

5 YEAR OLD

Week

32

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Manners with Cookie Monster

Materials: internet access, website:
<https://youtu.be/BjWd2-Y5stY>

Preparation: Preview video.

Instructions:

1. Say, "We are going to watch a video about manners."
2. Ask questions about the video, ex: "What was Cookie Monster worried about?" "What are some good manners you have at the table?"



Manners at the Table

by Carrie Finn

Materials: internet access, website:
<https://youtu.be/tD9UjEvyPjs>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about table manners.
2. Ask questions about the video, ex: "What do we use to wipe our mouths?" "Do we take small or big bites when eating our food?"



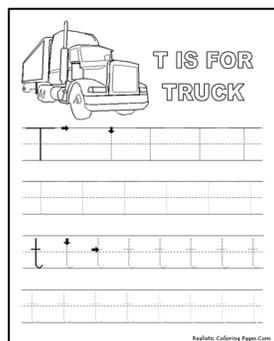
Writing the Letter Tt

Materials: pencil, T is For Truck template

Preparation: Print template. Gather materials.

Instructions:

1. Say, "We are going to write the letter Tt."
2. Model the formation of how to write letter Tt.
3. Encourage your child to write upper and lowercase Tt.
4. Praise for effort.



Yoga with a Story

Materials: workout mat, internet access, website:

<https://youtu.be/40SZI84Lr7A>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to do yoga exercises with a story!"
2. Follow instructions carefully while listening to the story.
3. Enjoy getting fit with a story!



Table Manners (Part I)

Materials: internet access, website:

<https://youtu.be/mgZeziVUsZ0>

Preparation: Preview video.

Instructions:

1. Say, "We are going to watch a video about proper table manners."
2. Ask questions about the video, ex: "What do we not pick at the table? Why?" "Why do we take small bites of food when eating?"



Manners are not for Monkeys (Part I)

by Heather Tekavec (Part I)

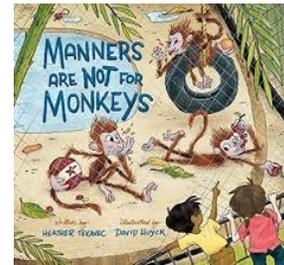
Materials: internet access, website:

<https://youtu.be/zjpEUQGOUk4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about monkeys with good manners.
2. Ask questions about the video, ex: "Why was the mother monkey upset?" "Did the little monkeys like to screech? Why?"



Writing the Letter Tt

Materials: pencil, Tt Match template

Preparation: Print template. Gather materials.

Instructions:

1. Say, "We are going to match the picture with the word."
2. Encourage your child to sound out each word. Assist if necessary.
3. Encourage him/her to draw a line from the picture to the correct word.
4. Praise for effort.

Name: _____	
	tent
	truck
	tie
	tree
	turtle
Draw a line to the matching word.	

Turkey Pumpkin Workout (Part I)

Materials: workout mat, internet access, website:

<https://youtu.be/bZGO8JJaas>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to do a workout to the letters in turkey and pumpkin!"
2. Follow instructions carefully.
3. Enjoy getting fit for the holidays!



Table Manners (Part II)

Materials: internet access, website:

<https://youtu.be/mgZeziVUsZ0>

Preparation: Preview video.

Instructions:

1. Say, "We are going to watch a video about proper table manners."
2. Ask questions about the video, ex: "How should we sit at the table?" "Where do you place the napkin before you eat?"



Manners are not for Monkeys (Part II)

by Heather Tekavec

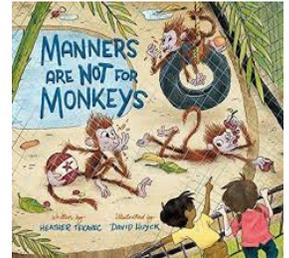
Materials: internet access, website:

<https://youtu.be/zjpEUQGOUk4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about monkeys with good manners.
2. Ask questions about the video, ex: "What did the monkeys learn from watching the children?" "Why was the mother monkey's ear hurting?"



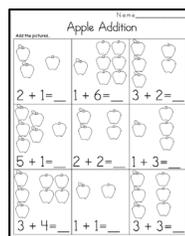
Counting Apples

Materials: pencil, Apple Addition worksheet

Preparation: Print template. Gather materials.

