

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza Toast, Mandarin Oranges **2**

Turkey Cheeseburger Mac, Cauliflower, Diced Peaches

Fig Bars and Milk

Strawberry Oatmeal **3**

Potato and Broccoli Cheddar Soup, Crackers, Pineapple Tidbits

Mixed Berry Yogurt Parfait with Nut Free Granola

Cheese Grits, Apples (three and under baked apples) **4**

Chicken Tortilla Wrap,

Cucumber Salad

Cereal and Diced Pears **5**

Lentil Tacos with Tomatoes, Lime Rice, Corn

Chips (two and under Soft Tortillas) and Hummus

NutriGrain Bars, Bananas **6**

Cowboy Chicken Caviar, Diced Peaches

Scooby Snacks and Milk

Turkey Bacon, Egg, and Cheese Biscuit, Pineapple Tidbits **9**

Grilled Cheese, Corn, Baked Apples

Loaded Potato Skins with Sour Cream

Cheese Toast, Diced Pears **10**

Chicken Enchilada Soup with Beans, Corn, and Peppers

Italian Pasta Salad with Tomatoes

Loaded Breakfast Croissan'wich, Diced Peaches **11**

Pinto Beans, Cabbage, Roll, Diced Pears

Cheez-Its and Juice

Cereal and Banana **12**

Chicken Parmesan, Green Beans, Zucchini

Sliced Turkey and Crackers

Egg & Broccoli Casserole **13**

Sheet Pan Ramen

Peach Muffins **16**

Tri-Color Tortellini with Marinara Sauce, Peas, Applesauce

Strawberry Banana Yogurt Parfait with Nut Free Granola

Apple Cinnamon Oatmeal **17**

Vegetarian Chili, Cornbread, Pineapple Tidbits

Snack

Egg & Cheese Wrap, Diced Pears **18**

Potato and Corn Chowder, Crackers, Fruit Salad

Lemon Loaf and Milk

Caramel Rolls, Mixed Berries **19**

Chicken Noodle Soup, Diced Carrots, Mandarin Oranges

Graham Crackers and Sunbutter

Cereal and Banana **20**

Sliced Turkey, Mashed Potatoes, Green Beans, Cranberry Sauce, Roll 11:30 AM - 1:00 PM

Oatmeal Cookies and Milk

Cinnamon Rolls, Diced Pears **23**

KRK Club Subs, Steamed Carrots, Pineapple Tidbits

Soft Pretzels & Cheese Dip

Cheese Toast, Applesauce **24**

Veggie Stew, Mandarin Oranges

Pita Dippers and Guacamole

Cereal and Banana **25**

Turkey Pot Roast, Potatoes & Carrots, Cranberry Sauce, Roll

Assorted Snacks

26

HAPPY Thanksgiving



Cranberry Oatmeal **30**

Soybutter and Jelly Sandwich, Homemade Potato Crisps, Pineapple Tidbits

Vegan Lemon Blueberry Bars



MONTHLY EVENTS - NOVEMBER

Native American Heritage Month

11/1: Daylight Savings
11/3: Election Day
11/5: School Spirit Night at Slick City
11/8: National STEAM Day
11/19: National Camp Day
11/23-11/25: Fall Break Camp

11/26 & 11/27 - CLOSED in observance of Thanksgiving