

PRESCHOOL

Week

13

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Football Goals

Materials: cardboard tubes, tape, football

Instructions:

1. Using tape, build a football goal with your child.
2. After the goal is built, take turns practicing throwing the football through it.



Football Paper Craft

Materials: brown construction paper or brown paper bags, yarn, hole puncher, paper towels or napkins

Preparation: Cut two football shapes and hole punch the edges of each.

Instructions:

1. Using the yarn, encourage your child to lace the two football shapes together.
2. When your child has about 4 holes left, encourage him/her to "stuff" the football with the paper towels or napkins to create a 3-D look.



Goodnight Football

by Michael Dahl

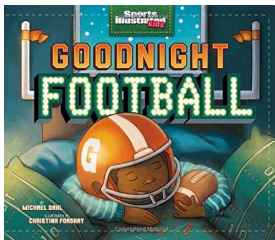
Materials: internet access, website:

<https://youtu.be/IytEV4eggKE>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. After listening to the book, discuss what the players did in the game, who the story said goodnight to, and what sounds one would hear at a football game.



Soccer Cups

Materials: small plastic cups, markers, small ball

Instructions:

1. Using a marker, write a few letters of the alphabet on each cup.
2. Encourage your child to kick the ball to different letters on the cup.
3. After each letter is knocked down, discuss the sound it makes and try to identify things that begin with that letter.



Sports Banner

Materials: construction paper, glue, scissors

Preparation: Cut a sports banner shape out of the construction paper. Cut small circles of paper (one for each letter of your child's name). Write the letters of your child's name on the circles.

Instructions:

1. Using the materials, encourage your child to place the letters in the correct spelling of his/her first name.
2. Display the banner in the place of your child's choice.



Froggy Plays Soccer

by Johnathan London

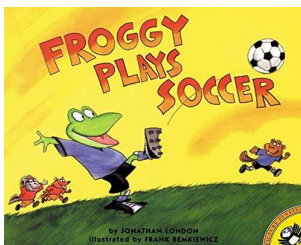
Materials: internet access, website:

<https://youtu.be/l8pfONXggDU>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. After listening to the story, discuss with your child the things froggy did before playing soccer, the uniform he wore, and what sport your child thinks he/she would enjoy playing the most.



Textured Basketballs

Materials: orange paint, washable glue, yarn, cardstock

Instructions:

1. Using the washable glue, make dots all over round cardstock cutout and allow to fully dry.
2. Use paint to paint basketball. Allow to fully dry.
3. Using the yarn, arrange in a pattern that represents a regular basketball.



Cup Basketball

Materials: plastic or paper cups, small basketballs (ping pong balls or cheese balls)

Preparation: Cut a hole in the bottom of the cups.

Instructions:

1. Encourage your child to complete this activity with you.
2. Using cups, cut a hole in the bottom of the cups that will be used.
3. Encourage your child to practice "shooting" the small balls into the cups that are used as goals.



B is for Baller

by James Littlejohn

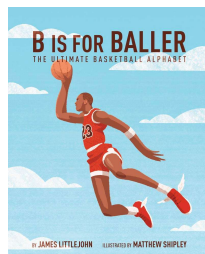
Materials: internet access, website:

<https://youtu.be/tWQIBTSNEMA>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. After listening to the story, discuss with your child the letters in the story, ask your child to share their favorite letter of the alphabet, encourage your child to share sounds that the various letters make.



Ice Hockey

Materials: pan, building blocks, plastic spoons, small ball

Preparation: Fill a pan with water and allow it to freeze overnight.

Instructions:

1. Remove the pan from the freezer.
2. Encourage your child to build a goal on both ends of the pan to resemble a hockey court.
3. Using plastic spoons, encourage your child to play hockey by getting the ball through the building block goals.



Laundry Basket Hockey

Materials: laundry baskets (2), large or small balls, pool noodles

Instructions:

1. Using the laundry baskets as goals, set up a hockey court.
2. Encourage your child to make goals using the balls and pool noodles.



Bear Hockey

by Jessica Boyd

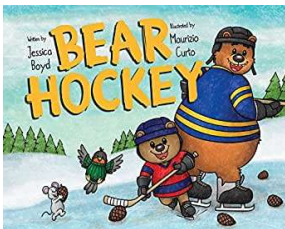
Materials: internet access, website:

<https://youtu.be/a64ggLtlEss>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. After listening to the story, ask your child about some of the rules of hockey discussed in the story, what uniforms the players used, and which team won the game.

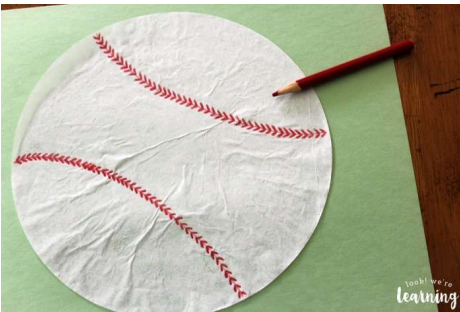


Baseball Filters

Materials: coffee filters, markers

Instructions:

1. Using a coffee filter, allow your child to create his/her own baseball.
2. Display the finished creation in a place of your child's choice.



Sports Jersey

Materials: paper, glue, markers, crayons, various craft materials

Preparation: Cut out blank jersey shape.

Instructions:

Using the craft materials provided, encourage your child to design his/her own sports jersey.



Luke Goes to Bat

by Rachel Isadora

Materials: internet access, website:

<https://youtu.be/gUzUFBPHZsk>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. After listening to the story, ask your child about the name of Luke's team and why Luke wasn't allowed to play.