Instructions:

1. Say, "We are going to add apples."
2. Remind your child that when we add, we get more.
3. Read the number sentence. Ex: Say, "Two plus one equals." Touch numbers while reading.
4. Encourage your child to read the number sentence, add objects, and write the correct answer for each problem.
5. Praise for effort.



HIIT Workout

Materials: workout mat, internet access, website:

https://youtu.be/fomkRYcl_mo

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to do an interval training workout!"
2. Follow instructions carefully.
3. Enhance activity by joining your child!



Signing Polite Words (Part I)

Materials: internet access, website:

<https://youtu.be/o1WJnbJDTS0>

Preparation: Preview video.

Instructions:

1. Say, "We are going to watch a video about proper manners."
2. Ask questions about the video, ex: "Why did Peter think Ms. Harris was grumpy?"
3. Encourage your child to practice signing polite words from the video.



The Berenstain Bears Forget Their Manners (Part I)

by Stan and Jan Berenstain

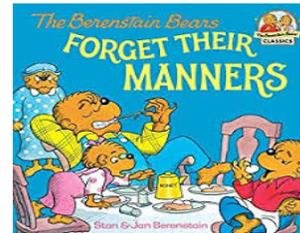
Materials: internet access, website:

<https://youtu.be/pXz5meA2Ers>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a family forgetting how to use their manners.
2. Ask questions about the video, ex: "At the beginning what did mama bear try to do to correct their manners?" "What were some bad manners that needed correction?"



Sorting Objects

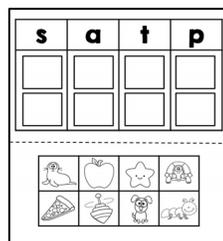
Materials: glue stick, scissors

(child), Letter Sort worksheet

Preparation: Print template. Gather materials.

Instructions:

1. Say, "We are going match the objects with the letter it begins with."
2. Ask your child to say the name of each object and what letter it begins with.
3. Encourage your child to cut out each picture and paste it under the correct letter.
4. Praise for effort.



Turkey Pumpkin Workout (Part II)

Materials: workout mat, internet access, website:

<https://youtu.be/bZGO8JJaas>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Encourage your child to join you.
2. Follow instructions carefully.
3. Enhance activity by joining your child!



Signing Polite Words (Part II)

Materials: internet access, website:
<https://youtu.be/o1WJnbJDTS0>

Preparation: Preview video.

Instructions:

1. Ask questions about the video, ex: "How did Peter ask for lunch?" "Why was Chris treated differently by Mrs. Harris?" "How do you ask for something that need?"
2. Encourage your child to practice signing polite words from the video.



The Berenstain Bears Forget their Manners (Part II)

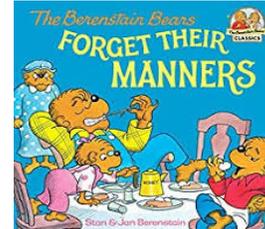
by Stan and Jan Berenstain

Materials: internet access, website:
<https://youtu.be/pXz5meA2Ers>

Preparation: Preview video.

Instructions:

1. Continue to enjoy this wonderful story about a family forgetting how to use their manners.
2. Ask questions about the video, ex: "What was the consequence for name calling?"



Politeness Plan

Materials: construction paper, marker, pencil

Preparation: Gather materials.

Instructions:

1. Say, "We are going to discuss proper manners and create a politeness plan!"
2. Discuss manners that you and your child would like to improve and create a plan.
3. After creating your plan, put into action. See if everyone improves in using their manners.
4. Praise for effort.



