

PRE-K

Week

15

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Virtual Field Trip: How to Play Soccer

Materials: internet access, website:
https://youtu.be/H5BwLrYV_4A

Preparation: Preview video.

Instructions:

1. Watch the video together.
2. After viewing the video ask questions, ex: "Can you name some of the different positions?" "What should you have as your equipment?"



Froggy Plays Soccer

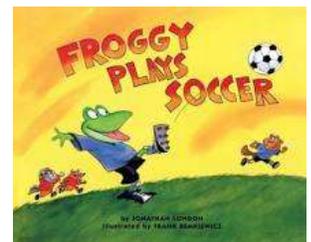
by Jonathan London

Materials: internet access, website:
<https://youtu.be/5E1eqcYIafc>

Preparation: Preview video.

Instructions:

1. Listen to the story together.
2. After the story ask questions, ex: "What was the rule to not use _____?" "What did Froggy do on the field?" "What was the reminder saying that Froggy's dad said and what did he do at the end?"



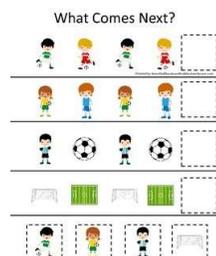
What Comes Next?

Materials: What Comes Next Template, spoons, forks

Preparation: Print template.

Instructions:

1. Encourage your child to join you.
2. Talk about AB patterns. Show your child the worksheet and ask him/her, "What comes next?"
3. Once your child has completed the patterns, show him/her how it can be an AB pattern. Then, have him/her do this with a spoons and forks.



Dribbling

Materials: soccer ball or rubber ball

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you.
2. Give your child the ball and encourage him/her to kick the ball.
3. Then, have your child try to dribble it between his/her feet by touching the ball to each foot as he/she moves forward.



Virtual Field Trip: How to Play Basketball

Materials: internet access, website:
<https://youtu.be/iOb8d7ddqLY>

Preparation: Preview video.

Instructions:

1. Watch the video together.
2. Ask questions, ex: "What is the most important pieces of equipment you need?"
 "Numbers on the jersey must be from ___ (0-5), Why?"



Little Basketball

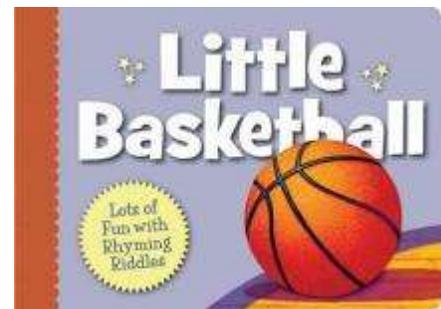
by Brad Herzog

Materials: internet access, website:
<https://youtu.be/F4uSIO70-Y>

Preparation: Preview video.

Instructions:

1. Encourage your child to join.
2. Listen to the story together, and as the riddles are asked, encourage your child to answer the riddles.



Trash Can Alphabet Basketball

Materials: trash can, wadded paper, marker

Preparation: Write the alphabet on the paper and cut apart.

Instructions:

1. Discuss how in basketball to score, you must shoot and make a basket.
2. Show your child how to wad up the paper and then shoot a basket. Have him/her tell you the letter on the paper and something that starts with that letter.



Shooting Hoops

Instructions:

1. Encourage your child to join you.
2. Say, "We are going to pretend to shoot the basketball into the hoop."
3. Have your child stand tall with feet slightly apart, have her pretend to hold a ball then push up and shoot.
4. GOAL!! Keep going until she is tired.



Miniature Golf Field Trip

Materials: internet access, website:

<https://youtu.be/sa3Tt2olqx0>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. After watching the video ask questions, ex: "What do you have to get around while playing mini golf?" "What equipment do you need?" "Who wins and why?"



Curious George Plays Mini Golf

by Marcy Goldberg Sacks

Materials: internet access, website:

<https://youtu.be/2Z0nhRkxAaI>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. After the story ask questions to her, ex: "How many times did George swing his golf club?" "Was it a good score for George?" "What score wins?"



Golf Ball Colors

Materials: Golf Ball Colors Template

Preparation: Print and cut apart cards.

Instructions:

1. Encourage your child to join you.
2. Show him/her the game cards. Say, "You are going to match the golf ball with the correct color word."
3. Help your child read all the color words before beginning the matching.



