

# TODDLER

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Week

13

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Smart Activities

## Trip to the Park

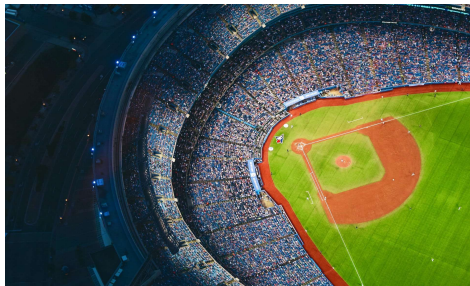
**Materials:** internet access, website:

<https://youtu.be/LjY9Z02OhR4>

**Preparation:** Preview video.

**Instructions:**

1. Watch video with your child.
2. Ask questions about the video, ex: "What animal was the mascot?" "What do you hit a baseball with?"



## Curious George at the Baseball Game

by H.A. Rey

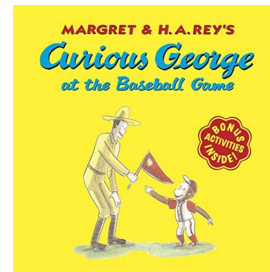
**Materials:** internet access, website:

<https://youtu.be/8U7IMjLmTpA>

**Preparation:** Pre read book

**Instructions:**

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "The coach made funny motions; can you do them?"



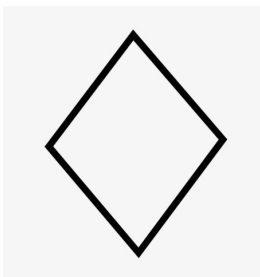
## Diamond Tracing

**Materials:** construction paper, crayons

**Preparation:** Print pictures of a diamond or draw several diamonds (different sizes) on construction paper.

**Instructions:**

1. Review shapes with your child.
2. Introduce the shape "diamond" to your child, how many sides, etc.
3. Allow your child to trace the diamonds and color them.



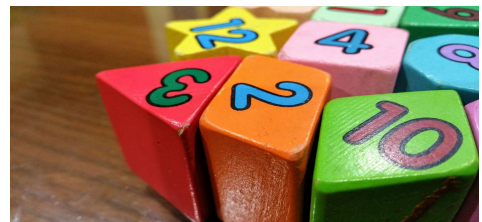
## Matching Numbers

**Materials:** sticky notes, craft sticks, tape

**Preparation:** Write numbers 1-7 on sticky notes and craft sticks. Post sticky notes around an area of your home.

**Instructions:**

1. Review numbers 1-7 with your child.
2. Encourage your child to match the numbers on the craft sticks with the numbers on posted sticky notes.
3. Help and praise your child for his/her effort.



## Olympic Museum Tour

**Materials:** internet access, website:

<https://youtu.be/q3tS1H8Hvyg>

**Preparation:** Preview video.

**Instructions:**

1. Watch video with your child.
2. Ask questions about the video, ex: "What sports did you see?" "What sport would you like to play?"



## G is for Gold Medal: An Olympics Alphabet

by Brad Herzog

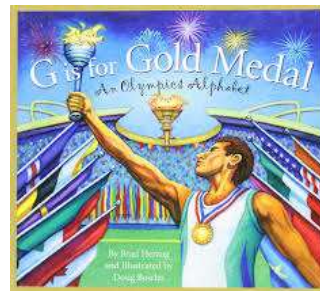
**Materials:** internet access, website:

[https://youtu.be/IoHXrsXyv\\_A](https://youtu.be/IoHXrsXyv_A)

**Preparation:** Preview video.

**Instructions:**

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "What is another G word?" "What was R for?"



## Cheerios for G

**Materials:** construction paper, marker, cheerios, glue

**Preparation:** Write/draw the letter G on the construction paper (upper and lowercase).

**Instructions:**

1. Continue the conversation about the letter G. Talk about other words and things that start with G (ex: grapes, go, giraffe, etc.).
2. Have your child glue cheerios on the G as if he/she were tracing it.



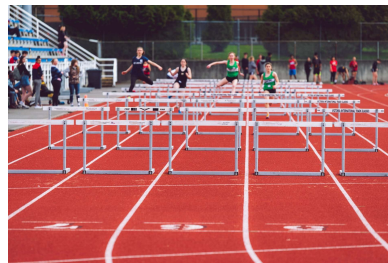
## Mini Track and Field

**Materials:** open space, comfortable shoes, small items children can easily jump over and throw

**Preparation:** Set up track with hurdles.

**Instructions:**

1. Introduce your child to Track and Field with a few family games.
2. Have a 100 yd relay race, have a shot-put contest, high jump, and race with "hurdles."
3. Have fun playing games as a family while also incorporating exercise.



## National Sports Museum

**Materials:** internet access, website:

[https://youtu.be/dkO9oEE\\_jxE](https://youtu.be/dkO9oEE_jxE)

**Preparation:** Preview video.

**Instructions:**

1. Watch the video with your child.
2. Ask questions about the video, ex: "What is the name of the museum?" "What was your favorite part?"