HIIT Workout (Part II)

Materials: workout mat, internet access, website:

https://youtu.be/fomkRYcl_mo

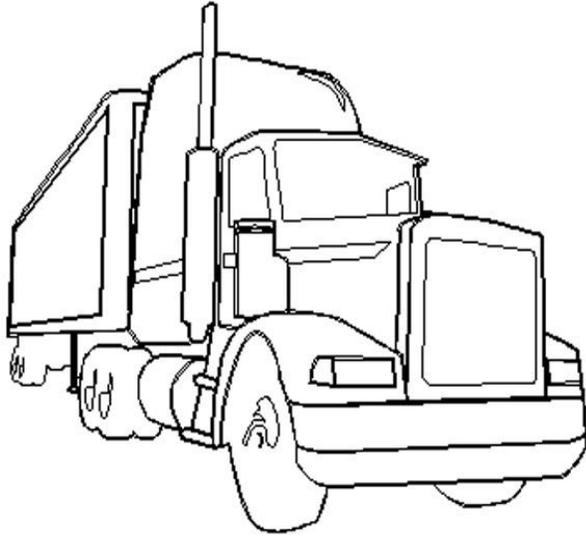
Preparation: Preview video. Find or create an open area.

Instructions:

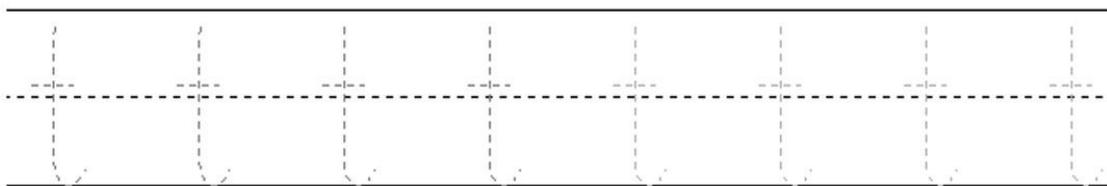
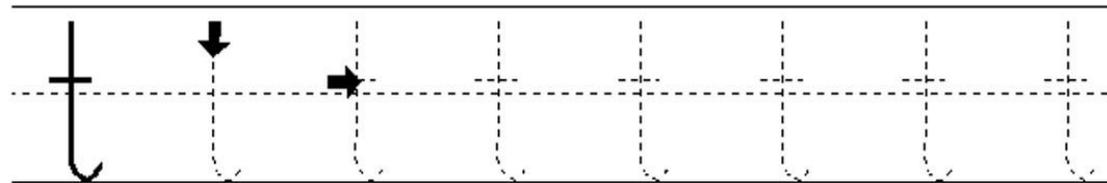
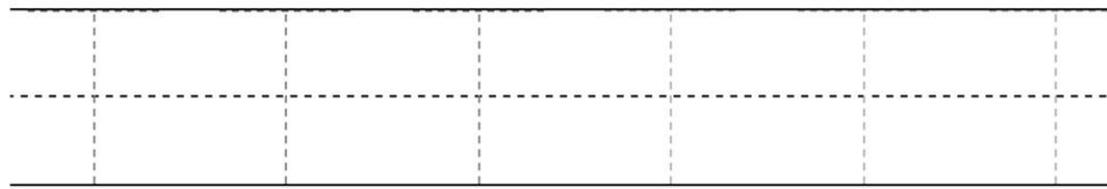
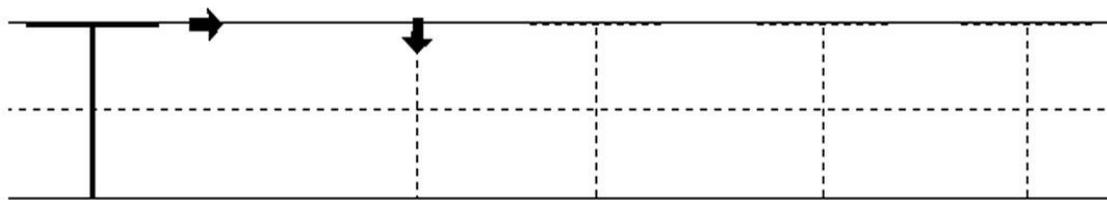
1. Encourage your child to join you.
2. Follow instructions carefully.
3. Enhance activity by joining your child!



