

Week 1	31	1	2	3	4
Breakfast	Eggs,Waffles,milk Yougurt/blueberries	Oatmeal w/fruit,juice Cereal w/milk	French toast,Eggs,milk Cheese toast	Pancakes,banana,Eggs Blueberry muffins	Biscuit,turkey sausage,juice Cracker and mandarin
Lunch	Alfredo Pasta,chicken dice,peas,oranges	Mexican Rice,beans,turkey ground,bananas	Fish sticks,corn,wathermelon	Tacos/cheese, ground turkey,corn,mandarins	Cheese Pizza,green beans,apples
<i>Vegetarian</i>	<i>Alfredo Pasta</i>	<i>Mexican Rice and Beans</i>	<i>Veggie Nugets</i>	<i>Cheese quesadilla</i>	<i>Cheese pizza</i>
Snack PM	Graham Crackers/cream cheese	Cheese quesadilla	Graham Crackers w/cheese	Bagels w/cream cheese	Turkey sandwich
Week 2	7	8	9	10	11
Breakfast	Oatmeal w/fruit,juice Blueberriesw/Yogurt	Eggs,Pancakes,milk Cereal w/milk	Biscuit w/Turkey sausage,milk Cheese toast	Waffles,turkey bacon,juice Mandarins/crackers	French Toast, Eggs, milk Bagel w/cream cheese
Lunch	Chicken taco, bananas,green beans	Fish stick,corn,oranges	Ground Turkey,Beans,congris,pears	Chicken Alfredo Pasta,Apples,peas	Cheese Pizza,corn,mandarins
<i>Vegetarian</i>	<i>Cheese quesadillas</i>	<i>Veggie nuggets</i>	<i>Congris w/beans</i>	<i>Alfredo Pasta</i>	<i>Cheese pizza</i>
Snack PM	Watermelon w/crackers	Graham crackers/mandarins	Turkey sandwich	Ritz/ cream cheese	Cucumbers w/crackers
Week 3	14	15	16	17	18
Breakfast	French Toast,Eggs,milk Bagels/cream cheese	Biscuit,turkey sausages,milk Cereal,milk	Bananas,Pancakes,Eggs Blueberries/yougurt	Wafles,turkey bacon,milk Crackers/cream cheese	Oatmeal w/fruit,juice Cheese toast
Lunch	Spaghetti,green beans,Ground turkey,wathermelon	Chicken Patty,mashed potatoes,oranges	Fish sticks,greenbeans,pears	Tacos w/cheese,ground turkey, corn, mandarins	Cheese Pizza,green beans,apples
<i>Vegetarian</i>	<i>Spaghetti</i>	<i>Veggie nuggets</i>	<i>Veggie nuggets</i>	<i>Cheese quesadilla</i>	<i>Cheese pizza</i>
Snack PM	Cheese toast	Saltines crackers/creamcheese	Cheese quesadilla	Goldfish/juice	Oranges/Crackers
Week 4	21	22	23	24	25
Breakfast	Waffle, Turkey bacon, juice Blueberries muffin, milk	Oatmeal,fruit,juice Cereal w/milk	Eggs,Pancakes,milk Yougurt w/blueberries	Biscuite,turkey sausages,milk Watermelon /crackers	French toast,Eggs,milk Cheese toast
Lunch	Diced chicken,beans,cingris,banana	Chicken AlfredoPasta,pears,greenbeans	Ground Turkey Taco,peas,mandarins	Fish sticks,peas,apples slices	Cheese Pizza,corn,watermelon
<i>Vegetarian</i>	<i>Congris w/beans</i>	<i>Beans Taco</i>	<i>Alfredo Pasta</i>	<i>Veggie nuggets</i>	<i>Cheese Pizza</i>
Snack PM	Cheese quesadilla	Cucumbers w/crackers saltine	Graham Crackers w/juice	Ritz crackers/cream cheese	Gold fish/juice
Week 5	28	29	30	1	2
Breakfast	Eggs,Waffles,milk Yougurt/blueberries	Biscuit,turkey sausage,mil Cheese toast	French toast, Eggs, milk Blueberries/yogurt		
Lunch	Alfredo Pasta,chicken dice,peas,oranges	Fish stick,con,watermelon	Mexican Rice,beans,ground turkey,mandarins		
<i>Vegetarian</i>	<i>Alfredo Pasta</i>	<i>Veggie nuggets</i>	<i>Mexican rice and beans</i>		
Snack PM	Graham Crackers/cream cheese	Turkey sandwich	Watermelon/crackers		

Milk is served with breakfast and lunch. Water is served with Am snacks and is available all day.Apple juice is served with Pm snacks.We are nut,pork and beef free