain Waves: *Under the Cup*

Language/Literacy

Slam Dunk

Learning Goal: Gain awareness of how to communicate feelings using non-verbal gestures and actions.

Materials: basket, lively children’s music, orange construction paper

Preparation: Crumble construction paper into balls (one per child).

Instructions:

1. Encourage your child to join you.
2. Briefly explain the rules of basketball (you want to throw the ball into basket).
3. Place basket in the center of a room.
4. Play music and encourage him/her to dance around the basket in a circle.
5. Pause the music and encourage him/her to throw the ball into the basket.
6. Praise your child for his/her efforts.
7. Encourage him/her to show excitement by smiling enthusiastically (demonstrate for him/her).
8. Continue activity if your child shows interest.



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Creative Exploration

Green Fields

Learning Goal: Experiment with a variety of materials to express individual creativity

Materials: glue, green crayons, paper, pictures of sports on green fields (provided with packet)

Preparation: Copy and cut out pictures from Green Fields Teacher Tool.

Instructions:

1. Encourage your child to join you.
2. Inform him/her that many games are played on a green field (soccer, baseball, football, golf, etc.).
3. Share green crayons.
4. Invite your child to draw a field using a green crayon.
5. When your child is finished drawing the field, share cut-out ball shapes.
6. Assist your child in gluing the balls of his/her choice on paper.
7. As your child works, talk to him/her about the importance of feet in sports (running in baseball, kicking in soccer, jumping in basketball, etc.).



Math

Cone Match

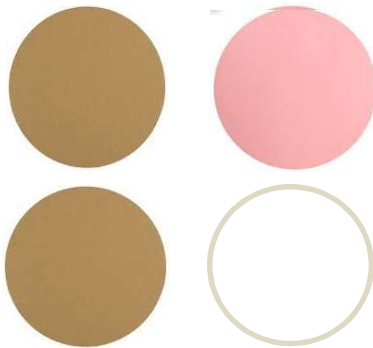
Learning Goal: With prompting and guidance, begin to slide, rotate, and flip objects to make them fit

Materials: construction paper (brown, pink, white), glue, scissors

Preparation: Cut 4 white circles. Cut 2 brown and 2 pink circles. Glue colored circles to white circles. Place colored sides down on a table.

Instructions:

1. Encourage your child to join you.
2. Say, “Let’s flip the cards over to match ice cream colors.” Demonstrate by flipping two cards and say, “I have a match” or “Oops, I need to put this back.”
3. Encourage him/her to flip cards and find matches.



Music and Movement

Marching Ice Cream Flavors

Learning Goal: Move body to music

Materials: child-appropriate music, streamers

Instructions:

1. Encourage your child to join you.
2. Encourage him/her to take a streamer and march around the room to the music.
3. As the music is playing say, “I love the way Joey is moving his streamer to the beat.”
4. Continue marching and waving the streamers if interest remains.



Science

Melting Ice

Learning Goal: Show interest and curiosity about objects in his/her immediate environment; Explore solids and liquids

Materials: Ice cubes, cups

Preparation: Fill 2 cups with ice.

Instructions:

1. Encourage your child to join you.
2. Hold the cups of ice and encourage him/her to touch them.
3. Ask, “Is the ice cold or hot?” Wait for responses. Then say, “Yes, it is cold. What do you think will happen if we put one cup outside in the sun?” Allow time for response.
4. Place cup outside. Bring cup in when ice has melted.
5. Invite him/her to join you. Show the cup from outside and the cup with ice cubes. Ask what happened. Praise their responses.



Cognitive Exploration

Aquatic Center

Learning Goal: Understand that familiar objects and people do not change when child is separated from them

Materials: swim props (goggles, towel, swimsuit etc.), internet access, website for read aloud *Maisy Learns to Swim* by Lucy Cousins: <https://www.youtube.com/watch?v=-GrAD3W6Ln0>

Preparation: Preview video and gather swim props. Hide items throughout your home where they can easily be found by your child.

Instructions:

1. Encourage your child to join you.
2. Share the read aloud book, *Maisy Learns to Swim*.
3. Point out the cover, title, and author’s name as the book is read to him/her.
4. As the various objects you have hidden are shown in the story, point them out to your child.
5. Engage your child in a brief discussion about swimming.
6. Say, “I have hidden these items. Can you help me find them?”
7. Invite him/her to help locate the hidden items. Then, have your child model them for you.



Language/Literacy

GOOALL!

Learning Goal: Gain awareness of how to communicate feelings using non-verbal gestures and actions

Materials: child-appropriate music, masking tape

Preparation: Use masking tape to mark off two lines on either end of the large group gather area. These will represent goal posts.