<https://andysworldjourneys.com/2016/09/21/around-melbourne-national-sports-museum/>

## Biscuit Plays Ball

by Alyssa Satin Capucilli

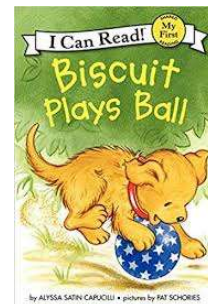
**Materials:** internet access, website:

<https://youtu.be/112YHN4XjTs>

**Preparation:** Preview video.

**Instructions:**

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "Why was Biscuit sad?" "What happened to the ball?"



## Olympic Rings

**Materials:** construction paper, crayons/paint

**Preparation:** Add text here

**Instructions:**

1. National Sports Museum hosted the Olympics in 2006. Remind your child that the Olympic rings serve as the Olympic flag.
2. Show your child a picture of the Olympic rings and have him/her draw a version of them.
3. Give your child the option to choose colors for creativity.



## Javelin Throw

**Materials:** plastic bowls, straws

**Preparation:** Label bowls with points.

**Instructions:**

1. Set bowls up and place tape on the floor indicating where your child should stand (one easy spot and one hard spot).
2. Model how the game works: throw the straws javelin-style at the bowls to get points.
3. Allow your child to show he/she understands and let the fun begin. Praise your child for his/her effort.

## Milwaukee Bucks Arena Tour

**Materials:** internet access, website:

<https://youtu.be/Ok-X1JMfDaI>

**Preparation:** Preview video.

**Instructions:**

1. Watch the video with your child.
2. Ask questions about the video, ex: "What team plays here?" "How big do you think the arena is?"



## Dream Big

by Deloris Jordan

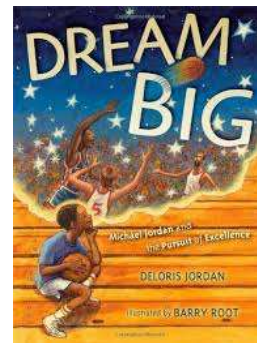
**Materials:** internet access, website:

<https://youtu.be/r6Jx799DndA>

**Preparation:** Preview video.

**Instructions:**

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "What sports did he play?" "Who did he play with?"



## Feel and Find Sensory Box

**Materials:** cardboard box, items your child can identify by touching (brush, crayons, familiar toys, etc.)

**Preparation:** Place items inside the box. Cut a hole in the top of the box so that your child can reach inside and feel the items.

**Instructions:**

1. Introduce the sensory box to your child and explain that you put some items inside.
2. Tell your child to put his/her hand(s) in the box, grab an item, feel it, and guess what it is.
3. Model how the activity goes to give your child a better understanding.



<https://www.pinterest.ca/pin/313140980310736795/>

## Dribble Shots

**Materials:** toddler size ball, basketball goal or clothes basket

**Preparation:** Set up goal/basket in an open space of your home.

**Instructions:**

1. Have your child practice dribbling the ball with one hand at a time for 10 seconds. Repeat with the other hand. (Option: Challenge your child to dribble from left hand to right and right to left.)
2. Practice shooting the ball into the goal/basket. Encourage your child to move around shooting from different ranges, angles, etc.
3. Participate in this activity with your child to make it more fun.

## College Football Hall of Fame

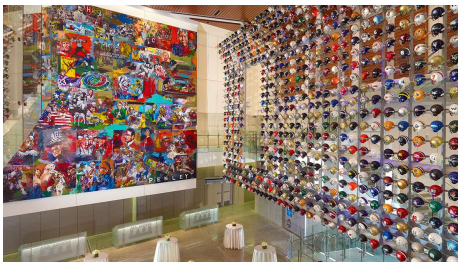
**Materials:** internet access, website:

<https://youtu.be/6EYMAdry6Mk>

**Preparation:** Preview video.

**Instructions:**

1. Watch video with your child.
2. Ask questions about the video, ex: "What cool things did you see?" "How far do you think you can throw a football?"



<https://www.omnihotels.com/hotels/atlanta-cnn-center/things-to-do/hall-of-fame>

## Goodnight Football

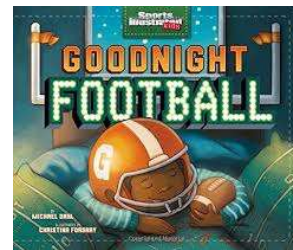
by Michael Dahl

**Materials:** internet access, website:

<https://youtu.be/SPIdOyck1xQ>

**Preparation:** Preview video.

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "What game was played?" "Does your family watch football?"



<https://www.amazon.com/Goodnight-Football-Sports-Illustrated-Bedtime/dp/1623709237>

## Bubble Foam

**Materials:** tear free bubble bath/body wash, water, food coloring (2-3 colors), toy animals and vehicles, large container, hand mixer

**Preparation:** Gather materials.

**Instructions:**

1. For each color, mix ½ cup of bubble bath, ¼ cup of water, and food coloring in a bowl.
2. Using a hand mixer, mix ingredients together until stiff, not runny.
3. Add animals and vehicles and allow your child to play in the foam.



## NFL Play60 Virtual Field Trip

**Materials:** internet access, comfortable clothing, website:

<https://youtu.be/fj4ervYA74c>

**Preparation:** Find an open space.

**Instructions:**

Participate in these activities with your child.



<https://aha-nflplay60.discoveryeducation.com/virtual-experiences>