

Week 1	3	4	5	6	7
Breakfast	Eggs, Waffles, milk Yogurt/blueberries	Oatmeal w/fruit, juice Cheese toast	French toast,Eggs,milk Mandarins/Crackers	Pancakes,banana,Eggs Blueberry muffins	Biscuit, turkey sausage, juice Cereal, banana, milk
Lunch	Fish stick, corn, oranges	Mexican Rice,beans,turkey ground,bananas	Alfredo Pasta,chicken dice,peas,pears	Tacos w/cheese, ground turkey,corn,mandarins	Cheese Pizza, green beans, apples
<i>Vegetarian</i>	<i>Veggie nuggets</i>	<i>Mexican Rice and beans</i>	<i>Alfredo Pasta</i>	<i>Cheese quesadilla</i>	<i>Cheese Pizza</i>
Snack PM	Cucumbers w/crackers	Cheese quesadilla	Graham Crackers w/juice	Bagels w/cream cheese	Turkey sandwich
Week 2	10	11	12	13	14
Breakfast	Oatmeal w/fruit, juice	Eggs, Pancakes, milk	Biscuit w/Turkey Sausages,milk	Waffles,turkey bacon,juice	French toast, Eggs, milk
Lunch	Blueberries w/Yogurt Chicken taco, bananas, green beans	Bagels w/cream Fish stick, corn, oranges	Cheese toast Ground Turkey,Beans,congris,pear	Mandarins/crackers Chicken Alfredo Pasta, Apples, peas	Cereal,banana,milk CheesePizza,corn,mandarins
<i>Vegetarian</i>	<i>Cheese quesadillas</i>	<i>Veggie nuggets</i>	<i>Congris w/beans</i>	<i>Alfredo Pasta</i>	<i>Cheese Pizza</i>
Snack PM	Watermelon w/crackers	Grahamcrackers/mandarins	Turkey sandwich	Ritz/cream cheese	Cucumbers w/crackers
Week 3	17	18	19	20	21
Breakfast	French Toast, Eggs, milk Bagels/cream cheese	Biscuit,turkey sausages,milk Cereal,milk	Bananas,Pancakes,Eggs Blueberries/yogurt	Waffles, turkey bacon, milk Crackers/cream cheese	Oatmeal w/fruit,juice Cheese toast
Lunch	Spaghetti, green beans, Ground Turkey, watermelon	Chicken Patty,mashed potatoes,oranges	Fish sticks, green beans, pears	Tacos w/cheese, ground turkey,corn,mandarins	Cheese Pizza, green beans, apples
<i>Vegetarian</i>	<i>Spaghetti</i>	<i>Veggie nuggets</i>	<i>Veggie nuggets</i>	<i>Cheese quesadilla</i>	<i>Cheese Pizza</i>
Snack PM	Cheese toast	Saltinescrackers/creamcheese	Cheese quesadilla	Goldfish/juice	Oranges/Crackers
Week 4	24	25	26	27	28
Breakfast	Waffle, Turkey bacon, juice Blueberry muffin, milk	Oatmeal, fruit, juice Watermelon/crackers	Eggs,Pancakes,milk Yogurt w/blueberries	Biscuite,turkey sausage,milk Cereal,milk	French toast,Eggs,milk Cheese toast
Lunch	Diced chicken,beans,congris,bananas	Chicken Alfredo Pasta,pears,green beans	Ground Turkey Taco, peas, mandarins	Fish sticks,corn,apples slices	Cheese Pizza,corn,watermeon
<i>Vegetarian</i>	<i>Congris w/beans</i>	<i>Beans Taco</i>	<i>Alfredo Pasta</i>	<i>Veggie Nuggets</i>	<i>Cheese Pizza</i>
Snack PM	Cheese quesadilla	Cucumbers w/crackers saltine	Graham Crackers w/juice	Turkey sandwich	Goldfish/juice
Week 5	31	1	2	3	4
Breakfast	Eggs,Waffles,milk Yougurt /blueberries				
Lunch	Alfredo Pasta, chicken dice, peas, oranges				
<i>Vegetarian</i>	<i>Alfredo Pasta</i>				
Snack PM	Graham Crackers/ cream cheese				

Milk is served with breakfast and lunch. Water is served with Am snacks and is available all day. Apple juice is served with Pm snacks. We are nut, pork and beef free.