T is for Truck Template

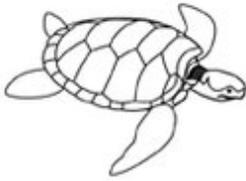


T IS FOR
TRUCK



Tt Match Template

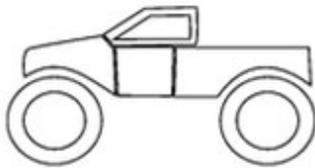
Name: _____



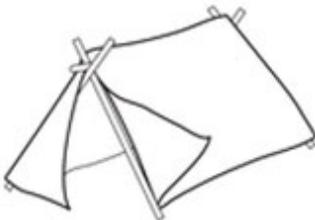
tent



truck



tie



tree



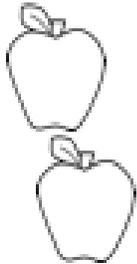
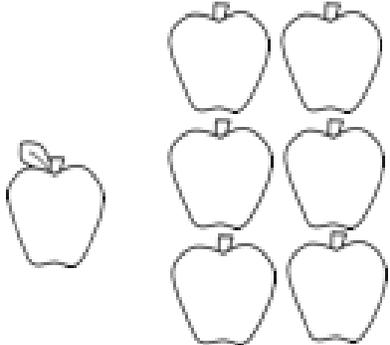
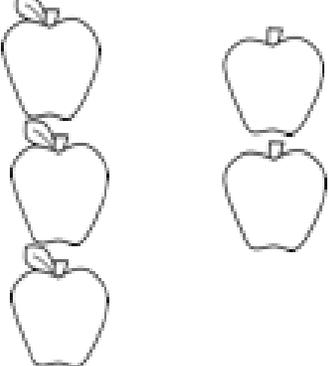
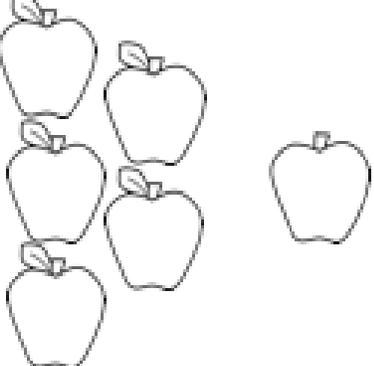
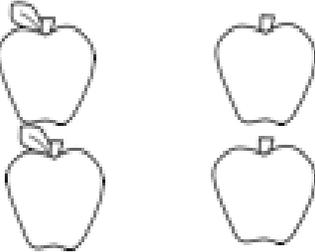
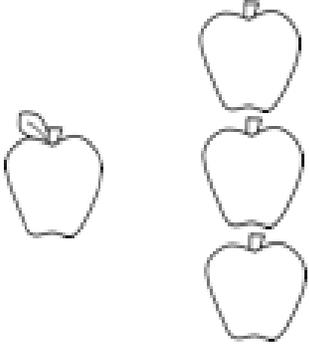
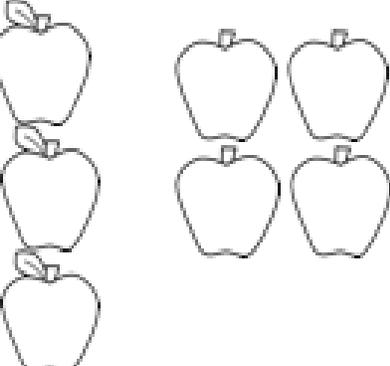
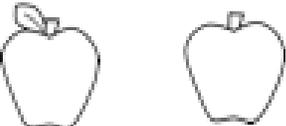
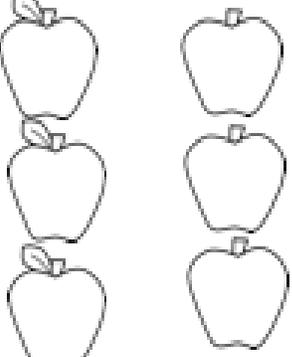
turtle

Draw a line to the matching T word.

Name _____

Apple Addition

Add the pictures..

 $2 + 1 = \underline{\quad}$	 $1 + 6 = \underline{\quad}$	 $3 + 2 = \underline{\quad}$
 $5 + 1 = \underline{\quad}$	 $2 + 2 = \underline{\quad}$	 $1 + 3 = \underline{\quad}$
 $3 + 4 = \underline{\quad}$	 $1 + 1 = \underline{\quad}$	 $3 + 3 = \underline{\quad}$

Letter Sort Worksheet

s	a	t	p
			
			