Instructions:

1. Encourage your child to join you.
2. Briefly explain the rules of soccer (you want to kick the ball into the goal using feet)
3. Show him/her the goal posts, and say, "Soccer players like to kick the ball in and score a goal."
4. Play music and encourage him/her to dance around the "soccer field."
5. Pause the music and encourage your child to pretend to kick a ball into either goal.
6. Say, GOOOOOOAAAALLLLL! Good job!"
7. Encourage them to show excitement by smiling enthusiastically (demonstrate for child).
8. Continue activity if interest remains.



Dramatic Play

Ice Cream Shop

Learning Goal: Role play real behaviors during play

Materials: apron, bowl, box, ice cream shop pictures (play money, pictures ice cream and ice cream sundaes) (provided with packet), pom-poms, ice cream scoop, spoon, tape

Preparation: Create an ice cream shop in an area of your house. Print out template and cut out ice cream items. **Tape is to secure ice cream in cones and bowls.**

Instructions:

1. Encourage your child to join you.
2. Invite him/her to play in the ice cream shop. Encourage your child to make sundaes like the man at the ice cream shop. Use the play money to pay for the ice cream.
3. Maybe have a real ice cream treat after.



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Social Studies

The Right Bin

Learning Goal: Recognize people and objects have an appropriate location

Materials: silverware organizer, silverware

Preparation: Wash hands prior. Gather materials and leave one of each utensil in the tray.

Instructions:

1. Encourage your child to join you.
2. Explain to him/her that when we put away our silverware (eating utensils) we put them in by fork, knife, and spoon. Show them the utensil tray.
3. Encourage your child to put the utensils back into the correct spots. Have him/her identify each utensil as it is placed back into the tray.



Sensory Activity

Floating Balls

Learning Goal: Test objects to determine their purpose; Experiment with familiar objects to solve problems

Materials: balls (golf, rubber, tennis etc.), plastic container, water

Preparation: Fill container with water

Instructions:

1. Encourage your child to join you.
2. Share a variety of balls with them.
3. Engage your child in a brief discussion about the sports balls (what sport they are used for).
4. Hold up each ball, and ask, “Will this ball sink or float?”
5. Invite him/her to place ball in water. Encourage your child to try other balls and predict whether each will sink or float.



Supporting the Development of the Occipital Lobe

The occipital lobe is the part of the brain responsible for visual processing. Neurons for vision begin to form during the first few months of a child's life, so providing lots of visual stimulation during these critical periods is important. The occipital lobe identifies shapes and colors and interacts with other lobes to process visual information received.



Visual Stimulation

Under the Cup

Materials: 2 cups, small ball

Instructions:

1. Show your child the ball and the cups.
2. As you place the ball under one of the cups, be sure to use the positional word "under" in the discussion.
3. Ask him/her to identify which cup is hiding the ball.
4. After your child guesses, reveal the location.
5. Next, replace the ball under a cup, but this time, switch cups around slowly, encouraging him/her to follow the cup hiding the ball.
6. Watch for reaction. Is he/she able to correctly identify the cup hiding the ball?

This activity allows the brain to develop critical thinking skills.

Activity Variation: If your child is able to follow the cups, increase difficulty by adding a third cup.



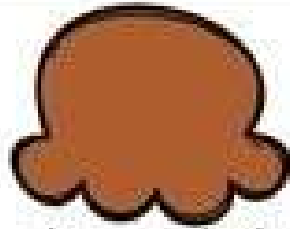
TEACHER TOOL: SPORTS ON GREEN FIELDS FOR CREATIVE EXPLORATION ACTIVITY



TEACHER TOOL: ICE CREAM SHOP PICTURES FOR DRAMATIC PLAY ACTIVITY



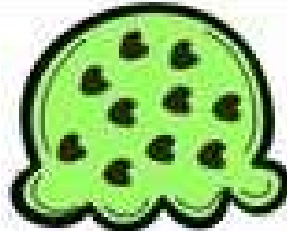
vanilla



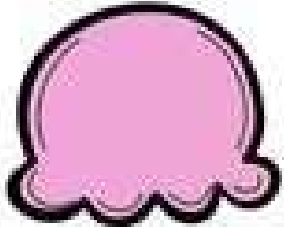
chocolate



chocolate chip



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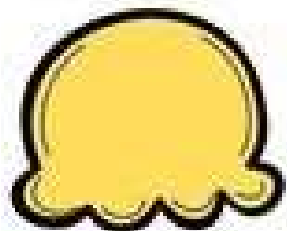
strawberry



orange



blueberry



lemon