Box Indoor Golf Game

Materials: cardboard box, scissors, marker, paper, balls (golf, tennis), broom or stick

Preparation: Cut holes in the box, put numbers on box, and gather balls and broom or hitting stick.

Instructions:

1. Encourage your child to join you.
2. Show your child the game and encourage him/her to try and hit the balls into the holes.
3. Help your child keep score.



The Rules of Tennis- EXPLAINED!

Materials: internet access, website:
<https://youtu.be/8J41CsGYhNI>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Watch the video with your child.
3. Then ask questions, ex: "What did Max do to keep the ball going?" "Would you like to play tennis?"



Anyone for Tennis?

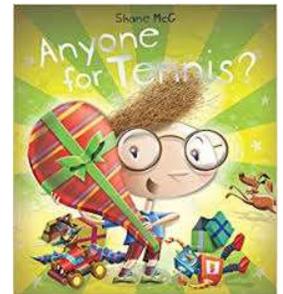
by Shane McG

Materials: internet access, website:
<https://youtu.be/S7mvs3IJSWY>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Listen to the story together.
3. Ask questions after the story, ex: "What did Tom get for his birthday?" "What is a racquet for?" "What happened when he went to play tennis?"



Math Love Addition

Materials: paper, small objects (chips, straws, etc.)

Preparation: Gather materials and draw lines like pictured below.

Instructions:

1. Encourage your child to join you.
2. Say, "Let's do some math!" Show him/her the paper and items.
3. Place 1 item in one square and 2 items in the other square. Then, have him/her pull down the objects into the bigger section. (Let your child know this represents =.) Have him/her add these together.
4. Continue adding items while interest remains.



Balloon Tennis

Materials: balloon, fly swatter

Preparation: Gather materials and blow up balloons.

Instructions:

1. Encourage your child to join you.
2. Show him/her the fly swatter and balloon.
3. Encourage your child to hit the balloon with the fly swatter and keep it in the air as long as possible. This is great for eye-hand coordination.



Bowling Alley Field Trip

Materials: internet access, website:

https://youtu.be/XqKH_BxNUbM

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Watch the video with your child.
3. Ask questions, ex: "Why are bowling shoes important and what do the numbers mean?" "How do you determine the size of your bowling ball?"



Mitchell Goes Bowling

by Hallie Durand

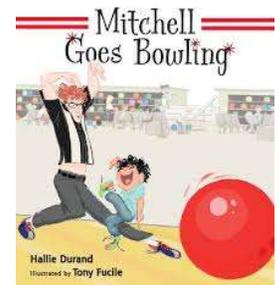
Materials: internet access, website:

<https://youtu.be/skeFVikg6tc>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Watch and read the book together.
3. After watching, ask questions, ex: "What did Mitchell get to type in?" "What happened when Mitchell kicked his leg?" "What happened when he and his dad were on the same team?"



Which Objects Will Roll?

Materials: ball, block, bottle, can, car, tape roll, utensil, boards for ramp, keys, pencil, eggs (plastic), etc.

Preparation: Gather materials: rolling and non-rolling.

Instructions:

1. Encourage your child to join you.
2. Talk to him/her about what makes an object roll.
3. Then, encourage your child to hypothesize on each object and try each one.
4. Praise your child for experimenting.



Bowling for a Strike

Materials: 10 plastic bottles (i.e. soda or water) or cans (i.e. soda, chip cans), ball, tape, paper

Preparation: Gather materials and set up bowling pins. Number the pins 1-10.

Instructions:

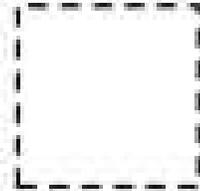
1. Talk to your child about what he/she has learned about bowling.
2. Encourage him/her to take the bowl and roll it to knock down the pins.
3. As your child knocks down the pins, have him/her identify the numbers.



What Comes Next?



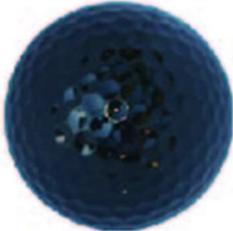
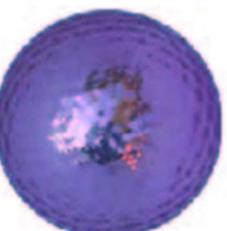
Copyright © www.thoughtco.com and iStockphoto.com



Golf Ball Colors

	Blue
	Green
	Pink
	Red
	Orange
	Yellow

Golf Ball Colors

	Black
	White
	Purple
	Gold
	Silver